

# Our Mission

#### We focus on

- Persons with cerebral palsy, no matter how profoundly affected, and other disabilities where facilities are inaccessible
- > Their families and the communities they live in
- Demystification, independence and social inclusion

#### We believe

- > In the right to equality of opportunity
- ➤ In the right to make informed choices and meet individual needs
- V

That disability is a development and human rights issue

# (Formerly

Weevaluestics Society of India, Chennai')

- Differences
- > Collective initiative
- The spirit and positive attitude we bring to work each day

**Motto:** Positive and Proactive

#### CHAIRPERSON'S MESSAGE





How does one encapsulate in a message the energies generated over a year, the synergies created at Vidya Sagar when persons with disabilities, parents, professionals volunteers, educational institutions, and community interact with each other with mutual respect, a higher common goal and Ubuntu\*.... (\*an ancient African word meaning 'humanity to others'. It also means 'I am what I am because of who we all are'.)

Deepak Chopra's quote on "giving and receiving" says

"The universe operates through dynamic exchange...giving and receiving are different aspects in the flow of energy in the universe.

And in our willingness to give that which we seek, we keep the abundance of the universe circulating in our lives."

I believe it is true for Vidya Sagar and its stakeholders.

Vidya Sagar gives of its expertise and enables children with disabilities to meet life with dignity in their unique ways.

When they grow up they hone Vidya Sagar's and community's expertise with first hand perspectives of disability!! They have inspired and further enabled us. They are winning awards as role models; impacting national policy, and inspiring audiences at TED\_X talks. They are challenging "whiz kids in technology" in leading universities design award winning aids. Being with and learning from them has enabled team Vidya Sagar pioneer alternate strategies.

They are contributing to society in their unique ways.

Vidya Sagar shares information with parents of children with disabilities without holding back, enabling them empower themselves.

Parents in time have equipped themselves professionally. Some have joined Vidya Sagar as members on the staff, others pioneered services in smaller towns and villages that are hard to reach

They have given Vidya Sagar a valuable perspective: the need and advantage of "professionalism with care". They strengthen Vidya Sagar's hands

#### CHAIRPERSON'S MESSAGE



Schools, colleges and places of employment that have welcomed and given equal opportunities to our children and young adults, have in turn enlarged their repertoire of strategies to suit diverse populations and are receiving well earned admiration and kudos from many!

Volunteers working with our children have given of themselves unconditionally with no claims on rewards. They have hugely helped our children ...in turn they say it has helped their own personalities evolve, and they receive great affection!!

Vidya Sagar is a nonprofit; primarily community funded organisation... the work has been possible with continued valuable community support of funds, time and expertise

To all those who have given...and there are many...a small tribute.

Kahlil Gibran says

"And there are those who have little and give it all.

These are the believers in life and the bounty of life, and their coffer is never empty.

There are those who give with joy and that joy is their reward.

And there are those that give with pain and that pain is their baptism.

And there are those who give and know not pain in giving, nor do they seek joy, nor give with mindfulness of virtue:

They give as in yonder valley the myrtle breathes its fragrance into space.

Through the hands of such as these God speaks, and from behind their eyes He smiles upon the earth...."

As the unique synergy happens with all the stake holders... I believe God smiles a lot upon Vidya Sagar ...

#### Usha Ramakrishnan

#### **DIRECTORS'S MESSAGE**



2012 - 2013 has been a year when the issues of youth and adults have taken centre stage. What started in 2012- like the launch of the Youth Programme seems to be taking shape into more definite projects and programmes. We still have miles to go - but ideas are being defined and we are networking with other Youth Programmes to understand how we can learn from their experiences and align our programmes to theirs.

Kalakkal Café has been a complete success. On its first anniversary we had 110 people in the café! And Karthick a young lad with disability said "whatever else you do or don't do -- -don't stop the café", and the café was one of the easiest experiments - it was just a physical space with no agenda whatever. It is one of those replicable models that all organizations should take on!

Since Vidya Sagar works with all severity of multiple disabilities; the need of the adults with profound disability also needs to be addressed. Our earlier successful concept of neighbourhood initiatives was redefined and a supported "sheltered workshop" emerged in the community. We are now working with the community taking ownership of this enterprise.

Groups homes/ chummeries / independent living, are all needs that parents have been voicing for some time. To get some clarity on this issue, we had focus group discussions with adults with disabilities of our centre and another group discussion with some parents. Our students and some disabled young people came up with a short precise list of "non-negotiables" for any living space that is earmarked for them. The list was practical, supportive and underlying it was the concept of legal capacity.

Along with this, the Youth Programme has been offering workshops in different areas. One of the workshops that has attracted large numbers is on "Sexuality, intimacy and relationships". This is an ongoing group meeting which I hope can get documented later.

Tejas - a group for women with disability held a workshop to give information on Sexuality, Reproductive health and Women's Rights for Women with disabilities in and around Chennai.

They also brought out a primer on "Sexuality, Reproductive Care and Women's Rights". It is completely accessible and is also available in picture format.

Arts, Music and Disability - A really exciting event this year was the "Musical Residency". We had been exploring the idea of bringing classical music to the realm of special education. Towards this end, we had a two week residency with "Opera Circus", (www.operacircus.co.uk) an UK based society, for promotion of the performing arts. This residency was led by Mr. Nigel Osborne, Mr. Darren Abrahams and their team. For those weeks we had 21 children working in the morning with the musicians and in the afternoon we had the musicians conduct seminars for the staff. At the end of the two weeks some of the students put up a musical performance called "The Elements".

Our work with the renowned artist Mr. Jacob Jebaraj (from Cholamandal the artist's village) was also taken further. This year along with paintings our students worked on terracotta murals. This work was commissioned by the Institute of Mathematical Sciences. 7 to 8 adults worked with Jacob to produce both exterior and interior murals for their institute. It was interesting to note the discipline the students learnt along with giving reign to their creativity.

I would like to mention here that all our new activities and experiments are possible not only because of our skilled staff but also because of the unstinted support from our volunteers.

#### **DIRECTORS'S MESSAGE**



We have always recognized and appreciated that any work with marginalized groups requires the support of the community. This is completely true in Vidya Sagar. We have a large number of volunteers supporting us in all areas; from classroom helpers to fundraising; from music and art, to helping with the website; from advocacy to scribing in exams; and many many more areas. iScribe is a website (www.iScribe.org) which connects students who need scribes to write the exams and volunteers who want to work as scribes .There are more than 1000 scribes who have registered themselves. This is manned and supported by volunteers. Also volunteers have come from many countries and of course Chennai. We have had school children and retired people; housewives, college students and professionals from all fields. The oversees volunteers have been primarily students from universities.

Volunteerism is something we promote and nurture. We have a staff member designated to work with the volunteers and have now worked out guidelines which will help us take this department further.

What a volunteer gets from Vidya Sagar (aside from what they come for) is a new perspective and a chance to work with a movement. What Vidya Sagar gets, is of course, huge support but very often an unbiased objective report of our work. And this evaluation from the community is really valuable!

For at the end of the road - it is the marginalized group of our community that we are working with and if there are gaps and shortcomings that the community notices or points out we need to take stock and do something about it.

If on the other hand, the community appreciates our work - well that's a good feeling!

