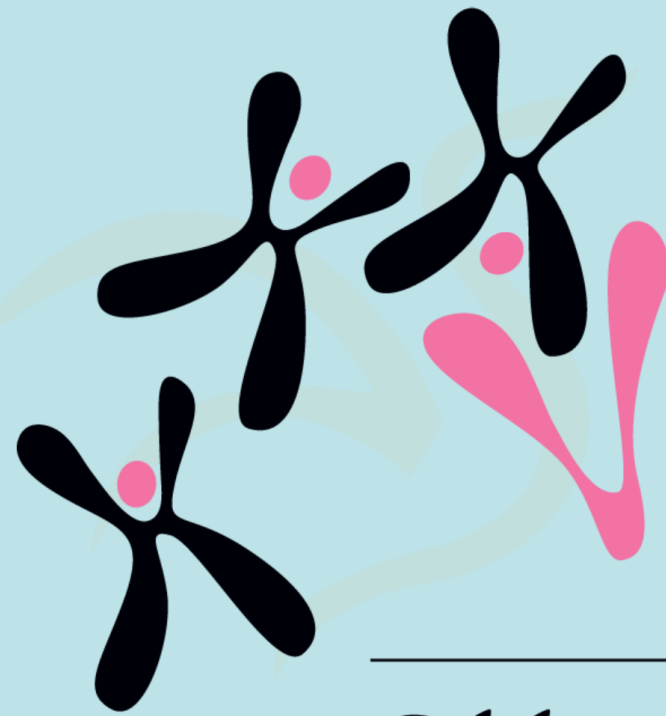


VIDYA SAGAR
(Formerly The Spastics Society of India, Chennai)

Annual Report

2019 - 2020



*Celebrating
thirty five years
of inclusion!*



OUR MISSION

WE BELIEVE

- Every person is valuable
- Disability is part of human diversity
- Disability is a development and human rights issue creating and sharing knowledge

WE FOCUS ON:

- Persons with intellectual and developmental disabilities of all ages and abilities
- And other disabilities where facilities are inaccessible
- Active participation of family and community
- Providing holistic rehabilitation and enabling access

WE VALUE

- The capacity of persons with disabilities including the evolving capacity of children with disabilities and their right to make decisions
- The right of persons with disabilities to celebrate their identity
- The spirit and positive attitude we bring to our work each day



Contents

Our Mission	3
Message from the Patron	5
Message from the Founder	6
Message from the Chairperson	8
Message from the Director	10

OUR DEPARTMENTS

Technical

Family Based Rehabilitation	14
Early Intervention	18
Home Management	18
Community Based Rehabilitation	24
Day Centre	38
Production & Vocational Centre	52

SUPPORTING DEPARTMENTS

Inclusion	60
Physiotherapy	64
Occupational Therapy	70
Speech, Language & Communication	76
Vision Centre	82
Human Resource Department	88
Begin to Live Interdependently with Support System (BLISS)	92

ADVOCACY

Disability Legislation Unit	106
-----------------------------	-----

FINANCE & ADMINISTRATION

Fund Raising & Donor Relations	118
Governing Body	122
General Body	124
Our Team	125
Travel Details	127
Bank Details	128
Auditors Report	129
Balance Sheet	130

VIDYA SAGAR
(Formerly 'The Spastics Society of India, Chennai')

We will always remember 2020 as the year of the pandemic, and Vidya Sagar, along with all other schools and educational institutions, has been affected. However, it is heartening to know that we have continued to provide services and to work with children, their parents and guardians. It is this spirit of service that makes Vidya Sagar what it is.

Children have had a difficult time during the pandemic and may have been deprived of the attention, care, teaching and exposure which they would normally have received. I am sure everyone at Vidya Sagar is aware of the challenges posed and will work steadily in the coming year to bring a semblance of normality back into the lives of our children.

All good wishes to all members of the Vidya Sagar family.

Keshav Desiraju (Formerly 'The Spastics Society of India, Chennai')



Message from the Patron



Message from the Founder

Vidya Sagar completed 35 years on March 15th 2020, a grand celebration was planned, some of which we enjoyed enormously and some had to be cut short due to the pandemic and lockdown. The year, like always, has been full of amazing activity and achievements. Since I have been working on BLISS, the project on independent living, I have had a ringside view of all the projects. I have participated in some on invitation and watched others with great joy and pride.

Many memorable moments over the year, to mention a few:

BLISS (Begin to Live Interdependently with Support Systems) - we are developing 9 pillars of support to live independently in the community. We set up the first pillar, TARA - Team for Accessibility and Reasonable Accommodation focusing on making personal spaces accessible, like homes and workplace. The three month training was the first of its kind in the country, it was lead by Shivani Gupta, well known in the field of accessibility.

FBR (Family Based Rehabilitation) - extended its services to the high risk babies at ICH, Egmore hospital, so that we reach families, who may not get services easily.

CBR (Community Based Rehabilitation) - signed an MOU with Samagra Shiksha Abhiyan Govt of Tamilnadu to develop inclusive education in 140 schools in 53 Panchayats. Personally , I had given up on inclusive education. Our CBR team, with their optimism and passion restored my faith.

PVC (Production and Vocational Center) - The Employment Education Center got a new name, with that also a batch of students graduated from being trainees to becoming producers or full time artisans or workers. We look forward to seeing them earn a living wage. This is an important move forward for adults with disabilities.

Day Center - is the most visible service in the center and the students bring each day, great action and joy. They went on innumerable field trips and participated in mainstream activities. Yuvraj being chosen in Para- Olympics and go for training to Himachal Pradesh with his sports teacher Hari, was the cherry on the cake.

Vision Department - I attended an excellent 3 day training programme done in collaboration with Dr Namita Jacob. The department trains children on functional vision and is one of the few such services in the country.

The highlight for me was the Ishwar Natarajan Boccia Tournament where 7 year old Balaji from Basin Bridge, one of our CBR locations, won the trophy. I went to the Basin Bridge Slum, with the CBR team and community workers, we had visited Balaji. He was lying alone and playing by himself in a tiny thatch hut by the side of the railway line. His parents were out at work and are daily wage laborers. Balaji just spent all day by himself and sometimes a neighbour fed him. He is a bright young boy with cerebral palsy. He needs help in all his activities of daily living. The team was trying to plan how to support his needs and get him to the local school. Well , they did, the Community Workers did a great job, by the end of the year, I saw him in the auditorium , on his wheelchair playing Boccia and winning a trophy. It sure was an exhilarating experience and I was so proud of the staff and our services.

I can go on, but do go to the complete report for that.

What I want to place on record is the stellar role played by the Director and Senior Management Team, in finding solutions and setting up Standard Operating Procedures for the Corona Pandemic. During the lockdown, they reached each student either online or on telephone and ensured services to them. Services are being given even late in the evening, because the family has only one phone and it is free only later in the day. The care, concern and ingenuity of the staff is also amazing.

My many Congratulations to Radha Ramesh and the team for this brilliant work.

My Greetings and Best Wishes to all our stakeholders, friends and donors.

Thank You for making all this possible.

Poonam Natarajan



Message from the Chairperson

Dear Friends,

The period under review in this report is the financial year that ran from April 2019 to March 2020. Given what an extraordinary, tumultuous, year 2020 has been to date I am sure that all of you, our stakeholders, would be anxious to first hear how Vidya Sagar has coped with the pandemic.

It has been a very, very, difficult time for our communities: students, parents, all of our staff and our donors and volunteers. The disruption in the lives of our students and the pressure on their home support system cannot be exaggerated. Each and every part of our eco system has responded magnificently to the challenge. Reaching out into the community remotely, tailoring programs to meet altered needs, mobilizing external resources to broaden the footprint of services, adopting and leveraging technology. A very big thank you to our Director Radha and her team for having transformed the way we operate to meet this once in a life time challenge.

There is a lot of material available on the many new initiatives that we have created during this period and anyone who is interested to watch the videos or read about it do feel free to reach out to Asha Nedungadi in Admin to access these.

I must add a sincere thank you to our donors, each and every one of whom have stood by us in this hour of crisis. The corporate sector has been no less impacted by the pandemic, many businesses have been forced to shut down plants, lay off employees, and deal with massively reduced revenues. Through all this you, our donors, have steadfastly supported us. Thank you!

To the year in question. As always Vidya Sagar has continued to deliver existing services and at the same time expand into new and innovative areas. During this period we have welcomed three new members to the Governing body. Continuing our strategy of inviting board members with deep skills in specific areas we welcomed Mr Thiruvengadam Parthasarathi, Mr. S. Ganapathi, and Mr. Sathish Kumar to the board. A warm welcome to all of them.

As I write there is a light at the end of the tunnel. Multiple vaccines are in various states of readiness. The world is confident that come 2021 the focus will shift from the research and development of these vaccines to the distribution and delivery to populations. There is still a long road ahead of us. Vidya Sagar will continue to work creatively and work hard to support our communities.

Take care and stay safe.

Shankaran Nair

VIDYA SAGAR
(Formerly 'The Spastics Society of India, Chennai')

Dear colleagues, friends and well-wishers,

The past year has been yet another period of learning and unlearning. The support rendered by all colleagues and by Board members helped in shaping my administrative skills further.

Despite the many operational challenges, we as a team were able to sail together positively and proactively.

My greatest pride has been in aligning the adult units together and categorising them according to their capacity level as production unit and vocational training units 1 and 2. We ensured the producers and trainees hard work was respected and rewarded monetarily.

Another major area which underwent refinement was our HR policies, which was relooked, modified according to the present needs and shared with all the staff. Thanks to Mr. Thiruvengadam Parthasarathy, our Board Member, for all his guidance.

Financially, last year was relatively smooth and heartfelt thanks to all the companies who covered all our projects through their CSR initiatives and the individual donors, which enabled us reaching all our stakeholders as per our plans.

Major Swaraj Roy also got back to conducting SADYA in Adventure Zone this year, with 8 companies participating. It was much wanted by our corporate supporters and a joy for us. Swaraj Roy also made parasailing possible for our students and staff as the part of our 35th year celebration.

We further strengthened FBR projects by adding more staff and expanded their wings for new territories, namely screening high risk babies in the Institute of Child Health (ICH) along with Public Health Centre (PHC).

A sweet memory last year was my trip to Mysuru, along with the FBR children and their families, this helped us all to establish a strong bond with the parents.



Message from the Director

This year's Doctors Meet had record numbers and enabled us to make a panel of doctors who are all approachable by all stakeholders at any time. Thank you doctors for your valuable support to us.

We feel proud that some of our alumni have taken up different roles within the organisation and contribute towards the disability movement.

Another reason for celebration was yet another milestone of Vidya Sagar completing 35th years. We started the celebration with Ishwar Natarajan Boccia tournament and continued with Parasailing experience for all our students and ended with a get together reminiscing the journey with our alumni and stakeholders along with their families.

I felt honoured to meet the great Philanthropist Mr.Azim Premji personally and request support for continued sustenance of our projects.

Then came the unprecedented pandemic mid-March, which put a sudden brake on all our work. The necessity to meet and plan about the future goals for the students made us come up with out of box solutions. We have cracked many areas of teaching, learning, training etc. which we never thought was possible before.

Currently, all our staff, students, parents have become adept in using technology to connect with each other.

The voices of our stakeholders led us to come up with the guidelines for the new normal functioning. A special mention to Dr.Namita Jacob, Meenakshi Balasubramanian, Anuradha Naidu, Usha akka and Poonam akka in guiding me to come out a robust Standard Operating Procedure (SOP) and guideline to run the organisation during the pandemic till Dec 2020.

Thanks to our donors again, we have managed to pay our staff through this lockdown period and been able to retain all of them.

We still have uncertainties around us and we may continue to follow the second part of the SOP for the year 2021-22, depending upon the availability of vaccine for all our stakeholders. The learning continues and we would like to reflect on our new normal functioning.

We are geared up to face any situation as a team and our mantra continues to be "Celebrate Life";
"Life isn't about waiting for the storm to pass. It's about learning to dance in the rain."

Radha Ramesh



OUR DEPARTMENTS

Technical

Family Based Rehabilitation
Community Based Rehabilitatrimon
Centre for Special Education
Production and Vocational Unit
Inclusion

Human Resource Development

BLISS

Advocacy

Disability Legislative Unit
Legal Aid Cell

Supporting Departments

Physiotherapy
Occupational Therapy
Vision
Speech, Language & Communication
Sports
Music
Creative Movements

Finance & Administration

Accounts
Fundraising
Donor Management
Systems & Communication



FAMILY BASED REHABILITATION



T
E
C
H
N
I
C
A
L



Family Based Rehabilitation

FBR is the first programme of the centre which focuses on training the persons with disability, parents and other members of the family. The focus is to demystify the condition and share information so that the family is empowered and the disabled person becomes a participating member of the family.

This has the following projects

- Advisory and referral clinic (ARC)
- Early intervention centre (EI)
- Home Management (HM)
- Outstation programme (OSP)
- Inclusion
- Workshop & Awareness Programmes

ADVISORY AND REFERRAL CLINIC

The entry point for Vidya Sagar. After a detailed assessment and discussion it is decided to which programme the person will be enrolled/or referred to another centre or they may stay on with the advisory till the appropriate programme is found.

The ARC also offers regular training in therapy and education when appropriate programmes do not have a vacancy or are not available.

FAMILY BASED REHABILITATION


Celebrating
thirty five years
of inclusion!

**Chat with parents
in our rural EI centre**



T
E
C
H
N
I
C
A
L



Assessing a child

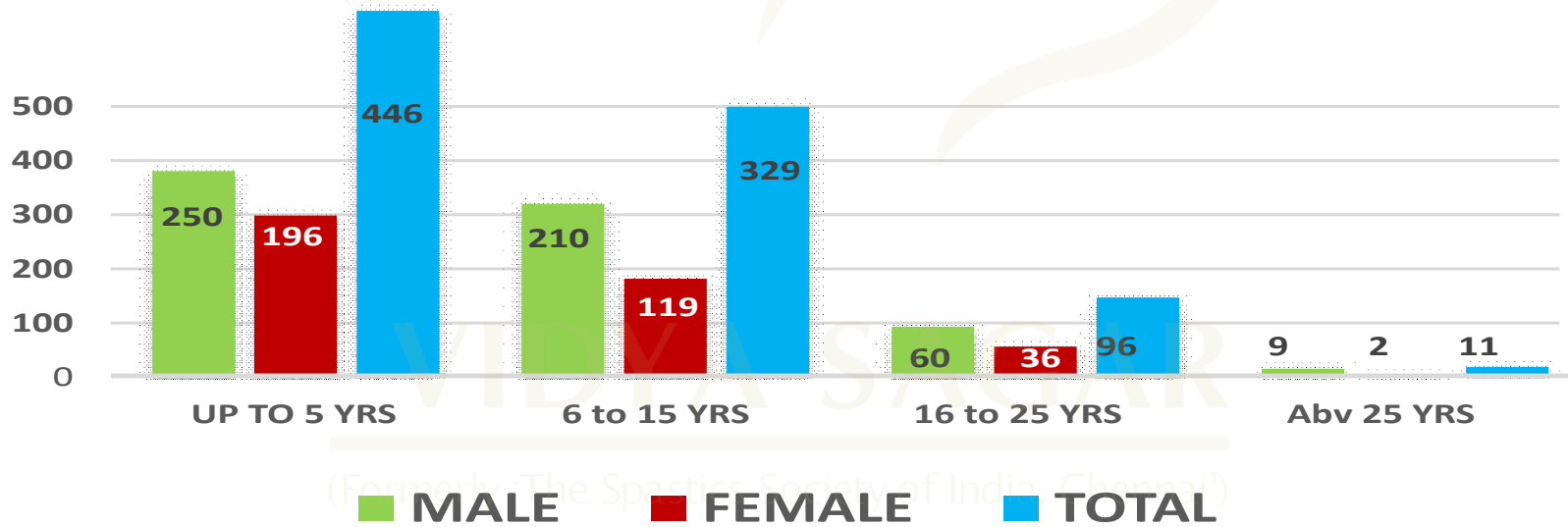
FAMILY BASED REHABILITATION



T
E
C
H
N
I
C
A
L

Achievements			
YEARS	MALE	FEMALE	TOTAL
UP to 5 YRS	250	196	446
6 TO 15 YRS	210	119	329
16 TO 25 YRS	60	36	96
Abv 25 YRS	9	2	11
TOTAL	529	353	882

Goals–Targets – Achievements (June 2019 - 2020)



FAMILY BASED REHABILITATION



TECHNICAL



FAMILY BASED REHABILITATION



T
E
C
H
N
I
C
A
L

EARLY INTERVENTION

EI is for children with delayed development in the 0 - 5 yrs, this is a very vital program as the brain develops the maximum at this time, if there has been an injury to the brain then working with this age group can help the child develop many more skills and also decrease the amount of disability the child may have in the later years. Training the parents in Physio, Occupational, Speech Therapy and Play are vital.

