



**VIDYA SAGAR**

(Formerly The Spastics Society of India, Chennai)



# ANNUAL REPORT

## 2022-23



## MoP Inauguration



## Vikasa 2023



## Summer Camp







# CONTENT

Page No

1	Mission Statement	4
2	Expressing our gratitude	5
3	Message from Founder Director	6
4	Remembering Shanta	8
5	Timeline of events	9
6	Vikasa	15
7	Highlights	16
8	Family Based Rehabilitation (FBR)	17
9	Community Based Rehabilitation (CBR)	21
10	Day Centre	28
11	Training & Development	31
12	Begin to Live Interdependently with Support Systems (BLISS)	33
	Production and Vocational Centre (PVC)	34
	Team for Accessibility and Reasonable Accommodation (TARA)	41
	Get Going	46
	Workforce Development	47
	Trust Enabled Decisions and Support Systems (TED-SS)	48
13	Physiotherapy	49
14	Occupational Therapy	50
15	Speech & Communication	51
16	Vision Training	52
17	Sports	53
18	Arts & Craft	54
19	Social Work & Counselling	55
20	Desabilityty Legislation Unit (DLU)	56
21	Admin Officer's Desk	62
22	Donor Relations and Fund Management	63
23	Bank Details	65
24	Governing Body Members	66
25	General Body Members	67
26	Our Team	68
27	Balance Sheet	69
28	Income & Expenses	70
29	Receipts & Payments	71
30	Auditors Report	72



## Our Mission

### WE BELIEVE

- Every person is valuable
- Disability is part of human diversity
- Disability is a development and human rights issue
- Creating and sharing knowledge

### WE FOCUS ON

- Persons with intellectual and developmental disabilities of all ages, abilities and other disabilities where facilities are inaccessible
- Active participation of family and community
- Providing holistic rehabilitation and enabling access

### WE VALUE

- The capacity of persons with disabilities including the evolving capacity of children with disabilities and their right to make decisions
- The right of persons with disabilities to celebrate their identity
- Collective Initiative
- The spirit and positive attitude we bring to our work each day





## Expressing our gratitude

While your formal role on the Board may have come to an end, please know that your legacy will forever be a part of Vidya Sagar.

### **N. Gopinath**



We want to express heartfelt gratitude on behalf of the entire Vidya Sagar family. Your friendship, mentorship, and support over the last 38 years has left an indelible mark on our organization, and we cannot thank you enough. Throughout our years of growing, your support has been immeasurable and have inspired us to give our best.

### **Rasheeda Bhagat**



Our heartfelt gratitude for your unwavering support as a friend and member of our board. Over the last 38 years, your enthusiasm has left an indelible mark on our growth and success. Your continuous efforts to advocate for positive change has truly made a difference.

We take this opportunity to say a big *'Thank You'* to all our erstwhile members, who have served on the board and have contributed enormously in taking Vidya Sagar forward



## Message from Founder Director



The year started with some plans to have hybrid services, as all families were not yet fully ready to send their children to school, after the Pandemic. However, very soon into the year, we were back to full fledged face to face services. Everyone seemed to enjoy, being back to the routine

We became partners with the Commissioner for the Differently Abled, Govt of Tamil Nadu to design, curate and manage the Museum of Possibilities (MoP) and the Museum Café. This is a demonstrative centre for assistive devices and accessible technology and the Café is a vocational training centre for people with disabilities and a place for people to meet, to have many events, an inclusive hub for friendship and networking. Since February 2021 we had been working on the design and curation. The facility was inaugurated by the Honourable Chief Minister on June 6<sup>th</sup> 2022. There have been 7000 visitors over the year. There has been good appreciation for this project. We were also invited to create a similar facility at Purple Fest, Goa.