Rajul Padmanabhan

# VIDYA SAGAR PROGRAMS AT A GLANCE



Programme	Programme focus	Beneficiaries 2012 - 13
Family Based Rehabilitation	The students, their families and the community.	
Advisory & Referral Clinic &Home Management	Referral and guidance& training for families of infants, children, and young adults with disabilities	415
Work in Public Health Centre with infants/ babies &	Early intervention for babies and infants at risk	243
Early intervention program	Head start program ,working with children with multiple disabilities	23
Outstation program	Persons with disabilities who live in smaller towns, different parts of India ,and outside India	85
Vision Centre	Supporting & training children who have difficulties with vision with/without motor involvement, training of professionals in other fields	416
Community Based Rehabilitation (CBR)	Capacity building of partner organizations in rural ,semi urban areas and slum communities	232
Implementing Community Mental Health & Development(CMHD)	Implementing Community Mental Health and Development Programme	32
Vaazhundu Kaatuvom Project - (Government Project)	Poverty alleviation rural development project run by the State Government .Vidya Sagar is the block facilitating agency for the disability component for Acharapakkam block, Kanchipuram. (Enables beneficiaries access govt. Schemes, form self help groups)	1719
Centre for Special Education also serves as resource, research & Demonstration Centre)	Comprehensive program focusing on therapy, education and special education for children between the ages of 6 to 18, individualised to specific needs and abilities. Also offering a rich co-curricular program.	142
Inclusion Cell	*Creating opportunities for inclusion of children and teens with disabilities and sustaining it in mainstream schools and colleges. *Providing support services in therapy, communication, and counseling as /when required. *Scribes, modification in curriculum, alternate evaluation, buddy group supports. *Technical support for teachers of the schools and colleges	110
Employment Education Centre	Young adults with multiple disabilities, focus: employment education & recreation	39
Human Resource Development	* 1year Post Graduate Diploma in Special Education (Recognized by the University of Madras and Rehabilitation Council Of India )	13
	* 2 year Diploma In Autism (recognized by the *RCI ) 3 month course in Counselor Education - Disability and Mental Health	5
	* Need based short term courses and workshops  ** Internship training for physio, speech and occupational therapists, social workers & international students	12
	* Orientation programs, for students of nursing, architecture, psychology, visual communication, journalism and engineering	321



(Formerly 'The Spastics Society of India, Chennai')

# **PROJECTS**

- Family Based Rehabilitation
- Day Centre
- Adult Programme
- Inclusion
- Disability Legislation Unit
- ◆ Community Based Rehabilitation
- Human Resource Department

# THERAPY DEPARTMENTS

- Physio Therapy
- Occupational Therapy
- Communication
- Vision Clinic

#### FAMILY BASED REHABILITATION

#### **PROJECT REPORTS**





#### The Advisory and Referral Clinic

This is the entry point to Vidya Sagar. 415 beneficiaries were assessed and given required services in 2012-13 (initial assessments 237, follow up 178

Children from Sri Lanka ,U.K., USA, Bangladesh, Muscat and Singapore accessed advisory and referral services

Children from other states including the Andamans also accessed services.

Regular weekly consultations with Dr. Purna Shankar Nutritionist and Dietician consulting at Vidya Sagar helped the children and parents.

19 children from the Family Based Rehabilitation Program have moved on to the Day Centre program

#### Out Station Programme:

During the months of January, April and August this year, 87 families from India and outside the country attended our 'Out Station Programme'. During the OSPs, awareness workshops and discussions were conducted for the parents and the families, on Demystification of Disability, Rehabilitation strategies, Adaptations, Daily living skills and Disability Rights..



#### Home Management:

The year 2012-13 had a total of 23 children in the Home Management programme. The program caters to the needs of children who are not able to access rehabilitation services like special education, physiotherapy, occupational therapy, vision therapy speech therapy and inputs in alternative and augmentative communication therapy on a daily basis. Hence they come once a week with the mother or caregiver wherein both the child and the parent is "are trained" simultaneously.

The focus of this programme is on schooling experiences for those who have had no intervention. We also train them to achieve maximum independence in self-help skills and vocational skills. We help them to socialize and create friends and buddies circles. Regular home visits are done to help the extended family also to participate in the progress of the child. There were children from other states of India who came as guest students for a week long programme.

Children participated in the 'Project Day' on the topic-"National Calamity", held at Vidya Sagar in the month of March.

Outings to the VGP theme park, and to the Meteorological department of Chennai happened this year, as part of the students' 'educational visits'.

#### **EARLY INTERVENTION**

#### **PROJECT REPORTS**



The Early Intervention Unit caters to the special needs of children from early infancy to 6 years. This class has 15 students in the morning batch and 8 students in the afternoon batch with 2 special educators and 1 physiotherapist facilitating and guiding the sessions.

The program had group and individual sessions ,with physio, vison therapy, communication sessions and play all conducted in a caring fun environment.

The children were sent to Dr. Purna Shankar and guided on a regular basis for a proper diet program.

Environmental modifications were done in the class.

A sensory integration corner, a swing, a pair of hanging loops, and a small basket ball ring, have been added for various activities. Materials to enhance hand function and different grasps were bought and used on a regular basis.

A few children in the morning batch have been put on a reading program.

The children are being toilet trained and a special modified toilet chair with adaptations is being used by them. Workshops on the childrens' conditions, handling techniques, proper feeding, trunk control, and breathing exercises were conducted for the parents. Counseling sessions for the parents were conducted by the school counselor

This term the students of EI unit visited - Mahabalipuram, Seemuchi Povya, beach, swanubhava at Kalakshetra (Dance Drama and puppetry show) and the Gandhi Nagar club for a cool dip in the pool.

4 students along with their families and 2 teachers went on a weekend get away to Mahindra resort in Puducherry . The families returned to Chennai , relaxed and happy.



Early Intervention

#### **PROJECT REPORTS**





The Day Centre, an active and vibrant school for children above the age of 6 years, had 145 students in the academic year 2012-2013. This includes 24 new admissions between the ages of 6-10 years.

The goals for all the classes, along with their education plans for each individual student, were planned in consultation with senior teachers. The parents of all students were invited to meet with the team of professionals working with their child to understand

the individualised education plans. Their recommendations were added to the plans.

All students were provided with adapted furniture, wheelchairs and communication aids.

All infrastructural adaptations needed for academic learning, vocational training, and independence in mobility were ensured. The teachers were given enough time to procure the learning material needed for their classes. Computers with access devices were provided in the classes doing academics - 15 students needing home wheelchairs and 10 students requiring furniture were provided with the same.

All students needing vision screening availed free screening services from Frontline Eye Hospital.

The classes as usual had multi-ability groups and were divided according to their ages. The students from 6-10 years were in the four 'Reception' classes. The focus here was on primary education, activities related to daily living, active therapy, communication, and exploration.

Ms. Savita Thapliyal from the 'Dehradun Latika Roy Foundation' conducted an orientation for all the parents of children from the Reception class, on "Sexuality and Disability".

There were 19 students who were doing their tenth and twelfth standards through the 'National Institute of Open Schooling'.

This academic year opened new places for our students needing practical training. The students visited the 'Le Meridian Hotel', the 'McRenett' factory, for practical exposure visits in bakery and confectionary.

The students of Class XII had the opportunity to interact with Ms. Harriotte Hurie Ranvig, on career counselling.



Sports Day

#### DAY CENTRE

#### **PROJECT REPORTS**



The 40 students of the pre-vocational classes concentrated on learning concepts by doing practical work.

Students with profound disability continued to get inputs in the Sensory Training Unit (STU).

Six students with Autism were given special attention in their structured class setting.

Ten children with Autism attended Occupational Therapy sessions at 'Vidhyanjali'- an OT centre outside the school, twice a week, for three months.

The Day Centre is a hub of activity, and every student is given equal opportunity to participate in a number of events - be it sports or creative drama, or participation in various projects.

The students had an opportunity to learn yoga conducted by yoga teachers from the 'Krishnamacharya Yoga Mandiram'.

Students from the senior classes attended a drama workshop conducted by The Krishnamurthy Foundation India (KFI) and participated in the festival of drama and dialogue.

Some of the students also took part in the awareness programme on recycling of paper, called "Wealth out of waste", on July 1, the National Recycling Day.

The junior students had a number of field trips which included learning about the traffic system and how to follow the traffic rules. They attended 'Swanubhava', a programme on music and dance conducted by Kalakshetra, Tiruvanmiyur. The students also had a thrilling day of shopping at the 'Express Avenue Mall'. An exclusive film-shoot was done on the Day Centre classes for a special story as part of the television program "Kaun Banega Crorepati'.

Students are always encouraged to participate in inclusive competitions conducted by other organizations. Many of our students won prizes in colouring competition conducted by the 'V-Excel Educational Trust', and a l s o in many sports competitions. Students from the primary section and senior classes won prizes in Chennai Science Festival-2013, entitled "Life and Water" conducted by the Science City.



Student using Aditi, a non contact switch

#### Highlights:

Four students have completed their twelfth grade and decided to pursue careers of their choice. One student has decided to take vocational training.

Two students have completed their tenth grade exams. One of them will continue and move into twelfth grade. The other student will join a training course in baking.