At Vidya Sagar, EI programs are at the following places –

1. High risk baby clinic - twice a week in partnership with Public Health Centre, West Mambalam – reached 483 babies
2. Kotturpuram – 22 children attending daily
3. Tambaram – 13 children attending daily
4. Kodaikanal partnered with church of South India – Home and centre based 21 children
5. Tharagampatti, Karur District - Home and centre based 22 children
6. Kadavur, Karur District (partnered with ODA, Trichy) - Home and centre based 33 children
7. ICH – Institute of Child Health, Egmore – twice a week

HOME MANAGEMENT

HM program was started in 1985 with the following objectives:

1. Empower parents and family of the child with disability
2. Focus on training parents by understanding child's strengths and special support needs
3. Ensure follow up on the intervention program.
4. Most importantly, make them enjoy their child.

The work with the child will be complete only with professionally working with the parent, family and thus the community.

A total of 34 students between the ages of 5 - 25years have been enrolled this year.

FAMILY BASED REHABILITATION


Celebrating
thirty five years
of Inclusion!

T
E
C
H
N
I
C
A
L



Children learning through play



FAMILY BASED REHABILITATION



T
E
C
H
N
I
C
A
L

Out of these, 27 children between 6 –10 years got intervention for the first time. Earlier they were having therapy; our program taught the parents a more holistic approach. Home visits were done. Appropriate aids and adaptations were provided according to individual needs.

Some stories from outside Chennai

- A family with a 10 yr old boy hailing from Srilanka stayed with us as part of Home Management for a week.
- A family from Bangalore with a 12 yr old boy, with no previous intervention stayed with Home management for two weeks. Now he is studying at a special school in Hosur.
- A family with 4 year old child from Bangladesh visited and stayed with us for a week for programme planning. After which, with the help of professionals we referred them to a centre in Dhaka and Chittagong closer to their village. The family is in constant touch with us over phone.

OUT STATION PROGRAMME

Since we have many families from different parts of Tamil Nadu and other states especially from the Andaman Islands and Northeast we have a 3 day rapid intervention program 3 times a year in Vidya Sagar. In this we do assessments, workout the individualized therapy and education plan and we train the family on the plan. This year the outstation program was also conducted outside Chennai in Kottayam and Paramakudi. At Dindigul and Mayavaram we did a follow up as we had done an OSP there last year.

No of families reached: 177

WORKSHOPS, OUTSTATION TRIPS AND OTHER ACTIVITIES

We supported the following interns

- Speech interns: 70
- Physiotherapy interns: 67
- B.Ed. and Social worker interns: 40. (The Spastics Society of India, Chennai)
- Regular volunteers: 12

Families bonding during Mysuru trip



T
E
C
H
N
I
C
A
L



FAMILY BASED REHABILITATION

T
E
C
H
N
I
C
A
L

Parents workshop : There were 6 workshops conducted throughout the year from time to time. They covered the following topics: managing disability, management of seizure, general health, hygiene during puberty, health and fitness by yoga master, stress management and effects of medicines in psychiatric treatment.

Dr. Kalaivani has done a workshop for parents about 'Hygiene during Puberty'.

Students of FBR participated in competition in Art conducted by Colleges, Schools.

A staff member attended the following:

- At the office of the Disability Commissioner a meeting on inclusion of children into mainstream schools.
- National Trust meeting organized by the SNAC at Madurai.

For Kodaikanal centre, kanchi maavu was purchased from Darshan, a self help group of Vidya Sagar.

Parent's workshop on occupational therapy, low vision and Autism Spectrum Disorder was conducted at Kodaikanal. Two children were included in a main stream school.

We had creative movement sessions with support from Preetha Ramasubramanian.

Trips

- Thiruvanmiyur beach
- Copper kitchen restaurant
- Nilgiris super market shopping
- Theosophical society
- Shivan park
- Chetpet ecopark
- Saravana stores shopping

Before going for outings we orient our students about the place, what to observe and how to behave. We also use the communication device of each child.

FAMILY BASED REHABILITATION



Mysore trip with 104 members including parents & children of 2 EI centre's & Home Management was arranged for 2days. Mysore trip gave confidence to parents to take their children on out station trips.

Tambaram children visited the nearby mainstream school and did joint activities.

Awareness campaigns

- On Aug 15th 2019, we created awareness on EI through play activities. We invited 40 Pediatricians as part of their Continuing Medical Education.
- Doctors meet conducted for the 2nd time in October 2019 has increased referrals and shown willingness among doctors to work with us. Demo about learning through play prior to meet helped to create awareness.
- Activity corners such as music, art & craft, reading, games set up during outstation programme created awareness for parents and persons with disability who came from various districts of Tamil Nadu.

Doctor visits

- Dr.Poorna Shankar – Volunteer Nutritionist visited our centre regularly once a week, and supervised diet for our children.
- Doctor Vasumathy of Radhathri Nethralaya started sending 2 Optometrists to our school once a week & also went to Thogamalai for a week (As part of our CBR programme, this started from November 2019)
- Doctor Pushparani from Vellore is in constant touch with us, getting inputs about learning through play calendar; clarifying her doubts through phone regularly.



T
E
C
H
N
I
C
A
L

COMMUNITY BASED REHABILITATION



T
E
C
H
N
I
C
A
L

Ellarum Ellamum



Samagra Shiksha

COMMUNITY BASED REHABILITATION



The CBR program fulfills Vidya Sagar's mission of reaching out to rural and slum communities where services are unavailable for persons with disabilities.

Aim: To create inclusive communities which can cater to the needs of persons with disabilities

To set up a sustainable system, we partner with local development or disability organizations to deliver services.

WHAT WE DO:

- ▶ Trains grass root workers and community volunteers to be equipped with trans-disciplinary skills to engage with persons with disabilities across the lifespan.
- ▶ Works collaboratively with all stakeholders - persons with disabilities, families, local leaders, government service providers and other NGOs working in the area.
- ▶ Facilitates the creation of Self Help Groups with people with disabilities to empower them to advocate for their rights and needs and double up as a support group.
- ▶ Creates resource centres in communities with focus on early intervention.

We are currently working in:

1. Thiruvallur (21 Panchayats)
2. Karur (20 Panchayats)
3. Virudhunagar (20 Panchayats) districts of Tamil Nadu
4. 2 urban slums in Chennai



Community Based Rehabilitation

T
E
C
H
N
I
C
A
L

COMMUNITY BASED REHABILITATION



T
E
C
H
N
I
C
A
L



Glimpse of CBR activities



COMMUNITY BASED REHABILITATION



T
E
C
H
N
I
C
A
L

OUR REACH:

We cater to the needs of over 2000 people with disabilities

We are working across the domains of health, education, livelihood, empowerment and social inclusion; we constantly try to bridge the gap between people's needs and action.

IMPACT AND REACH

CBR workers on the field	14
Resource persons in the community	73
PwDs availing home based services	278
Facilitation to entitlements	437
Linked to open employment	2
Attended skill trainings and part of livelihood initiatives	81
Self-help groups	65
Children with disabilities supported in ICDS centers and schools	73
People in the community reached through awareness programme	450
PwDs received Covid – 19 relief material	760

KEY HIGHLIGHTS

Partnership with Samagra Shiksha – Project Ellarum Ellamum

Through our engagement with communities in 61 panchayats over the last three years, one of the biggest gaps and challenges we identified and faced has been in the inclusion of children with disabilities in schools and ICDS centers (Integrated Child Development Services). We realized the need for a solid partnership with the government service provider.

COMMUNITY BASED REHABILITATION



T
E
C
H
N
I
C
A
L



Capacity Building

COMMUNITY BASED REHABILITATION



T
E
C
H
N
I
C
A
L

Children with disabilities have been excluded from the general education system in spite of the Right of Children to Free and Compulsory Education Act. The white paper on Home Based Education which Vidya Sagar and Equals brought out based on a survey of parents and children with children with disabilities in the home based program exposed the lack of regular intervention and minimum quality. This is something we want to address together with the SS and take efforts to change.

After months of talks and deliberation with Directorate of School education, Samagra Shiksha and the inclusive education teams, we have signed the MoU starting October 2019 for a three-year project titled '**Ellarum Ellamum**' with the following objectives:

- To increase participation of children with disabilities in mainstream schools using strategies of universal design in teaching and learning
- To enable all stakeholders involved in the education and empowerment of children with disabilities with appropriate awareness, knowledge and skills for meaningful inclusion and outcomes.
- To promote inclusion for children with disabilities in the home-based programmes at schools and community

Developing a Referral Guide

We have developed a Referral Guide - district wise (Karur, Virudhunagar, Chennai and Thiruvallur) collating various entitlements, services and supports available for people with disabilities or mental illness and the requirements and process involved to avail it.

We have also added other relevant government entitlements for all people in the community like old age pension, widow pension, health insurance, Ration card, Nativity certificate, etc. The resource persons and community workers have a copy of it which acts as a guide to help person with disabilities and others in the community.

Inclusive Camp

Every month from November the 'Inclusive Children's Camp' was scheduled to take place on two Saturdays. Since there was a delay in meeting with the district officials and half-yearly examination, the camp kick started from January 2020.

COMMUNITY BASED REHABILITATION

Celebrating
thirty five years
of Inclusion!

T
E
C
H
N
I
C
A
L



Inclusive camp



COMMUNITY BASED REHABILITATION



We work with grade 6 students and about 6+ disabled children / adults who are part of the inclusive camp. The objective of this sustained programme is to bring to children the world of art and creativity that is inaccessible to them. And through this process, we plan to raise awareness of significant issues in the community, to make them critical thinkers, problem solvers, and compassionate human beings.

We began the first day with an inclusive story-telling session followed by a creative painting. In order to build a base among the children on the need for an inclusive camp, we narrated a story about inclusion-"Chuskit goes to school". At the end of the story many children were able to relate themselves to the incidents that are narrated in the story. They were able to connect with the children with disabilities who were part of the camp. By the end of the day, the optimistic mindset towards the children with disabilities was the first visible change that happened among other children due to inclusive camp, which gave everyone the ability to learn, discuss/share opinions and explore the possibility. Creative art is the visual representation of children's understanding of inclusion. In each group, they were divided into five members with one child with disabilities.

It was a great opportunity for the students and to the children with disabilities to create/represent their views together. Each group was asked to select a chit, and each chit had topics related to inclusion such as inclusive park, inclusive classroom, inclusive school, water conservation and sanitation facilities in their area. Each group came up with many creative ideas. This team work promoted opportunities for equal participation, collaboration, turn taking, acceptance of others ideas/views, using a communication chart for communicating with a non-verbal child, and planning an activity and procedures involved in execution. They also finally presented their team-work to the larger group. This first day of inclusive activity has created a greater impact for both students and children with disabilities. It was evident that the inclusion took place organically within the group.

In the next two camps, the group was introduced to activities such as Origami and creating products using old newspapers. The group was very energetic in working together and exploring with children with disabilities. Children with disabilities who participated in all of these sessions have acquired new skills and got more scope for socializing and making new friends. The students came forward and learnt the techniques of positioning a person in the wheelchair, transferring from wheelchair to the benches and using the communication chart.

T
E
C
H
N
I
C
A
L

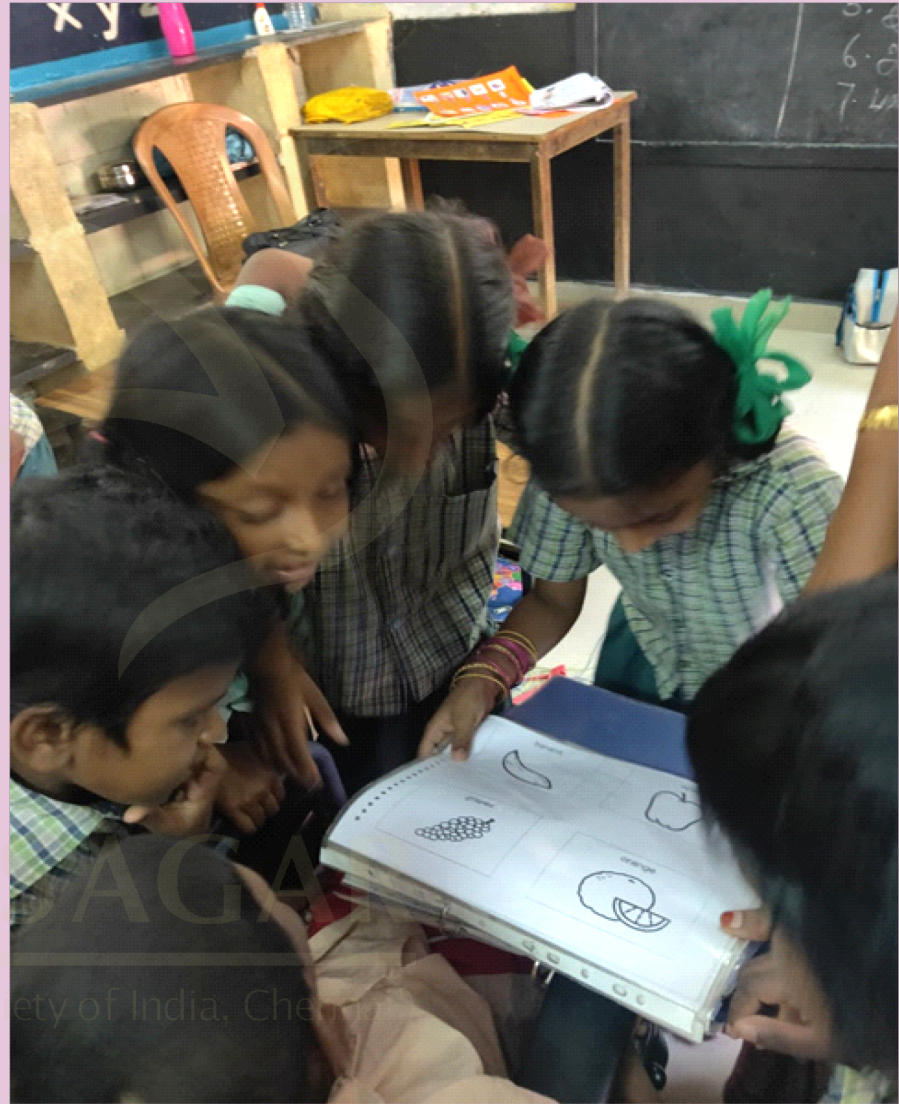
COMMUNITY BASED REHABILITATION



T
E
C
H
N
I
C
A
L



Fostering inclusive activities in Government schools



COMMUNITY BASED REHABILITATION



T
E
C
H
N
I
C
A
L

Including Home Based children into classroom

The placement of two children from home-based education to nearby Corporate Primary School was a great achievement. Assessment and program planning were done collaboratively with the special educator from Samagra Shiksha, Parent, Community worker, Vidya Sagar resource person and class teacher. The objectives were set and explained to the class teacher. Our therapist has demonstrated an inclusive therapy session, including all children in the classroom; even peers have been guided by the use of the communication chart and have facilitated the use of the chart during communication with children with disabilities. Class teacher was oriented in conducting an inclusive teaching methodology and evaluation method. The community worker and VS resource team support the teacher by providing the appropriate TLM and with regular follow up follow ups.

Increased advocacy efforts by the community

After the set of resource person trainings for this half, a joint action plan was made with them to advocate more for the rights of people with disabilities and other issues in the community. Several plans like forming theatre groups to increase awareness in each panchayat, participating in community meetings, displaying awareness materials in public places, etc were discussed.