In September we lost Ms Shanta Shankaran, a friend, ardent supporter and volunteer of many years. It came so suddenly and was a huge shock for all of us. Shanta had been the centre of our flagship fund raising project 'Sadya' for twenty years. Her unreserved support, great bonhomie and joy that she brought, was one of the main reasons for its success. 'Sadya' is an adventure sports event, designed and organised by Maj Swaraj Roy and his team at Adventure Zone. Shanta was one of the most active members of 'Friends of Sadya', the group from Vidya Sagar which raised the funds. For many of its early years, it raised about 30% of the total expenditure at the centre.

Radha Ramesh who was Director from March 2018, resigned in October 2022, due to certain urgent personal reasons. I took over from her, for the interim, while we wait to appoint a new person.

After the pandemic, many students were very low on Vitamin D. We discovered this as some children had fractures due to very slight movements. On the doctor's advice all children were given the three doses.

### Some of the highlights of this year have been:

- Entrepreneur Development Programme (EDP) for young adults who have learnt a skill and would like to start their own enterprise. This was done in partnership with AT PAR and NEDAR, a network of entrepreneurs with disabilities. These have been set up by Thilakam Rajenderan and her husband. They organised the training through the





National Small Industries Corporation (NSIC). They are going to guide our students and their mentors with business plans and also do some hand holding till they settle down.

- TARA a pillar of BLISS organised three training programmes for architecture students to understand disability and the importance of Universal Design. TARA also became an accessibility partner of NASSCOM for neuro – diversity at the Inclusion Summit held in Bengaluru.
- A vocational training programme in bakery, confectionery and retail management was started with a partnership with Winners Bakery. A bakery unit has been set up. The training is accredited by RASCI and National Skill Development Council.
- An Inclusive Sports Day was held with extremely creative games designed by students of The School KFI. They planned each game according to the student’s motor ability. Our neighbourhood schools AMM & the Government School also participated.
- Community Based Rehabilitation Programme worked on an inclusive summer camp in our rural project schools. The students enjoyed the games, art and music sessions. All children took home a plant, which they have planted in the village and are taking care of it.
- VIKASA the annual day offering by the students was a very exciting play, where every project at the centre contributed in some way. The theme of migratory birds was decided by the students and then teams worked together on the story, the music, the props, the costumes and the student’s performance on stage. The support from Ms Janaki Sabesh and Crea Shakthi a theatre group helped to give it more than a touch of professionalism.
- The Caregivers Course in partnership with NIEPMD trained 56 caregivers. This was done in 5 batches and the quality of training has been much appreciated.
- A new venture has been Hydroponics. The students love the work and now we have fresh greens and also able to make Pesto from the Italian Basil and sell it in the neighbourhood.

It has been a happy busy year; this has been possible because of the enormous and pro-active support of each one that makes up the community of Vidya Sagar. The students and their families have been at the heart of all our activities, participating with enthusiasm and joy. Three Cheers to the Staff and Volunteers for their passion, energy and sense of fun. A big THANK You to the Governing Body and the General Body for being with us. All this is made possible because of our donors, for their generosity and understanding our heartfelt gratitude.

**Poonam Natarajan**



## Remembering Shanta



Words seem hardly adequate when speaking of Shanta.

The loss has been of a friend, fervent supporter and a volunteer of Vidya Sagar for over 20 years. Losing her has been a huge blow not only to her family but in a way far too high for Vidya Sagar.

Having been a tremendous force to reckon with, Shanta was the centre point of the renowned fund-raising event of Vidya Sagar 'SADYA' for several years. A forceful and energetic person, there never was a dull moment when she was around.

Shanta will continue to remain a part of Vidya Sagar and in the life of each one of us who have been associated with her.

*She will never be forgotten.*

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# Timeline of Events & Training 2022-23



## Training

**6,7,11,12,26&27<sup>th</sup>**- A 4-day intensive training to Sarva Shiksha Abhiyan teachers about inclusive education for Home-based students was conducted by Vidya Sagar: CBR team & Day center staff.

**16<sup>th</sup> to 20<sup>th</sup>**-A 5-days training & capacity building for 21 community workers was organised by CBR team at Vidyasagar. Conducted by: Meenakshi Balasubramaniam, Smitha Sadhashivam, Ravi Shankar, Rama Lakshmi, Krishna Kumari & Amarnath Prabhakar



**Apr**  
2022

## Training

**4<sup>th</sup>**- Motivational workshop was organised by Vidya Sagar for all teaching staff members. Conducted by Anuradha Naidu - Consultant.