Eight students moved into the 'Employment Educational Centre' (EEC). This includes students trained in the STU and the Adult Leisure Programme. They had acquired skills in grinding and powdering of food products.

A group of six students from matrix class, a class that used high tech devices, moved out and were ready to form their own units.

#### **PROJECT REPORTS**





Adults at Vidya Sagar accessed services through our programmes such as the Employment Education Centre, Youth Programme, Skills Training Unit and Adult Leisure Programme

The programmes provide training, work towards open placement, self employment and neighbourhood initiatives. They also focus on developing work culture, self help skills, soft skills and leisure.

#### The Employment Education Centre (EEC)

The centre had 39 students. There were six staff comprising three special educators of whom one was the coordinator, two vocational trainers, two teachers and one ancillary staff. The students were placed in training units for various products which included leaf ware, paper cups, paper plates, paper bags, jewelry. There were also three weaving units. In January 2013 we introduced the food project with 3 students from Adult Leisure programme, this unit grinds wheat, rice and ragi. The centre also works at the sales outlet at "Maritime Academy"

#### Highlights:

One of the students trained in weaving his set up his own unit at home and is running it with support from his mother.

Srivatsan (Adult of EEC) has set up his unit inside our premises and now started to earn.

Two of the adults were sent to bakery training and are now employed.

Leaf ware unit has got an order from a well known hotel-The Rain Tree Hotel.

The centre has participated in the sales at

• Vxcel, Larson & Tuobro and Lady Andal.

The direct income this year from the sales was around Rs. 39,000.

Two students were a part of the group that created the paintings for the Institute of Mathematical Sciences.

One staff was trained in Augmentative and Alternative Communication (AAC). Staff from EEC were involved in the Community Based Rehabilitation programme. The vocational aspect of assessments in the Advisory and Referral clinic is looked after by the coordinator of the EEC.

#### The Youth Programme:

The youth programme focussed this year on open employment, setting up units, skills training, employment, and leisure:

Two of the adults have secured employment -one at the 'Madras Consultancy Group' and another in 'Royal Images'.

Five students with profound disabilities from the Day Centre started a unit named 'Enlightened Enterprise to make arecanut plates. They were trained to use the computer with assistive technology. They made a breakthrough when they got a bank loan sanctioned.



Weaving Unit

#### YOUTH PROGRAMME

#### **PROJECT REPORTS**





Kalakkal kadai the shop with products

#### Marketing:

The Kalakkal Kadai that was opened last year gathered momentum. Products from nine organisations were displayed and sold here. The sales at this outlet at Vidya Sagar was Rs. 8000 to 12000 per month.

A workshop on 'Marketing Strategies' was conducted by resource persons organised by the USIS. It was attended by the staff of the pre-vocational and vocational classes with young disabled adolescents.

#### Leisure:

The Kalakkal Cafe celebrated its first anniversary with 150 visitors. The Cafe was patronised by adults with disability, neighbourhood youth and members of the Chennai Food Guide.

The regular visitors formed small groups and enjoyed music and dance and food every week. Some of our students also went on outings with the support of the members of the Chennai Food Guide.



Kalakkal Café

#### Adult leisure programme:

There were 25 individuals with profound disability, who attended this programme regularly. Of them, 11 preferred to access only the facilities offered for leisure while 9 worked on making products like paper covers, gift wrappers, block printed paper to make scribble pads. These products were displayed at an in-house sale at the end of the year.

There were four students who moved into the EEC towards the last term.

#### **INCLUSION**

#### **PROJECT REPORTS**



The inclusion department continued to work with private schools and colleges. 110 students in 19 schools and 6 colleges received services.

There were two fulltime staff who covered 15 schools. Two staff from Vidya Sagar took turns to go once a week and work with a neighbourhood school. We had two consultants who have been working on a project on some of the aspects of inclusive education.

#### Services:

Services included assessment and intervention, remedial, therapy intervention and review, providing the appropriate devices, supporting teachers and parents providing scribes and conducting need based workshops. The department worked with the students enrolled from Vidya Sagar well as students referred by schools with whom we work.

#### Workshops

Workshops were conducted for teachers, scribes and parents.

Ahalf day workshop on overview of learning disability was conducted for school teachers.

A workshop on Alternative and Augmentative Communication was conducted in I.C.F. school. This workshop and the follow up helped the teachers to understand their student's mode of communication, use the assistive device and create communication charts.

An interactive workshop was held with the teachers of 10th and 12th standards of Lady Andal The discussions focused on the specific needs of some of the students and how to help them with the exam taking skills

Workshops for parents aimed at helping the parents to work with their children at home

#### Special Project "Action Research":

Teachers are one of the main players in inclusion. This two year project, carried out by two of our consultants in 3 schools for students and teachers aims at

- helping the teachers to know their child
- to understand the student's current performance level
- to be aware of the student's specific needs.
- to be able to set goals
- to be able to facilitate the participation of the student in the class room activities.
- to be able to monitor and evaluate the progress of the students.

#### **INCLUSION**

#### **PROJECT REPORTS**



A number of formats were first created. A goal bank was made for all subjects. Workshops were conducted for teachers on how to use the material. Continuous work with the teachers has helped them to work with their students with greater confidence. They interact with the students and take ownership of their progress since they know their students now. In one of the schools, a parents group has been set up. This group assists the teachers to meet the set goals.

#### Work with Kids Central

Kids Central is one of our neighbourhood schools. On the request of this school, two of our staff took turns and worked with 10 of their students with special needs once a week. They observed the children, assessed them, gave intervention programme and worked with the teachers and parents. The programme will continue next year.

#### Highlights:

- 4 students have written their board exams, two of them the 10th and the other two the 12th standard.
- 1 2 students have completed their graduation and one of them has joined the Madras School of Social Work.
- 2 students have done their M.PHIL.

#### PROJECT REPORTS





The Disability Legislation Unit (DLU), with its strong network, continued its work on advocating for the rights of persons with disabilities through its consultations, lobbying, and various campaigns. The highlights of the year were the campaigns for banking rights, accessible roads, bus stands and Metrorail services. A lot of work was done in the sector of women with disabilities.

# The 'Banking Rights' campaign for persons with intellectual / psycho-social disabilities:

Meetings with disability activists, parents and experts were organised. They have formed a core group to work on this initiative. The activists had a meeting with the manager of the 'Indian Overseas Bank' on the required changes in the 'Reserve Bank of India' guidelines. The 'Disability Rights Alliance' members put forth the banking rights and the demands to the Regional Director of the RBI. DLU was a part of the 'Disability Rights Alliance' team to develop a survey questionnaire on the accessibility in banks for persons with disabilities. This would be evolved

as an advocacy tool for further lobbying for the banking rights of persons with disabilities.

#### 'Access':

The DLU team attended the discussions on accessible roads with 'Transparent Chennai'. They worked with 'Disability Rights Alliance' on accessibility features of Mini- buses to be launched by the Metropolitan Transport Corporation, and coordinated with the MTC & the office of the Minister for Transport. The Secretary of the Ministry of Transport did not respond positively or proactively.

The work on the 'road-access' document initiated by late Rahul Cherian was continued. Lobbying for 'Accessible toilets' with the Corporation of Chennai has been initiated.

The group also worked with 'Chennai Metro Rail Limited' on making the Chennai metro railway system accessible for all. Consecutive meetings with the administration were organized to work on accessible standards & guidelines for the system and recommendations were submitted. The group took the issue with the media, conducted access audit of the New Delhi metro rail, and gave the feedback to CMRL. They filed RTI on CMRL on accessibility features in stations and coaches.

Some of the self advocates met the Commissioner of the Corporation of Chennai and submitted guidelines on accessibility standards with respect to bus shelters.

#### Rights of women with disabilities:

A workshop on 'Sexuality, Reproductive Health, and Rights of Women with Disabilities' was conducted. The resource persons were :Dr.Aiswarya of AIDS control board, Ms.Sheelu of 'Women's Collective', Ms.Ranjani Moorthy -Sexuality Consultant of IWID, and Ms. Ajitha, Advocate -Federation of the Deaf Enabled Chennai. The students of the 'Graduate Association of the Blind' and 'National Association for the Blind' were the participants.