Almost all resource persons participated in the Grama Sabha meeting which takes place on October 2nd every year. The banner of the Rights of Persons with disabilities Act, 2016 which is part of the resource person's kit was displayed at all the meetings and spoken about. Issues like the absence of an accessible ICDS centre for over 20 children in a panchayat In Karur district, request for a government space in all panchayats to run a resource centre were presented.

Gave request letter to the Panchayat leader for a separate, accessible building with accessible toilet in the community for which the panchayats leader has approved and allocated the space

COMMUNITY BASED REHABILITATION



T
E
C
H
N
I
C
A
L



Resource Room for Persons with Disabilities



Boccia Training

Livelihood opportunities

Krishi Vigyan Kendra, TNAU gave training on livestock maintenance and masala making for 67 persons with disabilities and caregivers. The person who attended the training has good knowledge about both the livelihood opportunities. Our community workers facilitated 50 chicks and cage for 10 people with disability as the next immediate step of training. Two persons with disabilities were part of the TN-EXPO project, as tour guide for TARA.

Three new livelihood/ skill building resource centres have started functioning in three areas – two in Villivakkam and one in Basin Bridge. Groups of adults with disabilities meet here thrice a week for half a day and are working on exploring vocational options and building hand skills required for the same. These adults have all been at home, not engaging much in activities at home and in the community all this while. The functioning of these centres has opened possibilities for income generation, social interaction and a reason to get out of their homes. One of the units in Villivakkam is a handmade paper production unit. Our team was trained in the process from Auroville Papers and we have replicated a very small set up. With sustained training and monitoring, we see the scope for this becoming a viable livelihood. Block printing and candle making is being explored in the other units.

The group delivered 375 notepads to Michelin for a training programme. This helped us in getting more orders from Michelin this year. Also, put up a stall at Michelin office. In the month of December the group successfully completed an order of 770 customized notebooks. The group was motivated and they came to the unit for 15 days to complete the order.

COMMUNITY BASED REHABILITATION



Ishwar Natarajan Boccia Tournament won by Oasis - CBR slum project

Boccia Training

Boccia training camps were held across all projects. We made it a point to ensure inclusion of children and adults with multiple disabilities as they are most cut off from leisure, play and social interaction. Seven teams have been formed and were set to participate in the tournament, which was hosted by Vidya Sagar.

We have sourced two Boccia ball kits for regular practice sessions which will move from project to project. All participants expressed so much joy to be able to participate and play a sport competitively. Many parents also participated and were thrilled to see possibility that their children could play and that they could travel to another place to play a tournament. The team from OASIS won the trophy. It was a great experience for all the participants and to their parents.

Resource Room for Persons with Disabilities

Soolaimeni SHG leader and members submitted the request letter to Panchayats Leader for a separate resource room in the panchayat. This resource room will be used by persons with disabilities for regular meetings and rehabilitation purpose. The panchayat leader immediately allocated the land for the building and also agreed to build an accessible building. Mr. Livingston, Vasantham Federation facilitated in writing the petition and agreed to discuss about the funding to the district collector.



DAY CENTRE

T
E
C
H
N
I
C
A
L



Day Centre

The Day center gives quality education to 150 students. It is also a demonstration unit or practical training site for our teacher trainees, therapy interns and community workers. Visitors to the center and parents from our family based and community based programmes also get an insight on the interventions practised for children with intellectual and developmental disabilities.

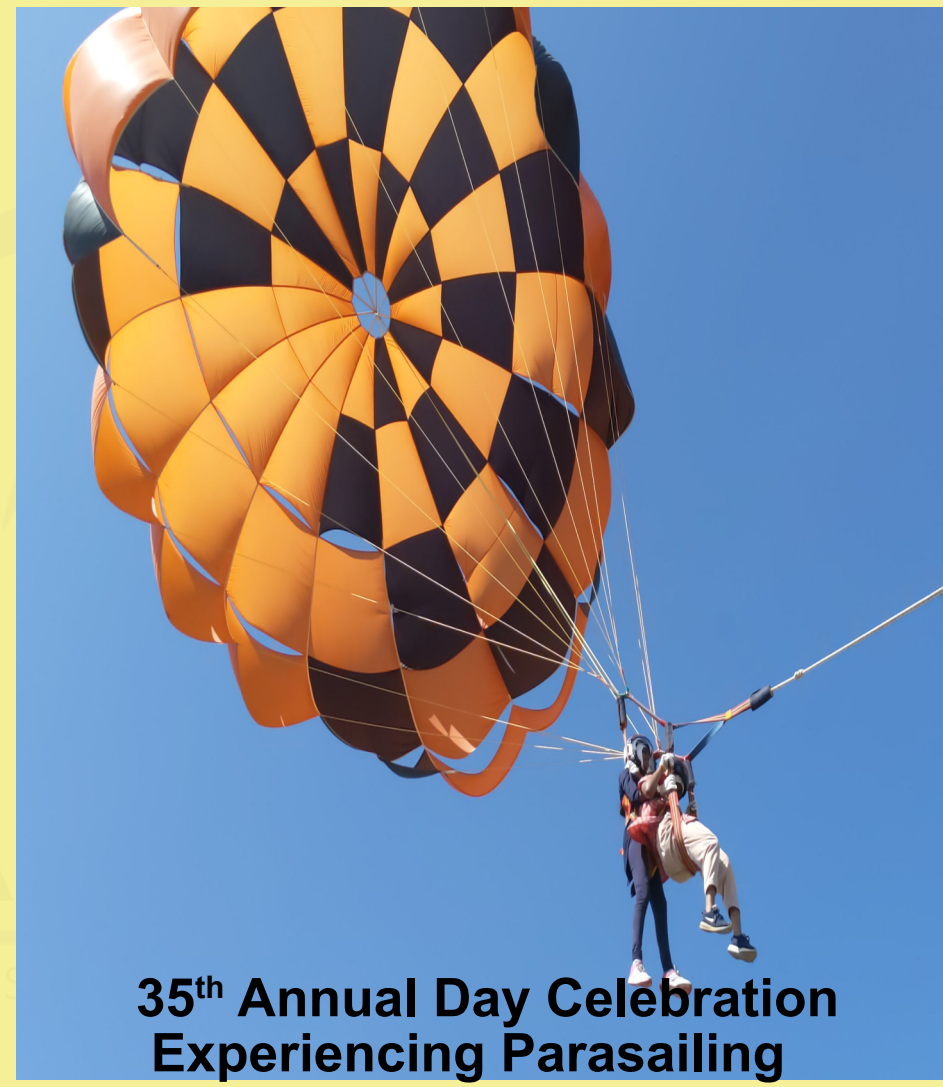
The Day Center functions as a school for students between the age of 6 to 20 years. The students get education, physio, occupational and speech and communication therapy. They also learn computer skills, art and craft and have access to several sports. They also take part in mainstream symposiums, competitions and events. Equal importance is given to curricular and extracurricular activities. Each student is unique and the individualised plan for each one, is made after extensive discussions by the multidisciplinary team and the parents.

This academic year we had 104 students, divided into junior school with 3 classes, middle school with 4 classes and high school with 4 classes. The students in the junior school follow a graded curricula, while the middle and high schools have both academics and functional literacy. Curricula and activities are carefully chosen, to give adequate opportunities for students to have robust life skills.

The transition curriculum which covers skills needed for adult life is for all. So we are constantly in search of resources which would give our students wide and varied experiences. This year we had the maximum number of external resources -



Independence Day Celebration



35th Annual Day Celebration
Experiencing Parasailing



DAY CENTRE

T
E
C
H
N
I
C
A
L

1. Parkour Training - focus on gross motor activities.
2. Mr. Vijay and his team from YMCA came twice a week to develop the athletic skills of the students.
3. For the last four years we have been developing our Basketball team. Mrs. Venkateshwari and Mr Sridhar train twice a week in the professional court at AMM school, which is in our neighbourhood.
4. We realized that some of our students would benefit from an accelerated reading program to prepare them for mainstream education. Mrs.Charanya Kannan, a special educator has been invited to carry out the program twice a week . The results are a clear indication that given proper inputs our students would be on par with any other child of the same age.
5. Movement and expression are essential to the students holistic growth. Nisha Theater group is our partner to create activities for free expression.
6. Mrs. Srinidhi and Mrs. Preethi who have good experience in counselling school going children, come in once a week.

Each student's educational plan is discussed in detail by the team. Parents, teachers, therapists, mentors spend considerable time in discussing the goals and strategies for enhanced learning. The aids and adaptations needed for each student is selected and procured. The home adaptations are included so that the student can do activities independently.

The Junior school has 30 students and follows Samcheer Kalvi (grade 2 to 5). The graded academics is taught in English and when needed Tamil is used too. Activity based and experiential learning is encouraged. The classes are always doing some activity, like growing plants or exploring sea life or understanding nature.

Students of Junior school get four sessions of physiotherapy, three sessions of occupational therapy and five sessions of speech, language and communication a week. Equal importance is given to activities of daily living. They also have special story telling sessions, movement therapy and music. We do periodical home visits and have regular parent meetings to understand the needs. The students also had a special club time to explore hobbies.



Celebrating Yoga Day

DAY CENTRE



T
E
C
H
N
I
C
A
L

The Middle school has both academics and functional literacy weaved into a transition curricula. The students pursuing academics are doing grade 6. These students would be taking the school leaving exams of the National Institute of Open school. A lot of planning goes into visiting heritage sites around the city, science labs, scientific events so that the students can make an informed choice for selecting subjects for grade 10.

The students in the pre vocational stream do functional literacy. Experiential learning, work habits, organizing skills, are focussed on. Block printing and lamination are taught, along with craft work. Activities of daily living is also an important area. Students needing medical interventions were given support both financially and emotionally.

The High school had more academic classes this year. 20 students are finishing the grade 10, 12 in Tamil medium and 8 in English medium, 5 are taking the grade 12 exams. Some of the students are also dropouts from the government schools after grade 8.

The vocational activities were running a canteen, back office skills, flower arrangements and tie and dye.

They participated in the prestigious symposium at Krishnamurti Foundation. The students did a research project on river Adyar. They stood for elections as house captains and vice captains. They had a good manifesto and competed with each other.

The Interact Club run by the high school took upon itself to clean up the neighbourhood. They conducted workshops for parents and staff on waste segregation.

We held workshops for parents, the topics included creative communication, adolescent behaviour management. Our team of doctors gave a talk on the importance of taking care of oneself and first aid. The parents were invited to observe different sessions of their child and to prioritise the goals to be worked on.

For teachers capacity building they attended the following:

1. Maths Workshop - at Vedavalli School, Walajahpet.
2. Two teachers attended the National Seminar on "Psychological Disorders among School children".



Childrens Day Celebration

Innaguration of Skill Training Unit



T
E
C
H
N
I
C
A
L

DAY CENTRE



T
E
C
H
N
I
C
A
L

3. We also had an interesting workshop on Person Centered Planning. All the teachers participated and drew up a PATH for Day Center. It gave an ownership to all the staff.

4. The teachers also have to choose to support either the family based rehabilitation or community based rehabilitation program. They may do this for one morning a week or go for an overnight trip once a month.

Day center organises and participates in a number of events throughout the year. Over the years we find the events are a huge treasure for learning opportunities.

1. Our High school students participated in a World Environment Day event conducted by AMM School. They had exposure through workshops to many environmental dangers and what we can do to save the planet.

2. As usual Independence Day was celebrated with pomp .Our NCC cadets put on an impressive March Past with flag hoisting and a small cultural program.

3. In the second term the middle school students participated in Anjali-Children's festival at Orissa. They had five fun filled exciting days, with many events ranging from art to theater. The group has fabulous memories for life.

4. At Vidya Sagar, we celebrate Children's Day with a carnival. It is a day full of fun and frolic. Innovative games are designed by the staff. There is also an exciting pony ride and a toy train ride. Delicious food counters add to the excitement.

5. The much looked forward bi - annual event "The Project Day" was held in November. The students select a topic and work on it throughout the year and it culminates as Project Day. Here they display their knowledge gained in the form of experiments and reports. The topic chosen was Save our Friend - Our Environment. The students guided by staff made numerous field visits to understand the danger of pollution. They also met environmentalists, attended workshops to increase their knowledge about the root causes of dangers to the environment and came up with many solutions. All these were showcased as experiments, graphic reports on Project Day. Many mainstream schools sent their students to visit the stalls.



S
P
O
R
T
S

D
A
Y

T
E
C
H
N
I
C
A
L



DAY CENTRE

T
E
C
H
N
I
C
A
L

6. On World Disability Day our students participated in the four year long advocacy, for making our city beaches accessible to wheelchair users. This time too the students went in groups to the beach, creating awareness about access in the minds of the general public. A struggle which we hope sees positive results in the near future.

7. We ended the term with a gala Christmas party with students performing small skits. Dance and music was part of the jamboree.

8. Vidya Sagar focuses on changing attitudes of all in the campaign for inclusion. We started working with neighbourhood schools and children from the Primary sections of AMM school visited the Day Center. We planned out activities to foster friendship. These visits made the students understand and accept differences.

9. Our Annual Sports Day was held in the third term . This year was unique as we adapted all the Paralympics games to match the abilities of our students. Every game was made accessible and modified so that all students could participate. The Sports Day was held at Madras School Of Economics and chief guest was JD Madan, ex - motorcar racer and leading member of Disability Rights Alliance. Sports day was well appreciated by one and all.

Day center never lets go of any opportunity to make the students become part of mainstream events. A peep at the wide earning opportunities throughout the year

1. High school students participated in the Scouts and Guides Annual Camp held at AMM School.
2. High school students participated in the Competition - Talentia 2020 held at NKT College.
3. Students attended the Ability Foundation's Film festival.
4. Wetland climate change workshop for student- High school by Vetter collection.
5. 10th grade students attended the KFI Symposium and presented their research - Story of Water.
6. Vishvak Kannan - G - IZ company conducted a workshop for our students on Biodiversity.
7. High school students attended the Sarang Festival at IIT.
8. High school students audited the sensory park at Santhome to understand about access.



E
V
E
N
T
S

T
E
C
H
N
I
C
A
L



DAY CENTRE

T E C H N I C A L

9. Students visited accessible home model house set up at TN Expo at the Island ground exhibition by Vidya Sagar, as a part of awareness about independent living.

10. Students participated in Boccia tournaments - by Ektha and Ishwar Natarajan Boccia Tournament.

We are proud of every student, every little smile, hug makes the team beam with pride. There are some extra special moments which makes the team fly high. Some of the moments are -

1. Interact club students started focusing on social activities, creating awareness on waste management and other concerning issues and our Kotturpuram neighbours have recognised and added them in SWACHH KOTTURPURAM .They made a presentation to Rotarians about the funds needed for the library project in Chita Nagar.

2. High school students - Vishwa and Kavya, both AAC users, won 3rd place in Quizabled competition .

3. High school student Yuvaraj was selected for Nationals and attended training for floor ball at Special Olympics Bharat Training in Himachal Pradesh. He was accompanied by our sports master Hari Krishna.

4. We made it this year, we started a students Newsletter. With help from DLU member Ms. Anjana and our staff Abida and Nithya collected, compiled and published it from the month of November.



P
R
O
J
E
C
T
D
A
Y

T
E
C
H
N
I
C
A
L



DAY CENTRE

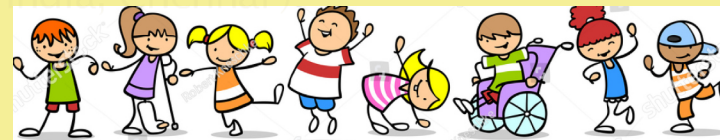
T
E
C
H
N
I
C
A
L

This year towards the end of the academic year the coronavirus pandemic hit the country. All our plans went haywire. The school was closed down due to lockdown. The staff supported parents during this time.

We provided activity videos, arranged medicines and coordinated with doctors, organized hospital visits, Transferred money to the families needing that support.

The physiotherapist and occupational therapist gave inputs on physical and sensory needs, which could be practiced at home. The teachers and social worker were constantly in touch with parents. The Principal shared her number with all parents and was able to give them the emotional support needed.