**28<sup>th</sup>**-Chettinad Medical College invited Vidya Sagar to conduct a full day lecture on Cerebral Palsy for the department of Physiotherapy. Lecture conducted by Jefferson Raj Leckler & M. Vijayalakshmi



**May**  
2022



**Jun**  
2022

## Event

**7<sup>th</sup>**-Museum of Possibilities inaugurated by the Hon'ble Chief Minister of Tamil Nadu, Mr M K Stalin.



## Event

**15<sup>th</sup>**–Independence day celebrated in our campus with flag hoisting.

## Training

**19<sup>th</sup>**–Seating and positioning workshop was organised at The Museum of Possibilities for the staff members. Conducted by T.A. Simy & Jefferson Raj Leckler from Therapy Department

**23<sup>rd</sup>**–Womens menstrual health and hygiene workshop was organised by Vidya Sagar for parents, staff & students by Dr Irfana, Gyneocologist, Medway hospital



Aug  
2022



## Event

**7<sup>th</sup>**–Camp conducted in our school for issuing of disability certificates for persons with high support needs. Students of our school as well as from the near by community benefited through this camp.

**9<sup>th</sup>**–Teachers day celebrated

**9<sup>th</sup>**–Dental screening camp conducted by Saveetha Institute of Public Health

**17<sup>th</sup>&18<sup>th</sup>** A two-days Mela, sale of products made by persons with disability. 20 NGOs from the state participated and sold their products.

Sep  
2022





## Training

**18<sup>th</sup>&20<sup>th</sup>**–Virtual training for assessment of students for vocational training on retail management, organised by Sols Arc. Attended by: PVC department, K S Uma, Kalpana Rao, Sujatha Chellathurai, Valliammal. A, V. Suguna, Vijayashree Ramesh & S. Gandhimathi

**23<sup>rd</sup>**–One day Adapted Paper Technology workshop was conducted by Satya School Pudhucherry. Attended by–Mangala Kumari .S, Amirtharaj, V. Suguna & Vijayshree Ramesh

**14<sup>th</sup>**–Abida, Social worker was invited by Madras School of Social work as a speaker on the event of Mental Health Awareness Day

**28<sup>th</sup>**–CMC Vellore invited Poonam Natarajan & S. Jayalakshmi to conduct a parents workshop on Social Security and Financial Solutions.

**Oct  
2022**

## Event

**10<sup>th</sup>&12<sup>th</sup>, 17<sup>th</sup>&18<sup>th</sup>**– Hacathon for Eye Gaze Technology conducted by Indian Institute of Science (IISc), Bengaluru– high school students participated

**13<sup>th</sup>&15<sup>th</sup>**–EMPOWER 2022 Organised by IIT Research Park, Speech & Communication department presented a poster on AAC– by B. Lakshmi & Nandhini Manikandan

**20<sup>th</sup>&21<sup>st</sup>**–Annual Ishwar Natarajan Boccia tournament for persons with cerebral palsy. This year 8 teams from various parts of Tamil Nadu state participated in this event

**29<sup>th</sup>** –Sale of products made by persons with disabilities was organised by L&T, India office complex. Vidya Sagar participated.





## Event

**14<sup>th</sup>**–Children's day Carnival conducted

**27<sup>th</sup>**–Wheelchair ramp on Marina Beach made by Greater Chennai Corporation inaugurated.

**29<sup>th</sup>**FBR fest conducted for parents to showcase their talents. Like rangoli, dance, music, etc.

**29<sup>th</sup>**–Graduation ceremony for 4th Care Givers Course.

**30<sup>th</sup>**–Election conducted by Rotarians to select student president for Rotract Club. High school students participated.