#### **PROJECT REPORTS**



The 'Wild Seed Grant' received through 'Tejas'- a self advocacy group of women with disabilities was helpful in collecting, developing and disseminating information material in accessible formats, on topics such as sexuality, contraceptives, sexually transmitted diseases, reproductive health, sexual and reproductive rights.

The assistant coordinator DLU participated in the 6th International Women's International Leadership Development (WILD) program conducted for three weeks by 'Mobility International', USA.

Representatives from the DLU attended the consultations on issues faced by single women, conducted by 'Centre for Women's Development & Research', and the issues faced by disabled women were presented.

They participated in a seminar on ways to empower disabled women in rural areas, conducted by the US Consulate General, Chennai.

The DLU took part in the human chain condemning the sexual assault of a New Delhi student. They initiated and participated in a candle light vigil against violence and abuse on women, and sent their recommendations to Varma Committee.

Through the media, they addressed the issues of women and women with disabilities and their rights to safety, integrity and self autonomy.

Dialogues were conducted with the 'Shanta Memorial Rehabilitation Centre' (SMRC), and they coordinated consultations on 'Women with Disabilities' for the 'Convention on Elimination of Discrimination Against Women' (CEDAW).

The DLU conducted Regional & State Consultations on CEDAW for the country report for women with disabilities. They also prepared the report for the regional consultations and sent it to SMRC.

They participated and raised the issues of women with disabilities in the 'One billion raising campaign'.

They conducted two orientation programs on 'perspectives to disabilities' and 'issues of women with disabilities' to members and partners of 'Impact Zone 'at Koyembedu, and to the district core group members of 'Women's Collective'.

They participated in the candle light vigil to extend solidarity to the protest against the rape and torture of a five-year old child in Delhi.

#### Seminars attended and workshops conducted:

Representatives of the DLU attended a training workshop and the regional consultations on national and state budget in November 2012.

Coordinator of the DLU attended the workshop on 'Social Exclusion', conducted by Centre for Social Development, and presented a paper on the key concerns of RPDB 2012.

He also attended the conference of the 'Asia Pacific Disabled People's Organisation United' in Korea.

Two members from the unit attended a ten day 'Total training' on UNCRPD monitoring.

The DLU conducted a sensitization program for the officers from all districts of Tamil Nadu in the Electricity Board.

One staff member attended the NREGA meet, conducted by the 'Rural Development and Panchayat Raj' department.

#### **PROJECT REPORTS**



The Unit conducted a two-day orientation program for the newly appointed eighty district magistrates.

One member of the unit attended the advocacy meeting conducted by the 'Deaf enabled Foundation', and extended solidarity to advocacy initiative taken by them.

DLU attended the two- day consultations on the analysis of the implementation of UNCRC from 2007 to 2012, conducted by the ICCW Tamil Nadu.

Solidarity was extended to the hunger strike organised by Tamil Nadu Federation for the Physically Handicapped, demanding the immediate implementation of all Government Orders concerning the disabled.

Two staff members took part in the 'MDG online consultation' conducted by the UN. The coordinator of the DLU is part of the advocacy working group in WNTA, post MDG campaign.

Work on the new Disability Law is in progress. Feedback for the draft RPDB 2012 was sent to the Minister, Ministry of Social Justice and Empowerment, and to the Department of Disability Affairs. The feedback for the DRG's draft RPDB was also sent.

#### Sharing of Resources:

The Assistant Coordinator DLU worked with Dr Namita Jacob on preparing a Status paper on Persons with Multiple Disabilities, for the RCI.

The DLU gave suggestions on Public Procurement bill & Copy rights Bill.

They worked with the Disability Rights Alliance for 'universal single number based integrated emergency communication and response system'.

The Coordinator and the Assistant Coordinator conducted Access Audit of a resource centre at Vallipuram which has 'a touch and smell garden', lab & equipments for experiments in physics, a playground etc.

The Coordinator and Assistant coordinator conducted an orientation for 'AIM for Seva', an NGO working on residential care for severely disabled people.

The Assistant Coordinator gave a presentation on the present status of the disability movement to various ward members in a meeting held in IRCDS.

The Coordinator and Assistant coordinator conducted a Disability Rights session at the outreach program at Loyola College.

The Assistant Coordinator was part of the legal Counseling panel at the Marriage Counseling and review program conducted by Tamil Nadu Federation for the physically handicapped.

The DLU team is a part of the 'human rights' cell of 'Banyan'.

They had discussions with Mr.Dharmesh on the impact of mercury pollution causing disability at Kodaikanal.

The group has started working with the Secretary, of the department for the welfare of the differently abled persons on the need for appointing personal assistants for persons with severe disabilities.

#### **PROJECT REPORTS**



#### National Trust:

The Coordinator DLU attended the National Trust board meetings, and he has been selected in a committee to review and submit an evaluation report on SAMARTH project which has 119 centres all over India.

Meenakshi, the Assistant Coordinator DLU was sent on deputation to NCPEDP to work on Disability Budgeting & Governance Analysis in association with Centre for Budget and Governance Analysis for a period of 21 months.

#### The Legal aid cell:

The cell has supported three cases which involved people with disabilities and their families.

#### In-School activities:

The DLU facilitated a discussion with Ms. Madhavi Latha, the trainer for Swimming and Hydro therapy on swimming opportunities for students of Vidya Sagar.

They conducted sessions on perspectives to disabilities, and law and gender for the students of the Counseling Course.

They conducted training programs on 'disability rights' to CBR workers, and conducted sessions for the students of the Teacher Training Course. They guided the internees and students doing research on 'accessible environment'.

DLU did orientation programs to students and guests visiting Vidya Sagar on perspectives to disability. Support was given to the parents on various issues related to disability.

They trained the Sri Lankan and Muscat teams on Disability Rights, Perspectives and Advocacy.

They organized a meeting with Mr. Joshua Goldstein, on Micro finance for Disabled people. Senior students from Vidya Sagar participated.

#### COMMUNITY BASED REHABILITATION (CBR)



The objective of the CBR programme at Vidya Sagar is to decentralize the technical knowledge and skills on rehabilitation, so as to ensure appropriate services to people with disability, irrespective of their location. Towards this objective, we partner with local organizations and share technical skills to work with people with disability.

#### Our partners and the activities:

- The 'Montford Community Development Society' (MCDS) is working in urban slums on various developmental issues. They also work with children with intellectual disability through their CBR centres at Kannagi Nagar, Chemmancherry and Srinivasapuram. By training seven MCDS community staff, and conducting assessment and guidance camps at these centres, we have reached 55 children and their families in the fisherman community, at outskirts of Chennai city.
- With 'Amar Seva Sangam', we facilitate capacity building of their 'inclusive education' team, which comprises of resource teachers, regular teachers, mothers and care givers. So far we have guided the team towards inclusion of 23 children with disability into mainstream education. We are also conducting a series of trainings for the inclusive education team towards independent handling of their 'Inclusive Education' programme.
- We have renewed our partnership with the 'Integrated Rural Community Development Society' (IRCDS), working on various developmental projects in Thiruvallur District, to work at the Poondi block. We have conducted two assessment and guidance camps at Thirupachur, and reached out to 35 children with disabilities, and their parents. During the camps, guidance also given to community workers to facilitate therapy and education for children with disabilities.
- This year we are reaching out to 19 slums around Saidapet, Chennai, by partnering with 'World Vision'. To start with, we have conducted awareness programme for the community welfare committees, at 5 clusters.
- Specific technical training on working with children with low vision, early intervention, prevocational skills, therapy assessment and goal setting, were given to the staff members of
  - \* the 'Amrith School for Special Needs', Coimbatore.
  - the'Mahaeaswar training centre for parents of children with multiple disabilities,
     Mayavaram, and
  - \* the 'Chaitanya Special School', at Palakad.
- We also conducted two day training for ten community staff of the 'Nazareth Illam', Talavady. In all the above four organizations, we have trained 30 staff on various skills, which in turn impacts services for 100 children with disabilities.
- We are partnering with 'NIEPMD' as the South India stake holder in their project for the compilation of information of existing service provisions for people with multiple disabilities'.
- The 'Pudhu Vazhvu Project' is a rural developmental project of Tamil Nadu. We work as the 'block differently-abled facilitating agency' for the Acharapakkam block in Kancheepuram. This is the five year project, now at its final year. We are working towards regular functioning of the self help groups, and bringing them into District-level federation. We have also facilitated 'People with Disability' group to form their federation in the Kancheepuram district.