VIDYA SAGAR
(Formerly The Spastics Society of India - Chennai)





T
E
C
H
N
I
C
A
L

PRODUCTION & VOCATIONAL CENTRE



T
E
C
H
N
I
C
A
L



(Formerly The Spastics Society of India, Chennai)

PRODUCTION & VOCATIONAL CENTRE



T
E
C
H
N
I
C
A
L

ADULT PROGRAMME

The Employment Education Center was set up in 1996, to train in prevocational and vocational skills. For young adults to be able to take up a livelihood or to become an entrepreneur or to be part of a self help group or neighbourhood initiative for economic independence.

On the 21st of June, 2019 the Employment Education Centre earned its new title as 'Production and Vocational Centre (PVC)'. The purpose of the program is to make adults earn and live independently.

- We train on:
- Vocational Skills
- Self-help skills
- Recreation Skills
- Independent travel

Our 5 major segments include

- Weaving
- Cloth ware
- Paper production & products
- Leaf ware
- Arts and crafts

OUR WORK

At the production unit, a certain quantity is produced in each segment keeping in mind product quality as primary focus. The programme helps train on the job by teaching various skills such as time management, decision making skill, problem solving skill, organisational skills, work behavior, eye-hand coordination, handling money, importance of savings, etc.



Production & Vocational Centre

VIDYA SAGAR

PRODUCTION & VOCATIONAL CENTRE



T
E
C
H
N
I
C
A
L



Leaf ware

Weaving



PRODUCTION & VOCATIONAL CENTRE



As part of therapy students were enrolled adults in;

- Yoga
- Counseling
- Self-care
- Sports activities

We maintain a stock inventory. We ensure reasonable accommodations are provided to help complete the task.

STUDENTS	Numbers
Producers	24
Trainees L - I	24
Trainees L - II	22
On internship	4
Volunteers and caregivers	

ACHIEVEMENTS & WOW MOMENTS

1. Vidya Sagar conducted a two day mela to sell products made by students at PVC in which 21 NGO's participated, it brought in good sales.
2. Stipend was provided to the producers and trainees to motivate them to work.
3. We promote our products for sale at Poomphuar showrooms (Anna Salai & Airport showroom)
4. Students started signing the attendance themselves.
5. Parents and volunteers are supporting with marketing.
6. The most fun moment was paragliding conducted on the 35th anniversary of Vidya Sagar.

T
E
C
H
N
I
C
A
L

PRODUCTION & VOCATIONAL CENTRE

35
Celebrating
thirty five years
of Inclusion!

**T
E
C
H
N
I
C
A
L**



Grooming...



Leisure...

PRODUCTION & VOCATIONAL CENTRE



CAMPS

1. Communication - Our communication team assessed and updated the appropriate communication chart for adults. Currently working on work related communication charts and visual boards.
2. Vision camp - An Optometrist visited, assessed the students vision, referred ones with some issues to the hospital for tests.

OUTCOMES

We designed a catalogue.

Around 50 different products were produced this year.

STALLS AND ORDERS

We put up 10 stalls along with successfully completing 29 orders.

EVENTS

- Anjali project - Sugan and Kathiravan with our staff member Bala attended this Annual project at Bhuvaneshwar, along with other students from the day center.
- Staff capacity building – Staff members Amrith & Bala along with the CBR team went to Pondicherry to train in handmade paper production.
- CPB Iphone photo camp - Prem and Sugan participated
- Person centered planning workshop - was conducted in partnership with Keystone India and was attended by staff members Mangala and Amrith.

T
E
C
H
N
I
C
A
L

PRODUCTION & VOCATIONAL CENTRE



T
E
C
H
N
I
C
A
L

Mela

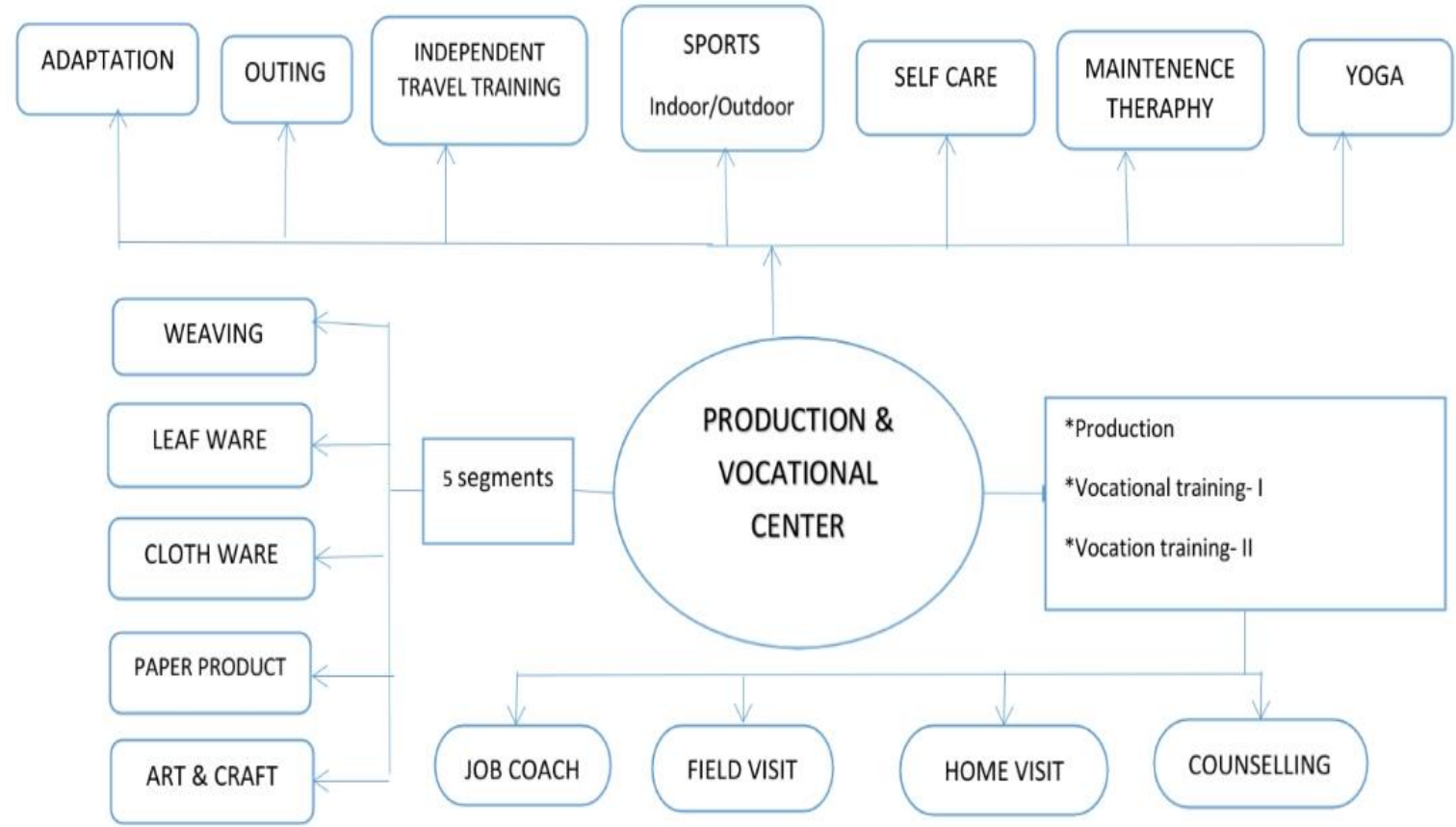


(Formerly 'The Vidya Sagar School for the Blind', Chennai)

PRODUCTION & VOCATIONAL CENTRE



TECHNICAL



INCLUSION



T
E
C
H
N
I
C
A
L



Inclusion

Schools are offered support services from Vidya Sagar for ensuring Inclusion in a main stream school.

The following schools were supported in the year 2019-2020 at Chennai

- Mont fort Mat.Hr.Sec.School - St.Thomas Mount
- Learning Tree - Venkateswara Nagar, Adyar
- Ranga Primary school - Choolaimedu
- Govt. High School - Mugalivakkam
- Government Hr.Sec.school - Arumbakkam`
- Chennai High school - Kottur

A weekly visit is made to all private schools. We visit Government school of Mugalivakkam and Arumbakkam once a term. Also regular therapy, assessment and communication assessment is offered in Vidya Sagar twice a year for the Government school students.

Some examples of support offered

- Sanjay Muthukumar, a 12th grade student needed specific scribe for appearing for his board exam this year. We worked hand in hand with the parent who visited the medical board for getting the certificate of exemption; with the doctor's help we received a certificate to get a known scribe to write the exams.
- Yuvaneswaran (wheelchair user, verbal, cerebral palsy) a commerce student in his 11th grade at Government school at Mugalivakkam moved his board exam to private school nearby. Though he didn't need a language exemption his requirement included a separate room with toilet facility where he was writing his exam with the help of a scribe. The parent and VS staff jointly talked to the officials at the new school; finally the Headmistress room was allotted as requested.
- On assessing Mathew, a 2nd grade we realized he needed lots of emotional support. During this time two of our B.Ed students got internship at Montfort school. They helped Mathew for two months through lots of sports activities, social story etc., which increased his confidence level and communication level. At present he is more social and has a shadow teacher. For his half yearly exams he verbally answered all questions and completed the exam. Now he has joined basketball and other sports activities after school hours. We also supported her mother during this time period.

Mainstream Students Visit



T
E
C
H
N
I
C
A
L

INCLUSION



T
E
C
H
N
I
C
A
L

- Aradhana doing her 4th standard at Montfort school won district level prizes in the Archery competition.
- Nitin Jerome, 4th standard won first prize in Tamil Elocution in the Inter-school competition.
- Nithyasri Renu, got her low vision functional assessment done, her regular use of magnifying glass while sitting in the front row has improved her vision.
- The following student wrote their exams by themselves with supervision to control their distraction (All Mont fort school) - Aradhana, Nithin Jerome, Joseph, Nithyasri Renu.
- Outside Scribe was provided to Hariprasad, Cheziyan and David for supervision and for Abinaya, Narensai for them to write the answers.
- Shadow teachers training was done by Montfort school for their teachers. We lectured on seizure management, medications, class room handling for them.
- We have supported children at Learning Tree, Ranga high school and Chennai high school.



(Formerly 'The Spastics Society of India, Chennai')

Social Inclusion



T
E
C
H
N
I
C
A
L

PHYSIOTHERAPY DEPARTMENT

Celebrating
thirty five years
of Inclusion!

S
U
P
P
O
R
T
I
N
G

D
E
P
T



PHYSIOTHERAPY DEPARTMENT

The Physiotherapy Department catered to the therapy needs of 85 students from Day Center and adult units, and 5 staff for maintenance therapy under reasonable accommodation. There were 11 therapists in the beginning of the academic year, one quit by the end of the first term and we continued as a team of 10 members.

We do functional and physical assessments, looking at posture needs, mobility needs, everyday functional needs, self help needs and leisure. We assess participation level in school, home and community as well. Goals are planned in consultation with the student, her family and teachers on the priorities and we work towards these throughout the year. We give suggestions and provide the adaptation or equipment required for the drafted goal.

In regards to posture, we provided adapted furniture for school as well as home for those who required it. These include devices like prone board, bolsters, standing frames, chairs, and posture support wheelchairs. For mobility, wheelchairs, walkers and rollators were provided. Orthotic aids, van seats for travel, neck collars, chest support belts for posture support, elbow and knee supports for therapy were given to students for school as well as home purpose.

(Formerly 'The Spastics Society of India, Chennai')



Physiotherapy



S
U
P
P
O
R
T
I
N
G

D
E
P
T





PHYSIOTHERAPY DEPARTMENT

Mobility devices are purchased in consultation with the family, we show the different models available and explain the advantages and disadvantages of each product. Parents' need for portability and durability is considered. In case of orthotic aids, the parent and therapist accompanies the child to the orthotic center to give measurements and decide on the splint that is appropriate for the student. We give brief training to the family on usage of these mobility devices as well as orthotic aid.

In a session, a student gets 45 minutes of individual therapy which includes various activities leading towards achieving the pre-planned goals. Some relevant activities are given to the class teachers to follow up in the classes. All students have custom made seating aids in class which enhances the effect of therapy done. Many students get change of position in class from wheelchair to a chair, stool, prone board, standing frame, bean bag, or bed as suggested by the therapist.

We use various equipment like bolsters, benches, tilt tables for standing, standing frames, balance boards, swiss balls, peanut balls, treadmill, twister, static cycle, bolster press, quadriceps table and so on to improve muscle strength, static and dynamic balance, coordination and motor control.

Trainings

1. Students from Saveetha college of Physiotherapy come to the department for their pediatric internship. We had 80 students this year divided into groups of five for two weeks each.
2. We had 4 interns from Singapore for two weeks in June-July who study multidisciplinary rehabilitation course.
3. We also had visitors from CBR projects, Timbaktu Collective, Caregivers training.
4. Therapists supported different community based programs and gave hands on training.

Capacity building

1. Mr. Jefferson attended a symposium on EXPLORING BRAIN in January 2020.
2. Ms. Simy participated in the International Visitors Leadership Program organized by the US Consulate, fully funded by the Bureau of Educational and Cultural Affairs, USA

The topic was "Disability Rights- Access for All". This was a 21 day exchange program visiting different Government and Non Government Organisations in 4 states of the US, including Washington DC, Florida, Boston and Denver. As part of the program she visited some Independent Living Units, Adventure Sports for persons with Disabilities, Para Olympic training center and Assistive Technology Units.

Some Wow Moments

Hariharan, 14 years old with tactile hypersensitivity started propelling wheelchair by himself.

Ramya, 17 years old started moving on power wheelchair for short distance.

Saanvi, 8 years old takes 10 steps independently on rollator under supervision.

Sai Reshma, walks from class till school gate on rollator with assistance every evening.



PHYSIOTHERAPY DEPARTMENT



SUPPORTING DEPT

PHYSIOTHERAPY DEPARTMENT 2019-2020 IN A NUT SHELL						
	No of students for PT	Wheelchair users	Self propelled	Supported Walkers	Mobile	
Junior School	21	12	1	10	3	
Middle School	26	19	4	4	4	
High School	11	9	5	0	2	
Adult Program	25	20	7	2	4	
FBR	2	2	1 power w/c			
Staff	5	5	5 power w/c			
TOTAL	90	67	23	16	13	

Number of items issued	
Orthotic Aids	12
Wheel chairs	36
Furniture	26
Other adaptations (sports, communication, ADLs)	45



OCCUPATIONAL THERAPY DEPARTMENT



Occupational therapy

The department of Occupational therapy caters to a wide range of needs of people with disability across the ages and across the departments at Vidya Sagar.

The department takes individual therapy and group sessions for Sensory integration for students under autism spectrum disorder .Equal focus is on eye hand coordination and fine motor activities for developing skills for daily living activities for students with multiple disabilities. Apart from this classroom modification for sensory needs, adapted hand activities and addressing the feeding difficulties and giving strategies for the same to the special educators and parents too constitute a major part of work.

Hands on short duration workshop on feeding difficulties and its solution was carried out for early intervention and home management parents, which was received well by the stakeholders.

Planning and procurement of splints and sensory material for students was executed.

The department held a workshop for parents of CSI rehab Kodaikanal center along with assessment of new children and review of old students which was appreciated by all.

We were invited by Balavihar, a prestigious institute in Chennai, as resource persons for a workshop on Assistive Technology for Independent Living.

An interactive workshop on hand skills and adaptations with demonstration was provided to the visitors from other centers (community workers from Timbuktu and Principal from Intact School).

The department played a major role in creating the resource room at Vidya Sagar for the adaptation for independent living. OT takes pride in explaining these adaptations to esteemed visitors like Director, NIPMED director and to other funders.

OCCUPATIONAL THERAPY DEPARTMENT



SUPPORTING DEPT



OCCUPATIONAL THERAPY DEPARTMENT



S
U
P
P
O
R
T
I
N
G
D
E
P
T

This year we were able to take sessions on ADL activities in the classroom by an add-on teacher under the guidance of OT. This helped the students to achieve independence in certain areas of activities of daily living.

We planned and procured Oro-motor sensory and hand skills activities and trained the parents on it and gave it for home use.

We did home visits along with the class teachers and this was very helpful to parents as strategies and adaptations were explained on the spot.