## Training

**3<sup>rd</sup>&4<sup>th</sup>**– At The Purple Fest, Goa, Hethal Solanki (MoP) and Shivani Shah (TARA) conducted a 2-days in-person accessibility and Assistive Devices awareness and training program for the volunteers

**28<sup>th</sup>**–Belongg, a research and innovation platform, invited TARA and MoP to conduct an Inclusive Product Design Workshop in Bengaluru for Product Managers & UX/UI designers. Workshop conducted by Hethal Solanki & Shivani Shah.

Nov  
2022



## Event

**6<sup>th</sup>,7<sup>th</sup>&8<sup>th</sup>**–Purple Fest organised by Dept of Disability, Government of Goa invited MoP and TARA team to set up a Model Accessible Home Exhibition, curated by Hetal Solanki & Shivani Shah. Ms Poonam Natarajan was invited as a speaker.

**15<sup>th</sup>**–Annual Christmas party celebrated

Dec  
2022

Jan  
2023







## Event

**26<sup>th</sup>**–Republic day celebrated in our campus with flag hoisting.

**31<sup>st</sup>**–School picnic for students, parents, and for all staff organised at Royal Chitram, Sriperumbudur.



## Jan 2023



## Event

**5<sup>th</sup>**–Virtual Quizabled organised by Spastn. Our high school students Mirdula and Nithin participated

**7<sup>th</sup>**–Sale of products made by person with disability – mela organised by Sankalp special school.

Sale of products made by person with disability – Exhibition organised by Tourism department in Island Ground.

## Feb 2023

**10<sup>th</sup>&11<sup>th</sup>**–Sale of products made by person Sale of products made by person with disability – mela organised by World Bank. . Our staff Amrit and Bala managed our stall.

**14<sup>th</sup>**–Speech and communication workshop was organised by Vidya Sagar for all teaching staff, and parents, by Ms. Asha Palanikumar

**14<sup>th</sup>**–Volunteers day celebrated, 9 volunteers honoured. Varisu movie screened in theatre for students. Our students joined with other school students.

**15<sup>th</sup>**–Vikasa our annual drama festival titled: "Joy to the world" celebrated. Justice Anand Venkatesh was the Chief Guest.

**25<sup>th</sup>**–Sports day conducted for students in Madras School of Economics play ground. Chief guest Ms Mathavi Lata, International Swimmer.





## Event

20<sup>th</sup>-Ishoo day annual event observed in our school in memory of students passed away in the previous year.



# Mar 2023



## Training

9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup>, 16<sup>th</sup>, 17<sup>th</sup>, 18<sup>th</sup> -

6 one-day intensive Disability-Access workshop was organised for architecture students from MIDAS - MARG Institute of Design and Architecture Swarnabhoomi & Rajlakshmi College of Architecture. Conducted by TARA team: Shivani Shah, Bhavna Botta, Harishangar

29<sup>th</sup> March to 13<sup>th</sup> April -

Virtual training of Enterprinership Development Programme conducted by MSME Department





# VIKASA Annual Day Play

## JOY TO THE WORLD



The Annual Day play held on 15<sup>th</sup> March 2023 was the major highlight for this year, as it saw students and staff across all programmes participating. It was a time of collective work, bringing excitement, bonhomie and great joy to each one in the centre.

The students visited Pallikaranai Marshland Park, did an access audit and also saw migratory birds. They found this an exciting happening and voted to make it the theme of the play. Once this was decided, there was much research and discussion on how to do this. Janaki Sabesh helped us by introducing a Tulika book story on a mountain which loved a bird.

Teams were made, the story was fleshed out, music chosen and costumes debated about. Rehearsals started in right earnest, supported by Crea Shakthi theatre group and of course Janaki Sabesh. The props and costumes were made by the Production and Vocational Centre and the Arts & Crafts Unit. The migration of birds also led the students to explore the music, dances and clothes of countries from where the birds came and where they made their home for the winter months. So, we had many exciting dances too.

Joy, the bird befriends a desolate mountain. Each year she sends different friends to visit the mountain and they leave some seeds there. In the end, we see a barren mountain full of trees and animals and also a river. Joy and many birds then decide to live on this mountain.