#### HUMAN RESOURCE DEPARTMENT

The Human Resources Department of Vidya Sagar, conducts courses, coordinates training and events, supports other organizations in skillenhancement, and works with volunteers and internees, both nationally and internationally.

The 20th batch of Post Graduate Diploma in Special Education had 13 students this year and all eleven students graduated with a first class, and three among them obtained First class with distinction.



Inclusive Education training at Muscat

The five students doing their Diploma in Education-Special

Education: Autism Spectrum Disorder. (D. Ed Sp Ed-ASD) course were in the 2nd and final year of their studies. The final exams will be conducted by IGNOU in July 2013. This course is recognized by the RCI.

The second three-month training programme for counselors, psychologists, social workers and doctors, to train them in the area of 'disability', was successfully completed. . This certificate course called "Counselor Education-Disability and Mental Health", was conducted from the first week of February to the last week of April 2013. The classes were held on the campus between 4pm to 7pm, on Tuesdays and Saturdays, from 9am to 4pm. Twelve professionals were trained this year.

Three teachers from Muscat participated in two week training on 'Inclusive Education- Level 1'.

A team of seven professionals from Vidya Sagar conducted a multi-tier training on Inclusive Education during October at Muscat, Oman on the Invitation of the Board of Directors, Indian School, Oman. Around 150 stakeholders including teachers, special educators, principals, vice principals, policy makers and parents participated. Vidya Sagar also provided inputs in structuring the inclusive programme at Indian Schools, Muscat.

A three week training titled "Creating Communicative Environment for children with Visual Impairment Multiple Disabilities through AAC system" was conducted with Perkins International in February 2013. Around 19 participants, including 2 from the Philippines and from Thailand, two from Indonesia, one from Muscat, and representatives from major organisations working with children with Visual Impairment with multiple disabilities from all over India, attended.

The coordinator, HRD conducted a one-day workshop on AAC for special educators in Trichy. The workshop was organized by Holy Cross College, Tiruchy in April 2013.

The coordinator attended the two day 'Course-Coordinator's Meet' conducted by the Rehabilitation Council of India at Cochin - April 2013.

The coordinator attended the National Deaf Blind conference conducted by Blind People's Association, at Ahmedabad.

This year, we continued to support the 'Hydra project'-the Multiple Intelligences unit, run in collaboration with Mr Chandrashekar, the founder of MDA. The chairperson Vidya Sagar and the coordinator HRD conducted training programmes on 'multiple intelligences', 'learning difficulties', 'assessment' and 'profiling of intelligences of students'.

The HRD department had under its wing, the international internees coming for their period of internship from the Notre Dame University USA, and from Denmark.

The department has conducted numerous orientation programmes on disabilities and on our organizational perspectives. The total number of beneficiaries from these orientation programmes was 357, which includes architectural students, engineering students, teacher trainees, social work students, psychology students and students undergoing training as special educators from different organizations all over India.

#### PHYSIOTHERAPY DEPARTMENT



The Physiotherapy unit caters to the needs of all students in the Day Centre, Early Intervention, Family Based Rehabilitation Programme and the Employment Education Centre. The students who needed individual physiotherapy intervention were given sessions, twice or thrice a week depending on their requirement. A detailed assessment and setting up of goals and planning are done twice a year. The assessment teams include therapists, class teachers and parents. Child's seating and position, specific orthotic aid for preventive or corrective purposes, mobility devices, other aids and adaptations for specific issues like eating and other activities of daily living are worked on.

#### Focus of the year

The main focus in therapy was to improve independent mobility within school premises from one class to other. The students were given balance training, strengthening and obstacle crossing activities as part of mobility training.

There were many students in the age of 6-10 who had difficulties in eating. Physiotherapists went into different classes during the lunch time to work on proper position for eating, facilitate biting and chewing by certain exercises, introducing different textures of food, and oromotor techniques to normalize sensitivity issues. Almost all the students learnt to eat in good sitting posture, varieties of food and with some amount of biting and cleaning.

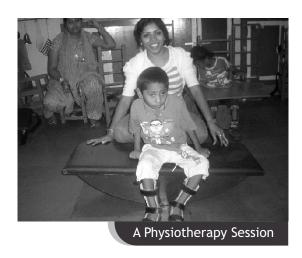
- Good posture for eating and better biting and chewing
- Better positioning in the class room
- Few students started walking independently and some with the help of supportive devices

Two of the students underwent corrective surgeries. One surgery was for better sitting purpose, and other was to aid better walking. Post operative therapy was given to these children on a daily basis.

#### **Workshops and Training**

#### Training attended:

- One therapist attended 2 days workshop on "feeding issue and its management" at All India Institute of Speech & Hearing; Mysore
- Two therapists want on an observation trip to learn techniques at the pediatric physiotherapy unit of the Kasthurba Medical College, Manipal.
- One therapist completed a certificate course for 45 days on Basic Nuero Development Therapy Techniques for children with motor disorders.



### PHYSIOTHERAPY DEPARTMENT



# In-house workshops conducted:

One workshop for all staff and parents of children below 10 years on 'Nuero Developmental therapy', feeding and one on 'Chest physiotherapy'.

#### At a glance:

No of students Availing individual sessions	No of students using orthotic aids	No of students using wheelchairs	No of students using walking aids	No of students using special furniture
75	63	54	6	43

#### Number of items supplied in 2012 -2013

Orthotics aids	Wheelchair	Furniture	Other adaptations
10	26	8	14

#### OCCUPATIONAL THERAPY



The year 2012 -2013 has been one of gradual growth. The department had only a part time Occupational Therapist, but from November 2012, we have had an additional full time therapist.

We have been looking at children with motor and sensory issues on a one-on-one basis. So, in a week we see 12 children with motor difficulties and 21 children with sensory issues from the Day Centre.

We also have been assessing, treating and giving home programs to children from the Early Intervention class and the Advisory and Referral clinic.

We do a few sessions in the classrooms too, so that the child is able to adjust in a classroom situation ,in spite of their sensory requirements.

Due to less Occupational Therapy sessions possible to be given at the centre, some of the children were taken twice a week to 'Vidhyanjali'-an occupational therapy clinic at Nungumbakkam, for sessions.

We were able to work on a structured OT 'Assessment form', which we have been using for the children, so as to have specific goals for each child recorded well. These forms help in documenting any progress.





#### Communication Department

The 'Speech and Communication' department carries out assessments and trains students to use varied modes of communications, both for academic and social communication. The department also trains other organizations working with persons with disabilities, and other professionals.

This year, the department worked with 450 children. Apart from individual sessions, there were group sessions once a week. These sessions focused on communicating with each other, as well as initiating and sustaining the communication through a selected topic. All students were provided communication charts.

Fifty 'Aditis'-the non-contact switches, were procured and distributed.

Fifteen individuals were trained to use the 'Avaz' -the handheld voice output communication device developed at Vidya Sagar.

We continued to work with Anna University and Indian Institute Of Technology to improve the communication devices.

As a resource center, the department conducted a one day hands-on training for therapists from Christian Medical College, Vellore, and for doctors from the Child's Trust Hospital, Chennai.

The interns from Ramachandra Medical College continued to come to Vidya Sagar.

A three week training program on AAC was conducted along with the Human Resource Department.



#### Vision Centre:

All the children in the school went through a functional 'vision assessment' program. This was followed by a clinical examination at the 'Front Line Eye Hospital'. The required interventions were then planned and started.

Our Vision Clinic is open twice a week in the evening. This is to enable children, who do not access our regular services, to get an assessment and a regular intervention program.

This unit assessed 416 children in this academic year.

Children from different states and other countries also accessed our services. Many of these children were referred by doctors from 'Sankara Nethralaya' and the 'Childs Trust Hospital'.

Two children from outstation came here once every term, stayed for a week for services, and took back a home program.

Special Educators from special schools such as 'Amrith' in Coimbatore, and 'Amar Seva Sangam' in Tenkasi, have attended our short term courses and interned with us to learn 'vision assessment', and about the modifications needed for children with low vision.