The department stepped in during COVID - 19 lock down and made videos of activities for students to perform at home. This was a great relief to parents and was well appreciated by parents.



OCCUPATIONAL THERAPY DEPARTMENT



S
U
P
P
O
R
T
I
N
G

D
E
P
T



Our Team



VI
(Formerly

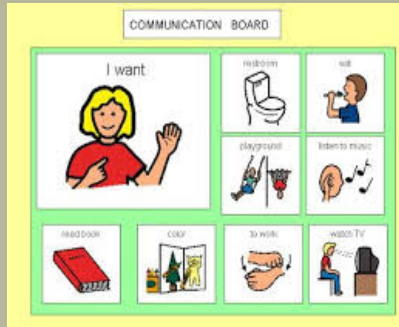


AR
(Chennai)

SPEECH, LANGUAGE & COMMUNICATION DEPT

S
U
P
P
O
R
T
I
N
G

D
E
P
T



Speech, Language & Communication

Communication is most vital and this department helps non-verbal students to learn to communicate, the work done here is one of its kind in the country, therefore its bursting to the seams with students, parents, interns and visitors. In addition, in the department is assistive technology. We strongly believe that integration of available technology with communication needs is vital.

The department caters to all the stakeholders from every department. A variety of low to high technology devices are used to enhance the expression of all students.

Initially, all students are assessed followed by the plan. Individualized vocabulary in the communication systems and training on voice output devices tops the priority work. Constant upgradation of the communication system is essential to ensure that every one communicates. We strive to find the easiest and fastest mode of communication for every individual and up hold their right to use that mode.

A total number of 70 speech & pathology interns from following colleges have interned with us

1. Ramachandra College and University.
2. SRM Institute of science & Technology.
3. AVMC, Pondicherry.

The programme is designed to provide hands on training experience in implementing Augmentative and Alternative Communication (AAC) across all age groups.

Another major work of the department is to create awareness about AAC in the country.

(Formerly 'The Spastics Society of India, Chennai')





SPEECH, LANGUAGE & COMMUNICATION

WORKSHOPS

We have conducted the following workshops:

- Creative Communication workshop for parents of Early Intervention students.
- Workshops were conducted for parents of students attending Day Center, ancillary staff and van drivers.
- Two day workshop on AAC for special educators & parents at “Shishu Sarothi” at Guwahati.
- A two day workshop on AAC was conducted for 15 special educators from “APL GLOBAL SCHOOL” in the month of the month of January 2020.
- State level two day workshop on AAC for children with CP & MD was conducted at NIPMR, Kerala.
- Two day workshop and hands on training on Assistive technology and AAC for the first ever course in India on Assistive Technology course by National Institute for Speech and Hearing, Kerala.

We are also members of the prestigious International Society for Augmentative and Alternative Communication (ISAAC).

RESOURCE ROOM

The resource room displays assistive technology devices, low cost aids and adaptations which enhance independent learning, communication and for activities of daily living for people with disabilities. The room hosts a wide list of adaptations which can be replicated by anyone. This is based on sustained team work, knowledge and experience and is the culmination of the biannual event V-Access .Every adaptation has been thought over very carefully.

Any parent or a person with disability can access this room, get assessed and can have hands on experience using the devices.

The room has a steady stream of visitors - Director of NIEPMD, organizational funders, special educators and rehab professionals from all parts of India, college students from professional colleges like Madras school of social work, parents and relatives of persons with disability.

S
U
P
P
O
R
T
I
N
G
D
E
P
T



SPEECH, LANGUAGE & COMMUNICATION DEPT

The department works and partners with technology developers across the country to make sure indigenous technology are developed.

- Eye gaze technology is being developed in partnership with Indian Institute of Science, Bangalore. This is a pioneering effort to get a low cost device for communication. The research has been going on for 2 years and the latest addition is Eye gaze activated robotics.
- The ongoing work with Enability Foundation who created two devices called KAVI and Igest.
- Ms.Akila of Nish, Trivandrum is working on developing a device which activates the cursor through head movement (head-mouse) to type on the screen.
- Inventions lab who created AVAZ, the most used device for AAC is now working on including Eye gaze technology which is still in the primary stage.





VISION CENTRE



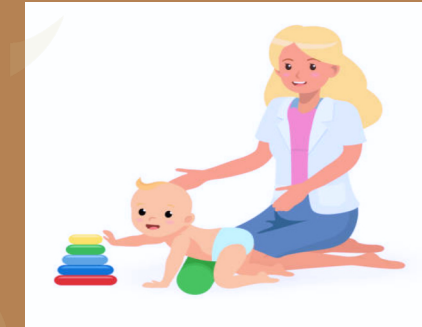
S
U
P
P
O
R
T
I
N
G
D
E
P
T

Eye camp by Sankara Nethralaya



The Vision Centre of Vidya Sagar works with children and adults with MDVI (Multiple Disabilities with Visual Impairment). The areas of focus include Functional Vision Assessment, Intervention, and Training.

June 2019-March 2020		
Total Beneficiaries Age (5 months – 5 years)	99	Female: 30 Male: 69
Total Assessments	75	Including consultation for parents and teachers
Assessment Follow ups	89	Helps detect possible vision issues, understand visual capacity & plan appropriate intervention programme



Vision Centre

The intervention programme was implemented by:

1. Environmental modifications – For example: Source of light, placement of furniture and other objects in the environment.
2. Material adaptations – For example: Use of colour and texture
3. Positioning of the person – For example: Ensuring the child/person has enough light and contrasting colors to see optimally.

Thus, the use of vision for student's movement, learning and communication skills will be enhanced.

S
U
P
P
O
R
T
I
N
G

D
E
P
T

VISION CENTRE



S
U
P
P
O
R
T
I
N
G

D
E
P
T

Hands on training on low vision for community workers



THE DETAILS OF INTERVENTION SESSIONS:

Programme	Numbers
Infants (under 3 years)	110
Intensive sessions (training of specific visual skills)	15
Consultative sessions (addressing specific concern)	6
Supportive (programme handed over to caregiver/teacher)	2
Direct service (above 3 years)	319
Home visits	2

The students who underwent intensive training moved into a supportive environment because we transferred the program plan to the teacher and parents.

The total number of sessions over the year was 616.

Leading hospitals such as Sankara Nethralaya, Front line Hospital, Radhatri Nethralaya, various Pediatric Neurologists, and few mainstream schools referred children with visual impairment to the vision centre.

The centre also offered outstation program. We had 6 students who came in for a 1 - 2 week's intensive program. We also had referrals from Muscat and Bangladesh.

(formerly The Spastics Society of India, Chennai)

VISION CENTRE



S
U
P
P
O
R
T
I
N
G

D
E
P
T

EYE CAMPS

From Sankara Nethralaya, two Optometrists visited each week to observe and learn our functional vision assessment and help with intervention sessions. They conducted eye camp for all students.

By mid March, all students from Kotturpuram and Tambaram were accessed and few were referred for clinical evaluation. Some students from the adult program are yet to be accessed.

RADHATRI NETHRALAYA

After the doctors meet in Oct 2019, Radhatri Nethralaya agreed to partnership with us. They sent one optometrist to support with assessments. In January 2020 they supported us with two optometrists for the outstation program. In February one optometrist also accompanied the CBR team to do assessments at Thogamalai (Karur district).

ORIENTATION AND TRAINING

The vision centre provided orientation and training programme on working with children with MDVI (Multiple Disability with Visual Impairment) to

1. Teacher trainees of Vidya Sagar
2. Notre Dame interns
3. Special Educators from SPASTN
4. Saksham School, Delhi
5. Speech Pathologists from Canada
6. Optometrists from Sankara Nethralaya (Kolkata)
7. Optometrists from Radhatri Nethralaya
8. Ophthalmologist from St. Johns hospital, Bangalore
9. Pediatric Ophthalmologist, one Pediatrician & one Optometrist from Palakkad
10. Two staffs from Shishu Sarothi, Assam

- May 2019 – CRE on Understanding functional vision assessment and intervention for children with MDVI.
- Aug 2019 – 1 week training on “How to identify children with vision issues and functional vision assessment & intervention, planning; Preparation of low cost materials” for 18 CBR/FBR community workers.
- September 2019 - TARA training – Visual impairment & Barriers
- February 2020 - FBR Kodaikanal EI centre – Understanding visual conditions and how to make environmental modifications; 20 parents, 5 teachers and 2 nursing students.

CAPACITY BUILDING

- Feb 2020 – Paper presented on “Early vision stimulation of maximizing the potential of children with MDVI towards inclusion”
- July 2019 – Attended 3 days training on person centered planning by Keystone at Vidya Sagar

SUPPORT IN REASONABLE ACCOMMODATION

During the Disability day expo and Government Island Ground expo

- Braille mode for name card holders
- Adapted materials for people with vision issues

HAPPY MOMENT

The Vision Centre finally owns its very first Braille



HUMAN RESOURCE DEVELOPMENT



T
E
C
H
N
I
C
A
L



Human Resource Development

The Human resource department works towards creating trained human resources in the field of special education and to enhance the skills of rehabilitation professionals through continuous education programs.

The training programs and staff capacity building programs are routed through the department.

HRD conducts a two year full time B.ED in Special Education with a specialization in multiple disabilities. This course is affiliated to the Tamil Nadu Teachers Education University and recognized by the Rehabilitation Council of India. The course is offered in English and Tamil.

All the students of the first year cleared their exams in first class. As a part of their course, the trainees interned at mainstream inclusive schools and special schools. Two of the students interned for a two weeks program at the Helen Keller Institute for the Deaf & Deafblind, Mumbai. The trainees also visited the Community based rehabilitation projects of Vidya Sagar.

The students had a chance to teach at Government and private schools. The school management and parents of the inclusive schools they interned with gave a very positive feed back about the performance of the trainees.

The students completed their University practical exams and for the first time an inclusive classroom was set up with the support of AMM School, Chennai and the trainees were evaluated by examiner appointed by the University.

(Formerly The Spastics Society of India, Chennai)

HUMAN RESOURCE DEVELOPMENT



T
E
C
H
N
I
C
A
L

To upgrade the skills of the professionals we conducted a three day continuous rehabilitation education program - CRE with the approval of the Rehabilitation council of India on the topic "Understanding functional vision assessment and intervention in children with MDVI". 35 rehab professional and the trainees of B.Ed course participated.

The staff and the trainees of Vidya Sagar access a well stocked resource library. The library added many books both in English and Tamil to support the B.ED students. This includes journals and course books.

Research and development is another arm of the department.

K.S. Uma, co-authored a chapter on multiple disabilities for a publication brought out by National Institute of Speech and Hearing, Thiruvananthapuram on the disabilities covered by the Rights of Persons with Disabilities Act.

K.S. Uma, also co-authored a paper on " Model of Effective Training" which was published in " The Educator", the online publication of International Council for Education of People with Visual Impairment (ICEVI)



CRE program - Understanding functional vision assessment and intervention in children with MDVI

HUMAN RESOURCE DEVELOPMENT



T
E
C
H
N
I
C
A
L



Staff capacity building- Staff and teacher trainees visited the Math lab at Vedavalli Vidyalaya, Walajpet to learn the teaching materials in order to adapt it for students of Vidya Sagar



A teacher trainee demonstrates her skill in an inclusive class room

BLISS



T
E
C
H
N
I
C
A
L



BLISS is a new project, a work in progress, as a Resource Centre for Living Independently in the Community and was conceptualized after a needs assessment of 110 alumni of Vidya Sagar and their families.

The main aim of this project is to fill the big gaping hole in our country, with regard to services and support systems for adults with disabilities. Also, to lessen the worry of parents of what will happen to their child after they are no more.

We believe that being interdependent and understanding how to give and take support, enhances your personality, your decision making skills, the choices you make, it gives you the good things of life to lead it fully. Living interdependently does not mean lack of independence.

BLISS project will be housed at Karapakkam, Chennai. It has nine pillars/ departments which will come together to create support for adults with disabilities to live a life of dignity and independence.



BLISS

T
E
C
H
N
I
C
A
L

(Formerly 'The Spastics Society of India, Chennai')



Our Journey

T
E
C
H
N
I
C
A
L



Achievements

TARA has launched an online awareness campaign on independent living and the need for reasonable accommodation, which is being led by Bhavna.

<https://www.facebook.com/TARA-BLISS-Vidya-Sagar-112027043577105/>

<https://www.facebook.com/blissvidyasagar>

T
E
C
H
N
I
C
A
L



TN Expo Accessible Home Project

The Government of TamilNadu had a 75 day TN-EXPO at Island grounds and the Department of Welfare of Differently Abled Persons asked TARA to set up a Model Accessible Home.

The Expo helped create awareness. People who visited it, still continue to contact us for details regarding procurement and for adaptations of their home.

Job opportunity: We appointed and trained 6 people as tour guides to facilitate the daily functioning in the stall.



TEAM FOR ACCESSIBILITY AND REASONABLE ACCOMMODATION (TARA)



TARA is our first pillar of support in the community for making personal spaces like homes and workplace accessible. We find many people with disabilities are stuck in one part of their homes because of lack of accessibility, therefore they are not able to participate in everyday household activities.

Making the home and workplace accessible is the first step for people with disabilities to live and participate in home and community life.

The training for TARA was done by Ms. Shivani Gupta of Accessibility from July - October 2019. This training is first of its kind in the country and was designed after active consultation with the Vidya Sagar alumni.

Team for Accessibility and Reasonable Accommodation is the only one working on home modifications and personal spaces in India, all other access audit teams work on public spaces.

BLISS

Celebrating thirty five years of Inclusion!

T
E
C
H
N
I
C
A
L



We gave a one day orientation to the Caregivers' trainees on 'Assistive Technology'.

Disability Etiquette, Accessibility, Universal Design were few elements which were covered. A field visit was organized to the TN-EXPO to provide hands-on experience.



Commemorating 'World Disability Day' on 3rd December 2019, we exhibited adaptive and assistive devices that facilitate independent living, in association with the State Commissionerate at Anna University

(Formerly 'The Spastics Society of India, Chennai')



Media coverage

2|3 DOWNTOWN CARES

DOWNTOWN
SUNDAY, DECEMBER 1, 2019

'Museum of possibilities' coming up on Kamaraj Salai

Ahead of the International Day of Persons with Disabilities, we are presenting initiatives that lie in the past, present and the immediate future



Photo used for representational purpose only.

FRANCE FREDERICK

A large part of the project is still on the drawing board. Those engaged in it call it "Museum of Possibilities". It suggests a pilot project of possibility and new direction in an otherwise disorienting journey that is often riddled with interruptions by roadblocks.

It is a space where persons with disabilities (PwDs) would be able to explore the possibilities lying before them. It would present assistive and adaptive devices that would help them meet the everyday challenges of weekday life, at home, work and

elsewhere.

In a project of the State Commissioner for the Welfare of the Differently Abled and the "museum" is coming up on a space at the ground floor of the Commissioner's office on Lady Willingdon College campus on Kamaraj Salai.

"The museum space has been constructed, and the museum experience will be curated in consultation with experts from civil society and taking inspiration from models across India and abroad. The museum will have state-of-the-art components that would benefit PwDs," says Johnny Tom Varghese, State

Commissioner for Persons with Disabilities.

Varghese adds that they are open to the best practices from anywhere.

"In a quarter, he says that we will also look at what Santhosh centers across the country have to offer. Santhosh is a center that introduces PwDs to aids and assistive devices.

Santhosh is a project of the National Trust for the Welfare of Persons with Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities. The Trust has been instituted under the Department of Empowerment of Persons with Disabilities, which



The museum experience will be curated in consultation with subject matter experts from civil society

In turn comes under the purview of the Ministry of Social Justice and Empowerment.

A helpline on the cards

G. NARAYANAN

A dedicated toll-free helpline for the disabled will be launched soon by the State Commissioner for the Welfare of the Differently Abled. The helpline will help persons with disabilities information about various government schemes, both at the central and state level. It would also help beneficiaries register themselves to avail Unique Disability Identity Card (UID).

Officials of the Commissioner said that a study was being carried out to ascertain the viability of such a helpline in addressing various issues related to the disabled. Getting a UID card has been a headache task for many differently-abled persons.