A Happy, Jubilant musical which will remain etched in our memory all year through. The parents, siblings and grandparents all had a smile to share and take back a joyful memory. Our donors appreciated the enormous work done by all.

Justice Anand Venkatesh our Chief Guest loved the play and said, “You should invite me each year for your play!”





MoP Inaguration



Vikasa 2023



CBR Summer Camp



# Highlights

Annual Sports Day



Entrepreneurship Development Programme



Architecture Student's Workshop





## Family Based Rehabilitation (FBR)

- Advisory & Referral (the first entry point to Vidya Sagar)
- Early Intervention (a parent training model focused on holistic development of the children less than 6 years old through play-way method).
- Home Management (Parent Training ,flexible time table for students along with hands-on parent training)
- Outstation Program
- Apart from Kotturpuram campus, our assessment and screening is also done in the high risk babies clinics at:
  - Public Health Centre in West Mambalam
  - Egmore Government Hospital for Children
  - DEIC (District Early Intervention Centre) Stanley Government hospital.

### Advisory & Referral

#### Total Beneficiaries:

- The total individual assessments, programme planning, interventions and follow ups: 1766
- One adult from Maldives was assessed through online mode.
- Follow-ups were done once a month for two children in other districts of Tamil Nadu.
- During July 2022, two children from Thiruvarur and Erode came for initial assessment and stayed with us for a week for the family to get trained.
- A student from our Early Intervention Programme, relocated to the UK, he continued to attend the online sessions once a week.

#### New beneficiaries – age and gender wise

Age	Male	Female	Total
Upto 5 years	282	242	524
6 - 15 years	129	102	231
16 - 25 years	72	52	124
Above 25 years	36	22	58





## Early Intervention programme

30 beneficiaries were grouped separately according to their motor ability. Sessions on the mat and in standing were fun filled with interesting play activities.

An outing per term was organised for all children along with their mothers. They visited and had an enjoyable time at the local Anna library, climbing to the top of the lighthouse and animal cart rides in Royal Citran, Chowki Dhani.

Children loved their first on stage experience while participating in school events such as Sports day, Christmas party and Vikasa, the annual play.



Early Intervention children holding the wall rail in front of the mirror for daily Peto session (to the left)  
Three parents, two staff and one child enjoying an animal cart ride in Royal Chitran (to the right)



Early Intervention & Home Management children dressed up for the Christmas play. (to the left)  
Early Intervention children crawling through a tunnel during the inclusive fun sports day. (to the right)

## Home Management

The home management program continues to emphasise hands-on training for the primary caregivers and the other members of the extended family. The total number of beneficiaries were 30. As a part of our on-going support to Montfort School, our



staff provided the necessary training to the teachers and shadow teachers based on the needs of the students in various areas of learning every once in two weeks. We support additional learning activities for students coming from low resource settings.



A student with the therapist and mother, reading a story while sitting on a therapy ball. (to the left)  
Students supporting one another to place cubes on the peg board. (to the right)

Eight workshops were conducted by our staff as well as external resource persons on various topics such as AAC, speech & communication, feeding, oromotor hygiene, diet, general health of women, learning processing and sensory integration.



FBR parents attending an interactive communication workshop by Asha Palanikumar, Speech Therapist

## Parents Support

Our mothers have developed an excellent bond amongst themselves and continue their support network and friendship even outside the school. We conducted “FBR Fest” day. Mothers participated with great enthusiasm and performed dances, sang songs, put up beautiful rangolis and made dishes with fireless cooking. Few mothers planned and went for a movie while their children remained in the class.





There are seven mothers who have started a self help group named as “7 stars”. They make nutrition supplements (mixed cereal porridge flour) and homemade snacks which are sold in the school premises.

Home visits to each child's house over the years helped us to understand the family dynamics better. Every month we supply nutritional supplements to all the children from low resource settings. We provide teaching learning materials to parents to continue the chapter learnt at the centre.