2012-13 at a glance

Initials	Follow ups	Total
123	293	416

#### CAPACITY BUILDING:



A number of activities were conducted for staff capacity building:

Ms. Savita Thapliyal from Dehradun Latika Roy Foundation conducted an orientation program on "Sexuality and Disability" for all the teachers of the 'Day Centre'.

The 'Opera Circus Musical Residency' programme was conducted for seven days for ten staff members.

'Vidyanjali' the school by John Miller conducted a 3  $\frac{1}{2}$  days workshop on 'Pre writing for children with Autism'.

Aworkshop on 'Adults with Disability' was done for the staff by Ms. Vandhana Bedi.

A workshop on 'Marketing Strategies' was conducted by resource persons organised by the USIS. It was attended by the staff of the pre-vocational and vocational classes with young disabled adolescents.

A two to three week training on 'Enabling Communicative Capacity through Augmentative and Alternative Communication Systems' was jointly organized by the Perkins International, USA, &Vidya Sagar It was attended by four staff members.

A special educator of the FBR programme and the head of the physiotherapy department attended a two-day observation camp organised by the paediatric physiotherapy unit in the 'Kasthurba Medical College' in Manipal. The goal of was to learn new techniques in paediatric physiotherapy.

A physiotherapist attended a two-day workshop on 'feeding difficulties and management for children with multiple disabilities'. This was conducted by the 'All India Institute of Speech & Hearing', Mysore.

One special educator attended a forty-five day certificate course on basic 'Nuero Developmental Therapy' for children with motor disorders, conducted by the Nuero Developmental Association of India.

The staff members who attended the above workshops, conducted in-house workshops for the staff and parents of children below 10 years on' Nuero Developmental therapy', 'feeding' and 'chest physiotherapy'.

The occupational therapist conducted a workshop on 'sensory integration needs 'and class room management' for all class teachers.

Three employees of 'Cease Fire' did a demonstration for the whole staff, on how to use fire-extinguishers, and explained the safety measures to be adopted for a fire emergency.

#### International Travel Details:



Name	Designation	Place	Funded by
Rajul Padmanabhan	Director	Portugal	International Society for Augmentative and Alternative Communication
Smitha S.S	Assistant Coordinator-DLU	Eugene	Mobility International USA (MIUSA)
Rajul Padmanabhan Dipti Bhatia Kalpana Rao K.S. Uma Jayanthy Narayanan Priya Ganesh Vimala Srinivasan	Director Deputy Director Principal Coordinator -HRD Coordinator-FBR Special Educator-EI Expert	Muscat	Board of Directors, Indian Schools, Oman
Kalpana Rao K.S. Uma Simy.T.A Jayalakshmi.S	Principal Coordinator -HRD Coordinator-Physiotherapy Physiotherapist	Bangladesh.	Perkins School for the Blind, Boston
Rajiv Rajan	Coordinator-DLU	Korea	Asia Pacific Disabled People's Organisation United
Meenakshi. B	Assistant Coordinator-DLU	Geneva	World Health Organisation
Kalpana Rao	Principal	Vietnam	Perkins School for the Blind, Boston

#### On Deputation:

Meenakshi.B, the Assistant Coordinator DLU was sent on deputation to NCPEDP at New Delhi, to work on 'Disability Budgeting & Governance Analysis', in association with 'Centre for Budget and Governance Analysis', for a period of 21 months.

### Sadya 2013



Sadya 2013 was a grand success. We thank all the teams that participated.

**Royal Images** 

**Orchid Chemicals** 

Thinksoft Global

**Grundfos Pumps** 

Hyundai

#### **Episource**



Our sincere gratitude to the Sadya team of volunteers.

Amount raised in Sadya 2013 - Rs. 20,64,000/-

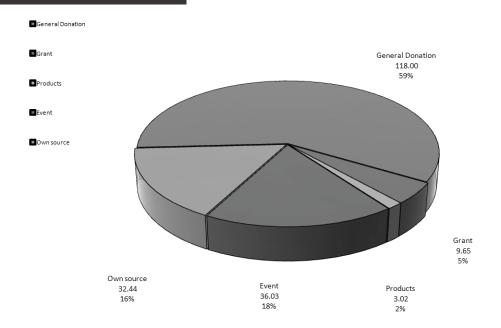


#### Thank you, Dwaraka!

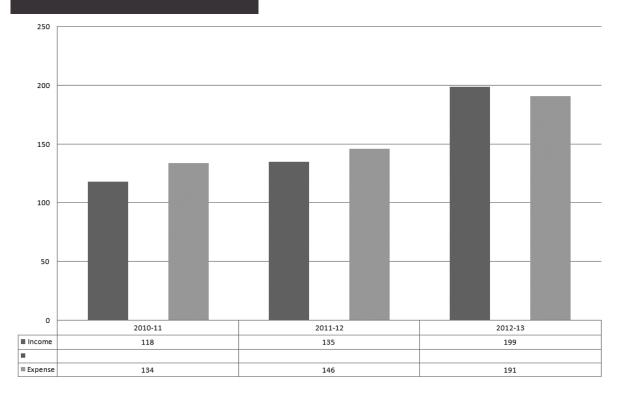


A big Thank You to Dwaraka Pandurangi who raised Rs. 9,42,308 /- by participating in the Airtel Delhi Half Marathon. She also raised Rs.16,38,000/- towards the education fund at Vidya Sagar.

# SOURCES OF INCOME 2012-2013



# INCOME AND EXPENDITURE 2012-



Salary Range for the Year 2012-2013

20000 and at	oove		Nil
More than 15	000 less than 20000	)	9
More than 10	000 less than 15000	)	35
More than 50	00 less than 10000		48
More than 30	00 less than 5000		17
Less than 300	00		

#### **BANK DETAILS**

#### VIDYA SAGAR (FORMERLY THE SPASTICS SOCIETY OF INDIA)

Registered under Act 27, Tamilnadu Societies Registration Act R.No. 467 of 1998

Founder: Mrs Poonam Natarajan Chairperson: Mrs Usha Ramakrishnan Director: Mrs Rajul Padmanabhan

Tel: 044 22353757

Email: director@vidyasagar.co.in

Address:

# 1, Ranjith Road, Kotturpuram, Chennai - 600 085

Tel: 044 22354784/85/4980 Fax: 044 22200533

Email: response@vidyasagar.co.in

Donations are exempt under 80G of the IT Act. Registered u/s 12 A application no . DIT(E) No.2(374)98-99

Bank Details

Bank Address : State Bank of Mysore,

No.14, North Usman Road, T Nagar, Chennai - 600 017.

Tel. 28340121

Saving Bank A/c No. 54028105944 IFSC SBMY0040169 Bank : HDFC

Branch Kotturpuram
Saving Bank A/c No. 13051450000068
Bank Address HDFC Bank Ltd.

46, Gandhimandapam Rd.,

Kotturpuram Chennai - 600 085.

#### **FCRA Account details**

FCRA Regn No: 075300693, 13th Jan - 2000

Bank Address : State Bank of Mysore

No.14, North Usman Road, T Nagar, Chennai - 600 017. Tel. 28340121

Savings Bank A/c No: 54028105977 Swift Code No.: SBM YIN BBA 169

PAN NO. AAATV2359M

# THE GOVERNING BODY



S.No	Name of members	Designation in the Board	Occupation
1	Ms. Usha Ramakrishnan	Chairperson	Hony.Member, Council-Bala Mandir Research Foundation; Hony.Executive Committee Member-Indian Council for Child Welfare,T.N
2	Ms. Asha Menon	Vice Chairperson	Artist ; Trustee of 'Swabiman Foundation' & 'Tanker Kidney Foundation
3	Mr. Shankaran Nair	Treasurer	President- Servion Global Solutions
4	Mrs. Anuradha Venkatesh	Secretary	CEO, Vivitsu Mentoring Academy
5	Ms. Poonam Natarajan	Member	Chairperson- 'National Trust'.
6	Mr. Vikram K Vinod	Member	Actor, Youth Envoy for United Nations Human Settlement programme - "UN Habitat"
7	Mr. N. Gopinath	Member	Managing Director Fluidtherm Technology Pvt Ltd. & Managing Director of Magnatherm Alloys Pvt. Ltd.
8	Ms. Rasheeda Bhagat	Member	Deputy Editor -'Business Line'; Member of the Board of Management-'SCARF'.
9	Ms. Malini Chib	Member	Founder & Co-Chairperson-'ADAPT Rights Group'.
10	Mr.Sriram Panchu	Member	Senior Advocate and Mediator
11	Ms. Rajul Padmanabhan	Ex-Officio Member	Director-'Vidya Sagar'; Special Educator