"The helpline is at the identified stage. Once it is launched it will help the beneficiaries avail various government schemes and projects," says Johnny Tom Varghese, Director for the Welfare of the Differently Abled.

Of the 18,79,963 differently-abled persons in the State, Chennai has the highest number (9,02,061), followed by Tirunelveli (1,43,441) and Kanchipuram (80,001). NRI's has the lowest number of disabled persons (61,039) as per 2011 census.

Under the Right of Persons with Disabilities Act, 2016, the number of forms of disabilities has been extended from 7 to 21, and these include sickle-cell anemia, persons with blood disorders, Parkinson's and Multiple Sclerosis (MS).

Officials of the Commissioner said that the helpline is expected to be functional round-the-clock and will be covered in Chennai to coordinate calls across the State. The District Disability Rehabilitation Centre (DDRC) will also be roped in to ensure issues raised by the differently-abled are addressed immediately.

Meet TARA

The team for Accessibility and Reversible Accessibility, an initiative by Vidya Sagar to create a team of professionals that would make personal and work spaces more accessible and safer for PwDs, is hitting the ground running.

The young team completed a three-month training, and has settled down to executing six projects, including a visit of accessibility features at a Montessori school.

What is of greater significance is that it is now engaged in brainstorming sessions aimed at providing input to the business and industry sectors. Possibilities, a project that is expected to work across various groups within the welfare of PwDs, which would be working in partnership with the State Commissioner for the welfare of the Differently-Abled.

Krishna Kumar, project associate at TARA, says, "Through the brainstorming sessions we have had so far, we believe the focus should be on providing adaptive and assistive devices under the following domains: One, independent living (kitchen, bathroom, bedroom, living room), which would take into consideration "activities of daily living" (ADL) and "instrumental activities of daily living" (IADL), which encompasses areas such as a condenser management and storage, medicines, two, education, Three, vocational, Four, workplaces, Five, leisure, which covers



Members of TARA, project associate at TARA, are seen at a meeting.

Revisiting K.B. Dasan Road

LEIF THOMAS

Greater Chennai Corporation launched an ambitious project around five years ago to make K.B. Dasan Road in Teyyanampar a model road in terms of providing access to persons with disabilities.

The pavements on the busy road was made accessible, largely with concrete ramps and a few other features, but today there is little to tell between the pavement on this road, and those of most other roads in Chennai.



In 2015, disability rights activists, NGOs along with the Corporation rallied for some months to make the stretch free of obstructions. Wheelchair persons were made to test the ramp-design to see if it met accessibility standards.

Obstacles on the pavements were removed, so that a wheelchair could move freely. Dotted campaigns were conducted and shopkeepers were sensitized.

"The busy hours, you will see vehicles of patients coming to a hospital parked on the pavement. At night, residents use the space to park their vehicles. Sometimes it is difficult for a pedestrian to find space on the footpath," says Sima Sankaran, member of Disability Right Alliance (DIRA) which was part of the campaign.

Disabled-friendly pavements were also created at some other arterial roads as part of the project.

THINK 'GLOBAL'

A resident's fight to make her apartment accessible

It took two years for Swarnalatha to persuade the association to construct ramps connecting all blocks and common areas at the complex

LEIF THOMAS

In 2012, when J. Swarnalatha relocated to Coimbatore with her family she never thought the condition she was diagnosed with — Primary Progressive Multiple Sclerosis — would slowly leave her immobile. Instead, she could walk a bit, managing to do so, with some help. But her condition got worse and the help became difficult to lift the wheelchair every time she had to cross a barrier.

Instead of existing her mobility, Swarnalatha decided to forge a new path for herself and others like her.

Swarnalatha started to push Royal Shevaran Apartment Association to construct ramps at its four-storey apartment complex.



Swarnalatha started to push Royal Shevaran Apartment Association to construct ramps at its four-storey apartment complex.

Persuading the Association to do so was a huge challenge. Swarnalatha and her husband Duraiselvan T.S. were only tenants and the apartment was not going to take them seriously. There were no other persons with disabilities to rally around her.

"Unless you went through the problem, you are not interested. I had to launch a fight to show the community that having ramps was a basic right for a person with disability," says Swarnalatha.

Thanks to her work for persons with disabilities under the banner of Seega Foundation in 2014, her cause started getting noticed.

The regional charitable trust supports differently-abled people with neuromuscular disorders through psychological counselling, medical assistance and awareness programmes.

"It took me nearly two years of repeated requests and multiple meetings to persuade the association to construct ramps in my block," says Swarnalatha. Only one step had to be installed to make a provision for a wheelchair to move.

That was a small but a big step towards making her block accessible.

"I later noticed that there were many others including senior citizens and children who benefited from the construction of the ramp," she adds.

Swarnalatha. She got the Association to make similar modifications at the four other blocks in the community. Later, provision was made at the gateway leading to the facility, she says.



To the surrounding pool and at the temple of the gated complex.

Through Seega Foundation, the NGO has been instrumental in ensuring many other interventions to ensure access in public places.

Another apartment complex in the city also carried out modifications, following the foundation's intervention.

"A person with mobility problems had to be carried in a fleet of scooters came as a barrier for the wheelchair to move. We went as a team and asked the committee members of the apartment to construct ramps," she says.

Some apartments and workplaces have ramps for the disabled but they are not user-friendly.

"Ramps must be built as per accessibility standards, if the gradient is wrong then it's difficult for wheelchairs to be moved"

"Think 'Global' is a section that features civic initiatives across the country from which Chennai can glean lessons for the development of its neighborhoods.

Some apartments and workplaces have ramps for the disabled but they are not user-friendly.

"Ramps must be built as per accessibility standards, if the gradient is wrong then it's difficult for the wheelchairs to be moved," she adds.

Swarnalatha. She got the Association to make similar modifications at the four other blocks in the community. Later, provision was made at the gateway leading to the facility, she says.

'Build the education component into the change'

Disability rights activist K. Raghuraman on why accessibility initiatives are mostly still-born

FRANCE FREDERICK

There are fewer accessibility initiatives than there should be, for Persons with Disabilities (PWD) and even these are hampered by lack of sufficient knowledge."

This was the general drift of K. Raghuraman's commentary on pavements and other public spaces designed with PwD in mind.

Raghuraman, an assistant professor at a city college, has vision impairment. A member of Disability Right

Alliance, around five years ago, he was part of the team that carried out an audit of the pavements on a few roads in Chennai, including K.B. Dasan Road in Teyyanampar. Police Commissioner Office, Second Avenue in Besant Nagar, that Corporation had revealed to make them PwD-friendly.

Raghuraman recalls how he was one of those excited participants in the audit of these pavements.

"There wasn't much happening there, some things

guiding people with vision impairment on the various elements on the road, the distances between two stops, etc. Similarly, there should also be sensitisation of the other road users on how they should avoid doing things that would prevent people with vision impairment from using the facility optimally."

In effect, what Raghuraman says is that, even as the audit of these pavements started, no benefit PwD should expect the local population and other stakeholders in the area.

"In the larger bureaucratic level, initiatives for the welfare of PwD should see the involvement of not just the State Commissioner for Welfare of the Differently Abled, but also every other government department. For we are human beings first, and PwD next. We need to connect with various departments for our needs, just as any other human being would," he says.

He also predicts that accessibility initiatives should come with the "largest" of people who are ultimately

going to use them — that is, PwDs.

He explains, "You can't serve me a cup of tea and drink you have given me what I want, unless you have bothered to find out what factors I like, whether it would be to have it with sugar or without it. There are so many forms of disabilities and each demands unique modifications to facilitate in the public domain, and any effort that does not factor this in, will come across as half-hearted and partially ineffective."

Swarnalatha says it's difficult to keep the momentum of such disabled-friendly projects, going without the support of these residents and others who frequent these spaces.

Residents' groups must monitor the place and alert the Chennai Corporation whenever they see any obstructions spreading up or it will become an exercise in futility, she says.





GET GOING

Get Going, the first project of BLISS was started with an objective to provide accessible transport for adults with disabilities who are unable to use public transport. Many disabled people do not work because of poor public transport.

The Get Going project was inaugurated on 15th March 2019, two vans were donated by Larsen and Toubro. The vans which are wheelchair accessible are equipped with hydraulic lift that shifts a person while seated in their wheelchair. The two vehicles are fitted with restraints for three wheelchairs and can seat four people. The charges are nominal and the service is provided free of cost to those who cannot afford to pay.

CAREGIVER / SUPPORT WORKER PROGRAMME – WORKFORCE TRAINING

A caregiver/ support worker is a trained professional who supports a person with disability in whatever areas needed. For an individual with a disability to live his own life, a little support can go a long way.

Vidya Sagar has collaborated with NIEPMD to run the National Trust certified three months course. The course has seventy percent practical work and thirty percent theory.

In the needs assessment done at the beginning, caregivers were found to be the largest need.

The training programme was inaugurated on February 4th 2020. There are currently 12 trainees, with 4 persons with disabilities. The trainees are from different places of Tamil Nadu & with different backgrounds. Boarding & lodging is provided for the trainees with stipend. Eligibility for the course would be the eighth standard pass certificate.

As the need is huge most of the certified care assistants will be placed immediately.



Our achievement is to have had the program started and see trainees participate in the practical work and lectures. So far the lectures were given by doctors, therapists, lawyers, activist, parents, vocational trainers, & educators.



Trainees during field work



TRUST ENABLED DECISIONS WITH SUPPORT SYSTEMS (TED-SS)

TED-SS is focusing on evolving systematic support structures for adults with Disabilities to live inter dependently within the Community by way of developing support circles, social networks, legal trust deeds etc. The support structures are evolved based on the needs of individuals with Disabilities in 11 life domains namely ADL & hygiene, health & nutrition, communication, personal mobility, transportation, work, leisure, socialization & recreation, finances, problem solving and safety.

TED-SS educated multiple stakeholders on the need and ways to evolve support structures, as well as met persons with Disabilities and their families individually on creating support structures specific to the individual/s with Disability concerned in association with Advocate Roma Bhagat who will be working out trust deeds for families that are ready for the same. TED SS also conducted socialisation events and is planning to work with younger students on decision making & support systems at an early age, in the near future.

WOW MOMENTS

Kilpauk buddy group is growing.

A parent from the Adult Leisure program group has set up her ward's support circle, which will be used to build a trust deed.



Socialisation activity



Orientation about support circles to volunteers

Advocate Roma Bhagat's first visit



Partnership

Patients Engage is an online platform that discusses support systems for and success stories of people with health conditions as well as disabilities. Vidya Sagar has partnered with them and created a community page named "Celebrating Disability". We plan on conducting webinars on different topics with regard to independent living of persons with disabilities.

Karapakkam Building Project

The Government of TamilNadu allotted a plot for the construction of the Resource Centre at Karapakkam, Sholinganallur. The plot does not have an access road. We are working with the Government of TamilNadu and the Greater Chennai Corporation (GCC) officials to make the access road possible.

DISABILITY LEGISLATION UNIT



A
D
V
O
C
A
C
Y



Disability Legislation Unit

The Disability Legislation Unit (DLU - South) was set up in collaboration with NCPEDP on September 2003. Our motto is "Nothing about us, without us". Our key focus is on:

- Right to access
- Right to education
- Right to employment

The department works with law and policy makers. In partnership with the Tamil Nadu State Legal Service Authority, we have set up a free Legal Aid Cell for persons with disability. The Legal Service Act 1987 is basically aimed to provide free and competent legal services to the underprivileged section of the society to ensure that opportunities for securing justice are not denied to any citizen by reason of economic or other disabilities, this has helped to sensitize many lawyers and judges. We also raise awareness among all the stakeholders.

World Disability Day

Vidya Sagar has been working with Greater Chennai Corporation (GCC) in various accessibility projects. Since 2016, we have been engaged with the GCC on making beaches in Chennai accessible for persons with disabilities on a permanent basis.

Greater Chennai Corporation has been facilitating the setting up of a temporary accessible walkway / path across the sands of Marina beach for children and adults with disabilities to go till the waters, during International day of persons with disability which is observed on the 3rd of December. The theme for this year was 'Leave no one behind'.

The event was inaugurated by the Greater Chennai Corporation Commissioner, Mr.G.Prakash and State Disability Commissioner Mr. Johny Tom Varghese. We had arranged for volunteers from NTT DATA, global delivery services team Coordinator Mr. Radha Krishnan who arranged for 55 volunteers.



Beach Access

DISABILITY LEGISLATION UNIT



Greater Chennai Corporation procured four beach wheelchairs to facilitate access on the Marina beach. For this purpose, the GCC laid an accessible, safe and eco friendly pathway across the beach opposite to Queen Mary's College from the service lane, where an accessible toilet was newly constructed. The pathway was retained for two days - December 3rd and 4th.

Vidya Sagar Annual Day Celebration

Vidya Sagar celebrated its 35th Annual Day on March 15th 2020. As part of the celebrations, we conducted a 'Parasailing Camp' for Persons with disabilities in partnership with Adventure Zone, an organization having 25 years' experience in adventure sports.

DLU successfully got permission from Greater Chennai Corporation and Police Authority to conduct a 'Parasailing Camp' for Persons with disabilities at Broken Bridge, Besant Nagar. DLU arranged volunteers to bring plastic tiles for the temporary pathway.

Supported Decision Making (SDM) with Bhumi volunteers and community support

DLU in collaboration with the youth program, initiated to work with adults with disabilities for evolving a circle of friends that would support them in decision making.

A team of Vidya Sagar alumni had came forward to work this out every Saturday, which involved.

- Regular group interactions
- Discussions on independence and empowerment
- Understanding legal capacity
- Exploration of different models on this subject both at home and abroad
- Opportunities to fellow members to facilitate the weekly meetings

Congress meet

Members of SDM group and alumni of Vidya Sagar had interaction with Mr.Thomas from Germany at Kalakkal Café.

A
D
V
O
C
A
C
Y



A
D
V
O
C
A
C
Y

(Formerly 'The Spastics Society of India, Chennai') (ia, Chennai)

DISABILITY LEGISLATION UNIT



Mr. Thomas studied social-pedagogy, has supported persons with disabilities for more than 25 years. He works as project manager for a NGO and teaches in Europe, Asia, and Latin America. He conducted the 2nd Indian Congress meet for persons with disabilities in Bangalore.

A

SDM Group - Outing Adventure

D

- Adyar Ecopark – Trip with 30 volunteers on 7th September
- Guindy National Park – 40 participants were part of it with 16 volunteers from Bhumi

V

Festival celebrations

O

- Diwali - Motivation speech delivered by Dr Simon, event was supported by 25 volunteers from Bhumi
- Christmas - DLU organised 10 Volunteers from Stella Maris College and 22 from Bhumi

C

Inclusive Fest

A

- Dorai foundation conducted an inclusive fest event at Vidya Sagar auditorium
- DLU arranged for Bhumi volunteers to support the event

C

Wow moments

Y

- Advocate Ummulhair Coordinator DLU received the following
- 'NCPEDP-Mindtree Helen Keller Award' for the year 2019
- Best working award from Ooruni foundations
- Also - Chief Guest on Women's Day at Madras Christian College
- Attended IDA Bridge Course on CRPD at Nepal



DISABILITY LEGISLATION UNIT



A
D
V
O
C
A
C
Y

Orientation for visitors

We conducted orientation session on perspective of disability for

- Eva and Merlin from USA
- Timbaktu staff - A rural organisation from Anantapur, Andhra Pradesh.
- First year B.Ed. students
- TTC students
- School drivers and auto drivers: handling wheelchair users
- District Judges of Legal Service Authority - 32 judges attended
- Saksham visitors
- Ramachandra college students on disability and legal issues

Law intern

4 Law interns from Vellore Institute of Technology Chennai Campus.(VIIT)joined our DLU department . They attended the National Consultation CRPD for the parallel report and observed the steps taken by the Government, as per the needs of Persons with disability. They assisted us in research work. Helped in the Free Legal Aid Cases of persons with disabilities.

They assisted us for an Access Audit to build the pavement on Cenotaph Road at Alwarpet. They also learned about UNCRPD and the Rights of Persons with Disability Act 2016.

Law intern joined On 18th Nov 2019 to18th Dec2019.