Rangoli art work done by FBR parents. (to the left)

Eight FBR parents celebrating one of their friends' birthdays with a surprise cake cutting. (to the right)

**Aids & Adaptations**

Aids & adaptations were given for home purposes, as per child specific needs. It supported them to become more independent in the activities of daily living (ADL). We gave 25 small bolsters to the DEIC Stanley Hospital for parents to take home and help babies to achieve head control

**Recognition**

Our physiotherapist Ms. Hemalatha was honoured for her service towards positioning and therapy training for special needs children by Sankara Nethralaya, Low Vision Centre on the event of children’s day in their hospital.

**Niramaya insurance – Enrollment**

Vidya Sagar is registered with The National Trust, a statutory body of the Ministry of Social Justice and Empowerment, Government of India, set up under the “National Trust for the Welfare of Persons with Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities” Act. The renewal of the registration was done in March 2022 for another 5 years. We use the Niramaya health insurance scheme.

We support all special schools and PwDs in Chennai to enroll in this scheme. During the year 2022-23, we did 56 new enrolments. So far, 480 beneficiaries have been enrolled.





## Community Based Rehabilitation (CBR)

The services are based on the WHO CBR Matrix which includes Health, Education, Social, Livelihood and Empowerment. We are currently working in Thiruvallur and Karur districts of rural Tamil Nadu and two urban slums in North Chennai (Basin bridge and Kannigapuram), catering to the needs of over 2000+ people with disabilities. In Thiruvallur we are partnering with Vasantham Federation (VF) and in Karur we are partnering with Organisation for Development Action (ODA). In all our project areas we have trained local community workers who deliver these services, monitoring is done by the local partners. This project partnership started in March 2016 and it is in the last phase, which ends in December 2024.

The CBR team delivers these services in the community with the help of community workers through the guidance and periodic field visits of our expert team from other departments of Vidya Sagar.



CBR team with the domain experts from Vidya Sagar (to the left)  
CBR team with some community workers (to the right)

### Impact and reach over the last year:

CBR workers on the field	21
Resource persons in the community	10
PwDs availing home based services	900
Facilitation to entitlements	860
Self-help groups newly started	24
Children with disabilities supported in ICDS centres and schools	93



People in the community reached through awareness program	1500
PwDs received cyclone relief material	140
Medical referrals	818
Nutrition mix	348
Resource centre setup	4
Reasonable accommodations	8
Medical camp	550
Number of children accessing inclusive education at schools and tuition centres	408
Number of students with disabilities who passed 10th and 12th board exams	31

## Key Highlights

### 1. Training Programs–Capacity building for community workers –in-house trainings



A one week training program conducted at Vidya Sagar, where the community workers were divided into three groups– Livelihood trainer, Inclusive education teachers and community workers for empowerment. We invited resource people for advocacy, resource mapping, making livelihood products using community resources, inclusive education practices and curriculum adaptations.

(Image on the left shows an Inclusion field workers trying out strategies to teach patterns using ice-cream sticks.) This helped them to focus on their area of expertise and gain knowledge.



## 2. Vidya Sagar Mela



The vocational trainers trained the adults in the livelihood centres to make products out of paper, wax, cloth and silk threads. They had a good collection of products which included jewellery, bags, flower vases, home decors which were sold at the mela (Image to the left) It got a good response.

## 3. PLF (Panchayat Level Federation) and SHG (Self Help Group) Trainings:



In Karur District, Thogamalai block, Community workers conducted a Training on SHG and PLF strengthening – The topic was on keeping records and notes, and how to apply for a loan. Around 400 people participated from all the panchayats and found the bookkeeping methods they had learnt very useful. (Image to left)

## Events and Awareness Programs

### 1. Awareness camp on Mental Illness

In Thogamalai a street play was done on mental illness and importance of early identification and prevention of suicide. This was attended by over 40 stakeholders and their families. In addition, on account of World Mental Health day, an awareness program was conducted in Thiruvallur which covered around 150 people. It focused on importance and myths around mental health, early signs or red flags on when and where to seek help.