# THE GENERAL BODY

S.No	Name of members	Designation in the Board	Occupation
12	Ms. Seetha Ratnakar	Member	Asst.Station Director Doordarshan Kendra; Freelance Film Director
13	Ms. Urmila Agarwal	Member	Entrepreneur
14	Mr. Suresh Menon	Member	Film Maker
15	Ms. Preeti Mehra	Member	Journalist/Editor
16	Ms. Dwaraka Pandurangi	Member	Volunteer Fund Raiser VIdya Sagar
17	Dr. Namitha Jacob	Member	Education Specialist Perkins International-Asia Pacific Region Program Director-'Chethna'
18	Ms. Dipti Bhatia	Member	Deputy Director-Vidya Sagar; Honorary Secretary -National Association for the Blind.
19	Ms. Mallika Ganapathy	Member	Director MIRRA
20	Mr. G.J. Siddharth	Member	Bank Executive.
21	Mrs. Kalpana Rao	Member	Principal-Day Centre-'Vidya Sagar'.
22	Mr. Rajiv Rajan	Member	Coordinator-Disability Legislation Unit-'Vidya Sagar'.
23	Mr. S. Ramesh	Member	Chartered Accountant

#### SENIOR MANAGEMENT TEAM



RAJUL PADMANABHAN	Director
DIPTI BHATIA	Deputy Director
RADHA MURALIDHARAN	Accounts Officer
VIJAYSHREE RAMESH	Coordinator-Employment Education Centre
VIMALA.SRINIVASAN	Coordinator-Vision Centre
KALPANA RAO	Principal-Day Centre
SUGUNA.V	Coordinator-Adult Leisure Program
SHIRIN	Coordinator-Human Resources Development
UMA K.S	Coordinator-Human Resources Development
JAYANTHI NARAYANAN	Coordinator-Family Based Rehabilitation
NAVAMANI.V.	Coordinator- Community Based Rehabilitation.
RAJEEV RAJAN	Coordinator- Disability Legislation Unit
SIMY T.A	Coordinator-Physiotherapy
SUMITHRA NATH	Administrative Officer

#### **RESOURCES / PRO**

ROHINI RAMESH

#### **SPECIAL EDUCATORS**

AARABHI BADRI

ANU ALEX

ANURADHA SHANKARAN

CHITRA R

DHANALAKSHMI V

JAYALAKSHMI S

JEEVA M

KAVERI V

KRITHIKA V

LAKSHMI BALASUBRAMAN

LAKSHMI PRABHAKARAN

MANJU RANI SARKAR

MINOTI SEN

PRASANNA V

PRINCE D

PUSHPAPRIYA GANESH

RADHA BASU

RAMU K

RABECCA.K

RINKU B

SHASIKALA R

SHEFALI

SHRUTHI P. ATMARAM

SMITHA PADMANABHAN

SUBBALAXMI V

TEENA K

UMA NARAYANAN

UPANISHA PRASAD

VALLIAMMAL A VICTORIA H

#### **TEACHERS**

MEENA D

ROOPA S SHALIMA

VAIDEKI

#### **SOCIAL WORKERS**

SIMEON JOSHUA CIBI ELIZABETH

### PHYSIOTHERAPY DEPARTMENT

CAROLINE JOTHI E

GAJENDRAKUMAR

HARIKRISHNAN.M- Sports

 $\mathsf{HEMALATHA}\;\mathsf{R}$ 

Jayalakshmi s

JAYANTHI K

MALINI PARTHASARATHY

MOHANA G

PAUL ROBINSON

VIJAYALAKSHMI M

LAKSHMI S

NIRMALA M

SHANTHI S

SUMITHRA K

#### **VOCATIONAL INSTRUCTORS**

AMIRTHARAJ

JAYANTHI V

VIMALA T.A

DHANASEKAR A MEENAKSHI B SMITHA S.S



MEENAKSHI K SUJATHA SRIRAM VISWAPRIYA NARASIMHAN

COMMUNITY BASED REHABILITATION

ANAND T.M

**ACCOUNTS DEPARTMENT** 

CHITRA S DHANASEKAR R

**ADMINISTRATION** 

BALAJI R Systems in charge
DEEPA A Office Assistant
DHANAPAL N Office Assistant
JANAKIRAMAN Shop in Charge
JOSEPHINE Secretary
MURALI Carpenter

MUSTAFA Wheel Chair maintenance

NIRMALKUMAR Assistant
PRABHAKARAN A Reception
RAMA DEVI Secretary
REVATHY S Secretary
SHANTHI R Secretary
SHIVARAM Assistant
SUNARA K.P. Office Assistant
VIDYA KRISHNAN Assistant

**LIBRARY** 

RAJALAKSHMI R KANTHIMATHI

**TRANSPORT** 

ANTONY RAJ M

NIPM UTHANDI

KRISHNAKUMAR MUTHUZA



#### **SUPPORT STAFF**

ALAMELU D
ANJALI S
BANUMATHI
DHEEPA K
ERUKALAMMAL
GIRIJA V
GNANAM R
INDIRANI P
JAYA D
KASTHURI

KASTHURI KOKILA KUPPULAKSHMI MARIAMMAL M MUMTAJ J RADHA K RAJESWARI D

RAJESWARI V RANI S SARASWATHY

SELVI M SHANTHI A SHANTHI G SHANTHI S SUGUNAVATHI K

#### **CONSULTANTS**

DANDAPANI.T.R Admin/Legal
GERALDINE.M.DANIEL O.T
MEADHINI.T O.T.
SRIMATHI KAVER Inclusion
SUJATHA SRIRAM Inclusion
THRESIAMMA FRANCIS Counseling



# SANKARAN & KRISHNAN

CHARTERED ACCOUNTANTS

"Rosewood Offices" 130, Mahathma Gandhi Road, Nungambakkam, Chennai - 600 034. Phone : 2833 1550 2833 0723 Fax : 4218 2018

E-mail : sk@sankrish.ind.in

#### FORM NO. 10-B

# AUDITORS' REPORT UNDER SECTION 12A(b) OF THE INCOME-TAX ACT, 1961.

We have examined the Balance Sheet of VIDYASAGAR, 1, Ranjith Road, Kotturpuram, Chennai 600 085, as on 31st March 2013 and the Income and Expenditure Account for the year ended on that date, which are in agreement with the books of accounts maintained by the said Institution.

We have obtained all the information and explanations, which to the best of our knowledge and belief were necessary for the purpose of the Audit. In our opinion, proper books of accounts have been kept by the above named Institution.

In our opinion and to the best of our information and according to the information given to us, the said accounts give a true and fair view:

- (iii) in the case of the Balance Sheet of the State of affairs of the above named Institution as at 31st March 2013.
- (iv) in the case of Income and Expenditure Account, the excess of Expenditure over Income of its accounting year ended 31.03.2013.

The prescribed particulars are annexed hereto.

For **SANKARAN & KRISHNAN** CHARTERED ACCOUNTANTS

FRN 003582S

PLACE: CHENNAI DATE: 20.08.2013

(M. BALACHANDRAN)

PARTNER

Membership No.016271

Branches: HYDERABAD, VIZAG, NEW DELHI, BANGALORE



#### Annexure to Form 10-B - Vidyasagar

#### PAN - AAATV2359M

#### STATEMENT OF PARTICULARS

#### I) APPLICATION OF INCOME FOR CHARITABLE OR RELIGIOUS PURPOSES

Rs.

- 1. Amount of income of the previous year applied to charitable or religious purposes in India during the 2,00,91,003 year.
- 2. Whether the trust/Institution has exercised the option under clause (2) of the EXPLANATION to section 11 (1). If so, the details of the amount of income deemed to have been applied to charitable or religious purposes in India during the previous year.

No

3. Amount of Income accumulated or set apart/ finally set apart for application to charitable religious purposes, to the extent it does not exceed 15% of the income derived from property held under trust wholly / in part only for such purposes.