Name: Adithya - 1 month internship from Symbiosis law school, Nagpur.

During World Disability Day he helped us a lot in getting police permission to set up the accessible temporary walkway to facilitate children and adults with disabilities access the beach. He also coordinated the team from the disability sector.





DISABILITY LEGISLATION UNIT

A
D
V
O
C
A
C
Y

Meetings

Attended meeting with Member Secretary of Tamil Nadu State Legal Service Authority to discuss about our student Sai Vignesh for medical expenses as per Madras High Court order on 25th June 2019

News collection from all departments and Press Coverage.

News collection from all departments by Anjana and a team of students. This was put on the notice boards

She published it as a Newsletter on our school Project Day. We would like to extend our thanks to the Press for timely coverage.

PRESS WORK 2019 TO 2020

20th July 2019
Press releases for the B.Ed. course
Media coverage by Adyar Times, Newshook and Dina Malar

29th July 2019
Ummulhair challenged enrollment in Bar Council
Media Coverage by Anand Vikatan

19th August 2019
Press meet for fundraising play - Gathered leaves at Museum Theatre, Egmore

16th October 2019
Tara team Valedictory

Media Coverage by Adyar times.

28 - 29th November
Vidya Sagar celebrate the school children's project day
Media coverage by Adyar times, Ananda Vikatan.

3 - 7 th December
World Disability Day Celebration at Marina beach.
Media Coverage - across all publications

22 - 23rd December
Mela - Sale of products made by people with disabilities,
Media Coverage by Thandi, news7, News18, Jaya tv, Dhina Malar and The Hindu, Indian Express
Vidya Sagar Annual day celebration



DISABILITY LEGISLATION UNIT



A
D
V
O
C
A
C
Y



(Formerly the Spastics Society of India)

DISABILITY LEGISLATION UNIT



A
D
V
O
C
A
C
Y

LEGAL AID CASES

1. 30/3/19 - Discussion about custody of child
2. 9/4/19 - Discussion with father of a child with disability regarding Right to property
3. 13/4/19 - Discussion with the family of an adult with a disability who was threatened by the police to have him admitted in a hostel
4. 16/4/19 - Advised a person with a disability, to give a complaint to the nearby police station for being teased by roadside boys
5. 20/4/19 - Property case for person with disability
6. 23/4/19 - Discussed regarding getting back the original certificate in custody of the school
7. 27/4/19 - Regarding job termination advised to give letter to TNSLA - Job termination – CBR case
8. 4/5/19 - Family dispute – matrimony
9. 18/5/19 - Family dispute – matrimony
10. 8/6/19 - Discussed about pension case - referred to pension adalat
11. 12/6/19 – Accident case, claiming insurance
12. 22/6/19 – Discussed about hospital canteen case
13. 29/6/19 - Pension benefit from grandfather for our student
14. 2/7/19 – Guardianship case of our student
15. 16/7/19 – Property dispute in family
16. 30/7/19 – Rent issue from Goa
17. 5/8/2019 – Medical negligence case
18. 10/8/19 – Unauthorised school - abusing child case
19. 17/8/19 – Salary discrimination case
20. 17/8/19 – Outstation housing case, garage to be converted to residence
21. 14/9/19 – Cheque bounce case
22. 17/9/19 – Kanchipuram property case
23. 18/12/19 - a) Matrimonial dispute
b) Environmental issue case
24. 4/1/2020 – Matrimonial-maintenance-property case
25. 21/1/2020 – Property case – Krishnagiri
26. 28/1/2020 – Matrimonial case- amicably solved

Legal Aid Cell had 7 advocates from TamilNadu Legal State Authority who supported throughout the year. Amar Seva Sangam, an NGO in Tirunelveli District, wanted to start a legal aid cell like ours. We spoke to a senior judge who is now posted in Tirunelveli and requested him to set it up.





A
D
V
O
C
A
C
Y



FUND RAISING



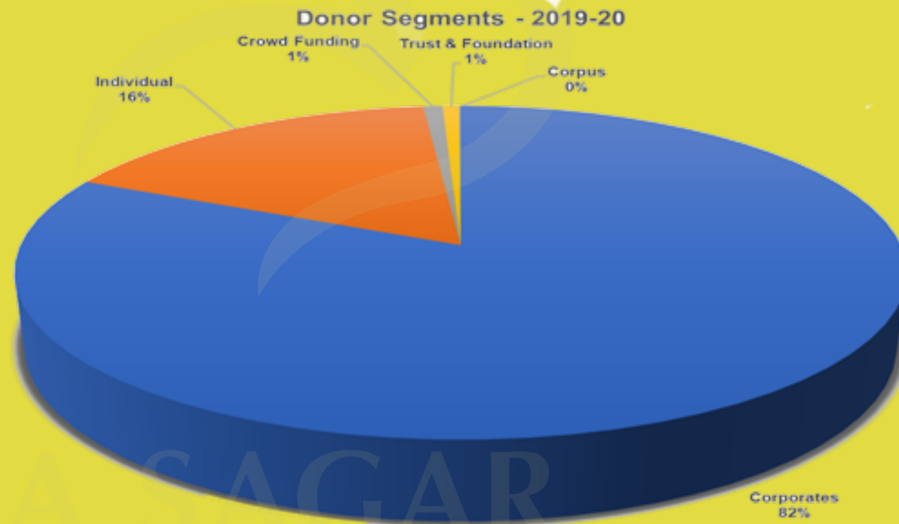
F
I
N
A
N
C
E



Fund Raising / Donor Relations

Our heartfelt thanks to all our donors for your generous support, we have several reasons to celebrate and share those moments with you.

The financial support we get from the donors has taken us a long way in building the corpus fund, working with larger communities, providing medical, therapeutic, education and rehabilitation support. With this contribution, we can go a step further in reaching out to more people with disabilities and their families. Together, we can build a support system that is firmly rooted and long lasting.



New Donors

Vidya Sagar has registered with Benevity causes portal for receiving Corporate E giving program worldwide. We have been receiving fund from PayPal at San Jose, US – Corporate giving program and this year we received from World Bank group at US as well. The fund comes into our FCRA account.

FUND RAISING



H T Parekh Foundation, in a big way is supporting three projects this year

- High School Project
- CBR – Ellarum Ellamum
- Capex (Computer consumables)

Vidya Sagar corporate funding for various projects

Donor/Corporate Name	Project Name
APPI - Azim Premji Philanthropic Initiatives	FBR & CBR
L & T	Middle School
Expleo Solutions (SQS)	High School Salary/ Employer & Employee contribution
Johnson Lifts	Junior School
H T Parekh Foundation	High School Project
Michelin India Tamilnadu Tyres (CBR)	CBR
KLA-Tencor	Support staff Salary and Renovation project at Thakkar Baba
Grundfos	Renovation project at Thakkar Baba
Flextronics	Production and Vocational Training Project
Episource	Mobility Aids
SKCL Property Management	Mobility Aids
Dwaraka TCS Run 2019	Karapakkam Project

F
I
N
A
N
C
E

FUND RAISING

Fundraising Events

Our annual fundraising event Sadya-2020 was held on Feb 1st and 2nd at Adventure Zone, Madurantakkam.

Seven teams participated in the event:

- Expleo solutions (formerly SQS)
- Allsec Technologies
- Globelink WW
- Episource Team 1
- Episource Team 2
- Grundfos
- Michelin

Our Adventure Trophy winner was Grundfos, 1st and 2nd Runner up position was bagged by Expleo Solutions (SQS) and Allsec Technologies respectively.



Our Adventure Trophy winner was Grundfos, 1st and 2nd Runner up position was bagged by Expleo Solutions (SQS) and Allsec Technologies

FUND RAISING



Vidya Sagar hosted the famous play “The Gathered Leaves”, an English play by Feisal Alkazi at the Museum Theatre on 29th August 2019. The funds raised helped cover our deficit funding.



GOVERNING BODY MEMBERS

The Governing Body Members

Name of the Member	Qualification	Designation in other Organization	Designation in the Board
Mr. Shankaran Nair	B.A Econs, MBA	Consultant, TAPAS Personnel Consultants	Chairperson
Mr. N Gopinath	MBA	Managing Director - Fluidtherm Technology P Ltd	Vice Chairperson
Mr. Thiruvengadam Parthasarathy	B.Tech, PG Dip IE, FCMA	Present Occupation - Retired	Member
Mr. S Ganapathy	B.Sc, ACA, DISA	Chartered Accountant Consulting Services	Treasurer
Ms. Rasheeda Bhagat	MA English Literature	Senior Associate Editor, Rotary New Trust	Member
Ms. Amba Girish Salelkar	B.A . LLB(Hons)	Lawyer	Secretary
Ms. Poonam Natarajan	PG. Special Education	Founder - Vidya Sagar	Member
Ms. Dwaraka Pandurangi	M.Com	Freelance Fund Raiser	Member
Ms. Rajul Padmanabhan	B.A Hons, P.G Dip in Special Education	Consultant	Member
Ms. Radhika Alkazi	B.A Hons in Sociology M.A Mass Communication	Founder, ASTHA, an organization for children with disabilities	Member
Mr. Sathish Kumar	MBA	Corporation Bank - SWO clerk	Member

The General Body Members

Name of the Member	Qualification	Designation in other Organization	Designation in the Board
Ms. Seetha Ratnakar	Graduate/Media	Freelance Film Director	Member
Ms. Preeti Mehra	B.A Hons (English)	Associate Editor, The Hindu BusinessLine, Delhi	Member
Dr. Namita Jacob	Ph.D	Director, Chetana Charitable Trust and Senior Educational Specialist, Perkins International	Member
Ms. Dipti Bhatia	M.Phil	Honorary Secy, National School for the Blind, Deputy Director, Vidya Sagar	Member
Ms. Mallika Ganapathy	Graduate-Special Educator	Consultant	Member
Ms. Kalpana Rao	Graduate	Principal-Day Centre, Vidya Sagar	Member
Mr. Rajeev Rajan	Post Graduate-Human Rights	Consultant-Advocacy Board member, Asia Pacific Disabled Peoples ' Organization Ltd	Member
Ms. V Suguna	XI Standard	Senior Staff & Co-ordinator, Adult Leisure Unit, Vidya Sagar	Member
Ms. Prabha Sekar	B.Sc (H.Sc), PG Dip-Comp Education, PG Dip in Journalism and Mass Communication	Volunteer - Fund raising	Member
Mr. P Rajasekaran	B.E MBA, MS	Co-founder and Director-V-Shesh	Member

GENERAL BODY MEMBERS



The General Body Members Continue...

Name of the Member	Qualification	Designation in other Organization	Designation in the Board
Ms. Anuradha Naidu	PG. M.A,M.Phil	Guest faculty, Women's Christian College	Member
Ms. Urvashi Saikumar Pathak	LLB,LLM	Senior Legal Counsel, Inter Globe Enterprises Ltd	Member
Ms. Radha Ramesh	P.G Diploma in Special Education	Not employed	Member
Ms. Mallika Ramarao	MBA, PG Dip in Special Education	Trustee-Basic Needs India, an organization in the field of mental health	Member
Mr. Prabhakar	VIII Standard	Receptionist, Vidya Sagar	Member
Ms. Krithika Venkatraman	B.A Econs		Member
Ms. Sudha Ramamoorthy	P.G. Diploma in Special Education	Working at Equals Cpsj	Member
Mr. Karan Pillai	B.A	Self employed	Member
Ms. Vaishna Roy	B.A English Literature, PG in Journalism	Associate Editor, The Hindu	Member
Ms. Archana Viswanathan		Apurag Paperbag Unit	Member

Our Team

ADMIN



DIRECTOR
RADHA RAMESH

CORDINATOR
SUGUNA.V
RADHA MURALIDHARAN
VIJAYASHREE RAMESH
KALPANA RAO
ANURADHA.SHANKARAN (On leave)
JAYALAKSHMI.S
SIMY T.A
JAYANTHI NARAYANAN
UMA.K.S
AMIRTHARAJ.I
ASHA NEDUNGADI
MANGALAKUMARI
UMMUL KHAIR M
GOMATHI M
R DEVISRI

SPECIAL EDUCATOR
SHASIKALA.R
DHANALAKSHMI.V
SMITHA P
RABECCAL.K
LAKSHMI BALASUBRAMANIAN
SASIKALA.D
VALLIAMMAL A
CHITRALEKHA B
KISWAR AJEESH
NITHYAPRIYA K
SWATHI M
CHITRA RAVICHANDRAN
JEEVA.M
MANJU RANI SARKAR
UMA NARAYANAN
GANDHIMATHI.S
MOHANA SUNDARI N
SUJATHA CHELLATHURAI
SUBASHREE SURYANARAYANAN
KUNGUMASELVI M
JASMINE SHAHANA S
VENNILA P

VOCATIONAL INSTRUCTOR
JAYANTHI.V
VIMALA.T.A
BALA VINAYAGAM STALIN K

PHYSIOTHERAPIST
VIJAYALAKSHMI.M
JEFFERSON RAJ LECKLER
GAYATHRI M
HEPSIBA MERLIN S
HEMALATHA.R

OCCUPATIONAL THERAPIST
SARITA RAJESH KAMBLE

JUNIOR PHYSIOTHERAPIST
K GAJENDRAKUMAR
PAUL ROBINSON

PHYSIOTHERAPY AIDE
SHANTHI.R
NIRMALA.M
SUMITHRA.K

SOCIAL WORKER
ABIDA ANWAR

TEACHER
D MEENA - ARTS
HARIKRISHNAN M - SPORTS
VAIDEKI
PAMEELA CORREYA - ARTS

TAILOR
PUSHPA R

BLISS
ANUPAMA

TARA
KRISHNA KUMARI
VEDAVALLI
HARISHANKAR
BOTTA BHAVNA

ABHISHEK M
GANESH
ARUN
SUBRAMANI R



ADMIN

Our Team Continues...

LIBRARIAN

RAJALAKSHMI R

KANTHIMATHI

ACCOUNTANT

CHITRA KRISHNAN

ACCOUNTS ASSISTANT

DHANASEKAR R

MUZAMIL A Z

SYSTEMS IN CHARGE

BALAJI R

SECRETARY

JOSEPHINE

RAMA DEVI

SHANTHI R

SUNARA K P

KAVITHA M

CARPENTER

MURALI S

DISABILITY LEGISLATION UNIT

RAVISHANKAR YEJENDRABABU

ANJANA V S

PAVITHRA S

SHANTHINI SELVAM

RECEPTIONIST

PRABHAKARAN

OFFICE ASSISTANT

NIRMAL KUMAR

PACHAIYAPPAN

DRIVERS

KANNAN

PETER

CONSULTANTS

RAJIV RAJAN

SMITHA SADASIVAN

SHOP IN CHARGE

RAJASHREE V

JANAKIRAMAN

SUPPORT STAFF

DEEPA K

GNANAM R

SHANTHI G

CHINNAMMA

SATHYA K

KOMALAVALLI

SAMUNDEESWARI S

ANANTHI M

RANI D' SILVA

MALARVENI - TILL APRIL-2019

AMUDHA I

LATHA R

RADHA K

ANJALI S

SHANTHI S

RAJESWARI V

GIRIJA V

SELVI M

SHANTHI A

VASANTHI M

SUPPORT STAFF

DONTALA NARASAMMA

MYTHILI S

NITHYA P

MAHALAKSHMI M

MAHALAKSHMI V

ASHA D

ANNAMMAL

SHOBANA V

YALINI V

RENU RAJ

MARIAMMAL M

JAYA D

BANUMATHI S

KOKILA E

RANI S

MENAKA C

MONIKA JAYASHRI

TRAVEL DETAILS



SL. NO	NAME & DESIGNATION	PURPOSE & PLACE	FUNDED BY
1	Kalpana Rao Principal Lakshmi Balasubramanian Special Educator	Two day workshop on AAC for Special Educators and parents' held in the month of October 2019	Shishu Sarothi Guwahati
2	Kalpana Rao Principal Lakshmi Balasubramanian Special Educator	State Level two day workshop on AAC for children with CP and MD held in the month of February 2020	NIPMR, Kerala
3	S.Jayalakshmi Special Educator	To attend Regional Organisation meeting with the National Trust , at Madurai June 7th,2019	APPI
4	T.A. Smiy Co-ordinator - Physiotherapist	Visited USA in November 2019 to take part in an International Leadership Programme for 21 days , on the topic " Access to all" As a part of her programme she visited Accessible homes, Assistive technology centres and Paralympic training bases	U.S Consulate, Chennai
5	Jefferson Physiotherapist	T.S. Srinivasan symposium on exploring the brain at new ITC Grand Chola, Chennai	Vidya Sagar

BANK DETAILS

Vidya Sagar (formerly, The Spastics Society of India)

Address: # 1, Ranjith Road, Kotturpuram, Chennai -600 085

Phone: 044 22354784/85

Email id: vidyasagar.resources@gmail.com; accounts@vidyasagar.co.in

Registered under Act 27, Tamil Nadu Societies Registration Act R.No.467 of 1998

Founder: Ms. Poonam Natarajan

Chairperson: Mr. G.Shankaran Nair

Name of Bank	State Bank of India	HDFC Bank LTD	HDFC Bank LTD
Type of account	Savings Bank Account	Savings Bank Account	Savings Bank Account (For Foreign contribution)
Saving account number	A/c no. 54028105944	A/c 13051450000068	A/c 50100022443481
IFSC code	SBIN0040169	HDFC0001305	HDFC0001305
Address	State Bank of India No:1427, North Usman Road, T. Nagar, Chennai - 600017	HDFC Bank Ltd No:46, Gandhi Mandapam Road Kotturpuram, Chennai – 600 085	HDFC Bank Ltd No:46, Gandhi Mandapam Road Kotturpuram, Chennai – 600 085
Phone number	044 - 28340121	044 - 30751912	044 - 30751912
			FCRA regn no. 075900693
			13 th Jan- 2000
			Swift – HDFC INBB
			Pan no: AAATV2359M

AUDITOR'S REPORT

FORM NO. 10B
[See rule 17B]

Audit report under section 12A(b) of the Income-tax Act, 1961, in the case of charitable or religious trusts or institutions

We have examined the balance sheet of VIDYA SAGAR, NO 1 RANJITH ROAD, KOTTURPURAM CHENNAI - 600085 , A AATV2359M [name and PAN of the trust or institution] as at 31/03/2020 and the Profit and loss account for the year ended on that date which are in agreement with the books of account maintained by the said trust or institution.

We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purposes of the audit. In our opinion, proper books of account have been kept by the head office and the branches of the abovenamed institution visited by us so far as appears from our examination of the books, and proper Returns adequate for the purposes of audit have been received from branches not visited by us , subject to the comments given below:

In our opinion and to the best of our information, and according to information given to us , the said accounts give a true and fair view-

- (i) in the case of the balance sheet, of the state of affairs of the above named institution as at 31/03/2020 and
- (ii) in the case of the profit and loss account, of the profit or loss of its accounting year ending on 31/03/2020

The prescribed particulars are annexed hereto.

Place **CHENNAI**
Date **12/11/2020**

Name **SANKARAN & KRISHNAN, C
HARTERED ACCOUNTANTS**
Membership Number **016271**
FRN (Firm Registration Number) **003582S**
Address **KOMALAM BUILDING NO 11/
23, 1ST MAIN ROAD, R A PUR
AM, CHENNAI - 600 028**

ANNEXURE Statement of particulars I. APPLICATION OF INCOME FOR CHARITABLE OR RELIGIOUS PURPOSES

1.	Amount of income of the previous year applied to charitable or religious purposes in India during that year (₹)	42080522
2.	Whether the institution has exercised the option under clause (2) of the Explanation to section 11(1) ? If so, the details of the amount of income deemed to have been applied to charitable or religious purposes in India during the previous year (₹)	No
3.	Amount of income accumulated or set apart for application to charitable or religious purposes, to the extent it does not exceed 15 per cent of the income derived from property held under trust wholly for such purposes. (₹)	Yes 6945283
4.	Amount of income eligible for exemption under section 11(1)(c) (Give details)	No
5.	Amount of income, in addition to the amount referred to in item 3 above, accumulated or set apart for specified purposes under section 11(2) (₹)	0
6.	Whether the amount of income mentioned in item 5 above has been invested or deposited in the manner laid down in section 11(2)(b) ? If so, the details thereof.	No
7.	Whether any part of the income in respect of which an option was exercised under clause (2) of the Explanation to section 11(1) in any earlier year is deemed to be income of the previous year under section 11(1B) ? If so, the details thereof (₹)	No
8.	Whether, during the previous year, any part of income accumulated or set apart for specified purposes under section 11(2) in any earlier year-	
	(a) has been applied for purposes other than charitable or religious purposes or has ceased to be accumulated or set apart for application thereto, or	No
	(b) has ceased to remain invested in any security referred to in section 11(2)(b)(i) or deposited in any account referred to in section 11(2)(b)(ii) or section 11(2)(b)(iii), or	No

(c)	has not been utilised for purposes for which it was accumulated or set apart during the period for which it was to be accumulated or set apart, or in the year immediately following the expiry thereof? If so, the details thereof	No
-----	---	----

II. APPLICATION OR USE OF INCOME OR PROPERTY FOR THE BENEFIT OF PERSONS REFERRED TO IN SECTION 13(3)

1.	Whether any part of the income or property of the institution was lent, or continues to be lent, in the previous year to any person referred to in section 13(3) (hereinafter referred to in this Annexure as such person)? If so, give details of the amount, rate of interest charged and the nature of security, if any.	No
2.	Whether any part of the income or property of the institution was made, or continued to be made, available for the use of any such person during the previous year? If so, give details of the property and the amount of rent or compensation charged, if any.	No
3.	Whether any payment was made to any such person during the previous year by way of salary, allowance or otherwise? If so, give details	No
4.	Whether the services of the institution were made available to any such person during the previous year? If so, give details thereof together with remuneration or compensation received, if any	No
5.	Whether any share, security or other property was purchased by or on behalf of the institution during the previous year from any such person? If so, give details thereof together with the consideration paid	No
6.	Whether any share, security or other property was sold by or on behalf of the institution during the previous year to any such person? If so, give details thereof together with the consideration received	No
7.	Whether any income or property of the institution was diverted during the previous year in favour of any such person? If so, give details thereof together with the amount of income or value of property so diverted	No
8.	Whether the income or property of the institution was used or applied during the previous year for the benefit of any such person in any other manner? If so, give details	No

III. INVESTMENTS HELD AT ANY TIME DURING THE PREVIOUS YEAR(S) IN CONCERNS IN WHICH PERSONS REFERRED TO IN SECTION 13(3) HAVE A SUBSTANTIAL INTEREST

S. No	Name and address of the concern	Where the concern is a company, number and class of shares held	Nominal value of the investment(₹)	Income from the investment(₹)	Whether the amount in col. 4 exceeded 5 per cent of the capital of the concern during the previous year-say, Yes/No
1	NIL	NIL	0	0	No
Total					

Place **CHENNAI**
Date **12/11/2020**

Name **SANKARAN & KRISHNAN, C
HARTERED ACCOUNTANTS**
Membership Number **016271**
FRN (Firm Registration Number) **003582S**
Address **KOMALAM BUILDING NO 11/
23, 1ST MAIN ROAD, R A PUR
AM, CHENNAI - 600 028**

Form Filing Details	
Revision/Original	Original

Balance Sheet

VIDYA SAGAR
No. 1, Ranjit Road, Kotturpuram, Chennai - 600 085
BALANCE SHEET AS ON 31ST MARCH - 2020

LIABILITIES	Sch.	Rs. P.	ASSETS	Sch.	Rs. P.
Trust / General Fund	A	3,13,15,613.59	Fixed Assets	E	3,65,94,829.00
Depreciation Reserve Fund	B	2,50,96,512.00	Investments	F	2,73,20,474.00
Donation Fund (Corpus)		86,92,000.00	Receivables	G	8,96,960.63
Endowment Fund (SQS)		1,08,31,944.00	Current Assets		
Donation (Assets)		16,92,896.00	Cash in hand		19,233.00
Grant in Aid	C	48,76,631.72	Cash at Bank	H	1,86,08,128.88
Sri Sarvatma Natarajan Trust		1,85,344.95			
National Award		64,915.00			
Award - Alliance Resource		1,40,000.00			
Liabilities & Provisions	D	5,43,768.25			
TOTAL		8,34,39,625.51	TOTAL		8,34,39,625.51

For VIDYA SAGAR
Radha Ramesh
RADHA RAMESH
Director

For Sankaran & Krishnan
Chartered Accountants
FRN 03582S



M. Balachandran
Partner
M. BALACHANDRAN
M.No : 16271

UDIN NO. 20016271AAAABN5675

For VIDYA SAGAR

S. Shankarannair
SHANKARANNAIR
Chairperson

For VIDYA SAGAR

S. Ganapathi
S. GANAPATHI
Treasurer

Administrative Expenses

VIDYA SAGAR
No. 1, Ranjit Road, Kotturpuram, Chennai - 600 085
SCHEDULE 'I' OF ADMINISTRATIVE EXPENSES AS ON 31ST MARCH - 2020

DESCRIPTION	31.03.2020	31.3.2019
Annual Maintenance Contract	1,17,761.72	1,79,370.00
Advertisement Charges	4,130.00	20,355.00
Bank charges	27,574.15	31,661.35
Books & Periodicals	13,249.00	11,400.00
Conveyance & Travelling	1,85,579.00	3,14,098.90
Computer Consumables	88,660.00	24,545.00
Courier & Postage	14,094.00	12,560.00
Electricity	5,31,441.00	4,31,289.00
Internet Charges	64,414.00	65,959.00
Lease Rent	4,03,598.45	20,000.00
Loss on sale of Xerox Machine	-	25,114.00
Insurance	6,040.00	-
Maintenance Building	8,16,725.72	5,96,909.00
Maintenance & Repairs	19,79,292.00	38,07,969.00
Fire Extinguisher	18,346.00	-
TDS Exp	2,914.00	-
Printing & Stationery	1,74,058.00	1,72,323.00
Rent	2,43,600.00	2,49,103.00
Security charges	3,42,148.00	3,25,680.00
Subscription & Membership	8,602.36	29,702.00
Miscellaneous Expenses	19,040.00	9,126.00
Telephone Charge	97,895.00	95,257.00
Water Tax	96,286.00	-
TOTAL	52,55,448.40	64,22,421.25

For VIDYA SAGAR

Radha Ramesh
RADHA RAMESH
Director

For Sankaran & Krishnan
Chartered Accountants
FRN 03582S



M. Balachandran
Partner
M. BALACHANDRAN
M.No : 16271

For VIDYA SAGAR

S. Shankarannair
SHANKARANNAIR
Chairperson

For VIDYA SAGAR

S. Ganapathi
S. GANAPATHI
Treasurer

Income & Expenditure

VIDYA SAGAR
No. 1, Ranjit Road, Kotturpuram, Chennai - 600 085
INCOME & EXPENDITURE FOR THE YEAR ENDING 31ST MARCH -2020

DESCRIPTION	Sls.	31.03.2020		DESCRIPTION	31.3.2020	
		2019	2018		Income	2019
Expenditure		TOTAL	TOTAL	Income	TOTAL	TOTAL
Accommodation		18,323.00	27,200.00	Assessment Fees	95,200.00	1,02,800.00
Administrative Expenses		52,55,448.40	64,32,321.28	Course fee	5,28,711.00	4,52,700.00
Admission Fees		-	5,75,880.00	Donation Fund	1,78,98,247.10	1,93,56,155.00
Audit Fee		20,770.00	-	Donation Fund (Foreign)	16,82,953.78	6,40,502.13
Adult Behaviour Management Workshop		27,300.00	-	Donation Fund (Karapakkam)	60,74,390.00	15,02,001.00
Art & Music		1,67,650.00	-	Donation Fund (Safaya)	18,00,000.00	15,00,000.00
Capacity Building		3,49,918.00	1,40,283.95	Donation Fund SGS	27,22,892.00	26,90,478.00
Caregivers Stipend		1,22,000.00	-	Fund Raising	-	1,10,989.00
Caregivers Training		1,72,976.28	-	Grant - Azim Premji	48,24,523.86	35,17,383.88
Co-curricular Activities		-	2,70,952.90	Grant - Thomson Reuters	-	83,240.96
Coffee Vending Machine		-	52,791.00	Grant - Global GI	-	48,164.00
Consultation & Contract Charges		16,40,404.00	24,71,839.00	Grant - Larsen & Toubro	42,73,000.00	62,02,750.00
Computer Maintenance / Consumables		22,172.00	-	Grant - Michelin	3,28,920.86	4,15,997.00
Communication Systems		1,67,064.00	-	Grant - NTT Data	-	1,08,000.00
Club		5,503.00	-	Interest on FD	13,30,188.82	11,93,718.81
Counselling Cyber		2,34,000.00	-	Interest on SB	3,98,208.23	96,537.33
Depreciation		17,89,003.00	15,52,429.00	Misc. Income	40,496.08	47,735.00
Event Expenses		4,89,063.00	3,87,433.00	Rent Received	4,49,631.00	4,25,660.00
Exposure Visit		-	21,784.00	Souvenir	-	10,35,000.00
Exploration of New Products		10,610.00	-	Transportation Charges	15,48,610.00	14,57,800.00
Fund Raising Expenses		5,43,750.36	2,57,616.00	Tuition Fees	16,80,250.00	19,28,900.00
Gratuity		-	1,57,645.00	Vocational Training Income	5,76,587.13	3,95,408.00
Honorarium		1,24,764.72	-	Profit on sale of LIn	46,072.00	-
Independent Travel		271.00	-			
Library Books & Toys		1,895.00	80,993.96			
Maintenance of Equipments		6,647.00	-			
Maintenance Therapy		43,158.00	-			
Materials		3,17,205.00	1,93,381.00			
Medical & Home Visit		1,52,940.00	-			
Mobility Aids		-	61,891.00			
Net Working Expenses		-	-			
Outings		1,45,356.00	-			
Outsource		1,45,230.00	-			
Professional Fees		-	1,00,000.00			
Promotion & Marketing		46,205.00	-			
Refreshments		61,730.00	-			
Reasonable Accommodation-Home & School		3,38,082.00	1,58,896.00			
Recognition Fees		1,42,035.00	14,880.00			
Research & Devt Cost		-	20,000.00			
Resource Materials		-	30,419.00			
Resource Person		1,27,600.00	-			
School Uniforms		39,809.00	-			
Sensory Training		30,900.00	-			
Sensory Training Materials		23,566.00	-			
Sports Materials & Adaptations		79,938.00	-			
Staff Salaries Allowances etc		2,53,02,341.00	2,00,32,727.00			
Student Conveyance		15,81,460.00	12,96,459.00			
Student Stipend		7,36,450.00	1,06,600.00			
Student Welfare		19,692.00	45,933.00			
Student Workshop		47,090.00	-			
Teaching Learning Materials		4,02,944.00	4,49,397.10			
Therapeutic Aids & Adaptations		3,42,432.00	3,54,934.00			
Transport for ALP		52,000.00	-			
Vehicle Expenses		7,40,078.00	6,49,408.00			
Vocational Training Expenses		-	65,000.00			
Water & Sewerage Tax		-	70,628.00			
Surplus		42,21,316.88	68,60,233.89			
TOTAL		4,63,01,888.64	4,33,71,180.05	TOTAL	4,63,01,888.64	4,33,71,180.05

For VIDYA SAGAR
Radha Ramesh
RADHA RAMESH
Director

For Sankaran & Krishnan
Chartered Accountants
FRN 03582S
S. Ganapathi
Partner

CHENNAI
Chartered Accountants
M. BALACHANDRAN
M.No : 16271
UDIN No 20016271AAAA&N5675

For VIDYA SAGAR
S. Shankarannair
SHANKARANNAIR
Chairperson

For VIDYA SAGAR
S. Ganapathi
S. GANAPATHI
Treasurer




VIDYA SAGAR
No.1 Ranjith Road, Kotturpuram
Chennai-600085:
☎ 044-22354784 /85 Fax:044-22200533
✉ director@vidyasagar.co.in
🌐 www.vidyasagar.co.in

VIDYA SAGAR
(Formerly 'The Spaetics Society of India, Chennai')