29,90,976

4. Amount of income eligible for exemption under section 11(1)(c) give details.

N.A.

5. Amount of income, in addition to the amount referred to in item 3 above, accumulated or set apart for specified purposed under section 11(2).

NIL

6. Whether the amount of income mentioned in Item 5 above has been invested or deposited in the manner laid NO down under in section 11(2)(b) ? If so the details thereof.

7. Whether any part of the income in respect of which an option was exercised under clause (2) of the EXPLANATION to section 11(1) in any earlier year under section 11(1B)? If so, the details thereof.

NO

8. Whether, during the previous year, any part of income accumulated or set apart for specified purposes under section 11(2) in any earlier years.

NO

- a) has been applied for purposes other than Charitable or religious purposes or has ceased to NO be accumulated or set apart for application thereto, or
- b) has ceased to remain invested in any security





referred to in section 11(2)(b)(i) or deposited in NIL any account referred to in 11(2)(b)(iii), or

c) has not been utilized for purposes for which
it was accumulated or set apart during the period for which it was to be accumulated or set apart, or
in the year immediately following the thereof?
If so, details thereof.

Substituted by IT (Third Amdt.) Rules, wef 01.04.76

Renumbered by IT (Third Amdt.) Rules 1976, wef 01.04.76

# II) APPLICATION OR USE OF INCOME OR PROPERTY FOR THE BENEFIT OF PERSONS REFERRED TO IN SECTION 13(3)

- 1. Whether any part of the income or property of the Trust/Institution was lent, or continues to be lent, in the previous year to any person referred to in the Annexure as such person? If so, give details of the amount, rate of interest charged and the nature of security, if any.
- 2. Whether any land, building or other property of the trust/Institution was made of continued to be made, available for the use of any such person during the previous year? If so, give details of the property and the amount of rent or compensation charged, if any.
- 3. Whether any payment was made to any such person during the previous year by way of salary, allowances, or otherwise? If so, give details.
- 4. Whether the services of the Trust/Institution were made available to any such person during the previous year? If so, give details thereof together with remunerate or compensation received, if any.
- 5. Whether any share security or other property was purchased or on behalf of the Trust/Institution during NIL the previous year from any such person? If so, give details thereof together with the consideration paid.
- 6. Whether any share, security or other property was sold by or on behalf of the Trust/Institution during the previous year to any such person? If so, give details thereof together with consideration received.
- 7. Whether any income or property of the trust/
  Institution was diverted in the previous year in favour NIL of any such person? If so, give details thereof together with the amount of income or value of property so diverted.
- 8. Whether the income or property of the trust/ Institution was used or applied during the previous year for the benefit of any such person in any other manner?



NTT.

PLACE: CHENNAI

DATE : 20.08.2013



If so, give details.

		Where the concern is a company No. of class if shares held
(1)	(2)	(3)
Total		NIL

For SANKARAN & KRISHNAN

CHARTERED ACCOUNTANTS

FRN 03582S

Membership Nc.016271

(M.BALACHANDRAN)
PARTNER



### VIDYA SAGAR No1. Ranjit Road, Kotturpuram, Chennai-600 085.

#### **BALANCE SHEET AS ON 31ST MARCH 2013**

LIABILITIES	Rs. P.	ASSETS	Rs. P.
Trust / General Fund ( Schedule A )	9,637,920.52	Fixed Assets ( Schedule E )	24,337,995.99
Depreciation Reserve Fund ( Schedule B )	16,464,547.99	Investments ( Schedule F )	3,444,965.00
Donation (Earmarked)	1,651,072.00	Receivables	723,192.81
Donation (Assets)	1,531,106.00		
1. Grant in aid Handicap International	1		34,081.00
2. National Award 3. Sri Sarvatma Natarajan Trust	43,093.00 60,088.95	Cash in hand	
4. Grant in Aid - Hilton perkins	153,379.00		
Liabilities & Provisions ( Schedule D )	1,601,706.43	( Schedule H )	3,850,716.08
Bank Overdraft *	1,234,444.00		
TOTAL	32,390,950.88		32,390,950.88

\* Secured by Fixed Deposit

RAJUL PADMANABHAN DIRECTOR VIDYA SAGAR PARTNER M. BALACHANDRAN

FOR SANKARAN & KRISHNAN CHARTERED ACCOUNTANTS

BALACHANDRA M.No: 16271



#### VIDYA SAGAR No1. Ranjit Road, Kotturpuram, Chennai-600 085.

#### INCOME & EXPENDITURE FOR THE YEAR ENDING 31ST MARCH 2013

DESCRIPTION	2013	2012	DESCRIPTION	2013	2012
Expenditure	TOTAL	TOTAL	Income	TOTAL	TOTAL
Aids & Appliances	44,620.00	75,150.00	Assesment Fund	127,100.00	99,250.00
AMC	73,354.00	70,931.00	Donation Fund	10,825,486.00	6,935,717.00
Audit Fees	5,618.00	5,515.00	Donation Fund (Foreign)	346,826.22	145,389.00
Bank charges	11,194.00	5,905.20	Donation Fund (Sadya)	2,064,000.00	2,320,000.00
Books & Periodicals	7,255.00	6,249.00	Fund Raising	639,827.00	195,300.00
Consultation Charges	467,360.00	218,893.00	Grant in aid ERS Foundation	652,392.00	-
Conveyance & Travelling	311,409.00	228,291.61	Grant in aid State Commissioner	-	180,000.00
Depreciation	954,265.65	947,291.00	Grant in aid MSJE	965,324.00	1,013,282.00
Electricity	358,198.00	349,190.00	Greeting Cards	302,121.00	331,078.00
Event Expenses	69,657.50	90,340.50	Interest	674,093.44	425,775.22
Fund Raising Expenses	253,744.00	192,197.00	Internship Fees	74,500.00	-
Gratuity	28,038.00	8,905.00	Mobility Fund	658,270.00	613,800.00
Honorarium	63,085.00	84,250.00	Miscellaneous Income	67,442.50	68,942.75
Internet charges	30,372.00	28,040.00	Rent Received	301,148.00	229,630.00
Interest Paid	392,400.00	221,031.00	Souvenir	900,000.00	-
Library Books	21,228.00	31,257.00	Technical Fee	213,865.00	-
Lease Rent		6,150.00	Tuition Fund	1,020,740.00	796,900.00
Maintenance Building	307,644.00	240,500.00	Vocational Training Income	106,703.00	88,079.50
Maintenance & Repairs	155,862.00	435,790.75	Profit on Sale of Vehicle	-	18,564.00
Miscellaneous Expenses	4,870.00	23,223.75	Deficit	151,164.66	2,125,011.02
PF Administrative Expenses	105,524.00	88,295.00			
Provident Fund	786,488.00	654,127.00			
Postage	14,163.00	17,441.00			
Printing & Stationery	137,729.25	170,070.33			
Raw Material	33,495.00	27,105.00			
Rent	103,100.00	109,350.00			
Salaries	11,860,581.00	9,201,082.00			
Security Charges	259,043.00	144,000.00			
Seminars & Workshop	45,744.00	25,955.25		`	
Staff Welfare	236,341.00	211,509.00			
Staff Transport	44,665.00	98,704.00		-2	
Students Welfare	94,037.00	124,810.00			
Students Conveyance	1,179,961.99	757,658.00			
Students Medicals	263,436.00	168,947.00			28
Subscription & Membership	28,050.00	9,750.00			
Teaching Aids	123,511.00	80,782.10			
Telephone Charges	118,455.43	125,978.00			
Vocational Training Expenses	13,202.00	-			
Vehicle Expenses	152,062.00	177,829.00			
Web Maintenance	6,750.00	24,225.00			
Water Tax	924,490.00	100,000.00			
	20,091,002.82	15,586,718.49		20,091,002.82	15,586,718.49

RAJUL PADMANABHAN
DIRECTOR
VIDYA SAGAR

FOR SANKARAN & KRISHNAN CHARTERED ACCOUNTANTS

PARTNER

AN & KAL

CHENNAL

M. BALACHANDRAN M.No : 16271



(Formerly 'The Spastics Society of India, Chennai')

# 1, Ranjith Road, Kotturpuram, Chennai - 600 085
Tel: 044 22354784/85/4980 Fax: 044 22200533
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