Street Play to create awareness on mental health issues at Karur District.

## 2. Disability Day and Christmas Day Celebrations

An Awareness program was conducted on World Disability Day at Thogamalai Panchayat in Karur with 850 participants. It started with a Rally, where stakeholders walked together and called out awareness slogans regarding Disability.



Awareness rally on disability day at Karur

As a part of cultural integration, marking the Christmas event, a cultural program where children with disabilities participated in many events like fashion shows, talent hunt programs.etc. In that Program, the Chief Guest addressed the importance of parents' role in the life of a person with disabilities and also the role women can play to dispel the myths associated with gender.



### 3. Boccia Tournament and Community Sports Meet

A Boccia Tournament selection was done at Villivakkam and the Slum in all working panchayats by our sports teacher. The match was conducted in Vidya Sagar campus, the Villivakkam team were able to reach up to semi-finals. Following this, At Karur district, an inclusive sports meet was conducted for around 100 people. All games were held at the Panchayat community hall and school campus.



Community inclusive sports meet at Karur which involved different games such as adapted basketball and boccia.

### 4. Inclusive Summer Camp

An inclusive summer camp was conducted in Karur for 7th and 8th std students of government schools which involved arts as a medium for inclusion. It was a 5 day camp conducted at 3 panchayats with involvement of school headmasters, few teachers , CBR team and inclusion field workers to give an awareness on inclusion and a way for children with and without disabilities to work collectively.



Summer camp at Thogamalai Panchayath office published in the local newspaper (to the left)  
Children from 6th grade with our beneficiaries playing in the summer camp (to the right)





### Successful running of “Non formal learning centres”

As approval of the proposal of Ellarum Ellamum got delayed, our inclusion field workers were not allowed to enter the schools. So as a team, we planned on conducting non-formal after school classes. Our team worked on weekends to support inclusive education in these classes, which emerged as non-formal learning centres wherein children with and without disability participated and learnt from our inclusion field workers.



Inclusion field workers taking classes through non formal teaching centres at Karur

### Success Stories

#### Vasantham Project

Vedesh, 7 years , is today, a happy, cheerful boy, he has Multiple disability (CP with ID)and is from the Villivakkam area of Palavedu Panchayath. When he was first identified in 2018, his development was very delayed and disability severe.

Due to continuous intervention, parental support and involvement, now he is able to sit, stand and walk independently. He has also enrolled in school in the second standard. He has also got good friends, they have developed an interdependent relationship at school and at his community.





## ODA Project



Veni is the community volunteer and SHG leader in ODA, Thogamalai. She has an 11 years old son, Lakshan who has Cerebral Palsy (Veni and Lakshan in the photo to the left)

To access the Rehabilitation services for her child she has to take him to Karur which is very far from Thogamalai. So the parents of children with

disabilities(0-6 years) requested the panchayat and got the panchayat building where they started the Early Intervention (EI) Program and Veni was one among them. Initially she was trained by the Vidya Sagar technical team and she did volunteer work at the early intervention centre at Keelaveliyur. However later the space was taken back by the panchayat for another program.

Post pandemic, the CBR Team started and run the Early Intervention (EI) Centre at Kavalkaranpatti in a rented premises, she resumed services for her son, taking him there on her TVS XL bike. The CBR team adapted a seat on her bike so that she could take him to all places in a comfortable position. The modifications included a foot rest, AFO (ankle foot orthosis) for the boy and Velcro to fix his feet on the XL bike. Now Veni is able to take her son to all places including the EI centre, ration shop, agricultural land etc. She is also empowered to help other parents in the early intervention program and heads the Self Help Group in her panchayat.



## Day Centre

The reopening of school in June 2022 after the pandemic, created a lot of excitement among students and an equal amount of apprehension among some parents who needed a little more reassurance on the day of reopening. The school was full of laughter, and hugs with high-pitched sounds, and life at Vidya Sagar was back to normal!



Students of the high school, some on wheelchairs and others on chairs, sitting in a big circle excitedly talking to each other on the day of reopening.

## Evaluating, Rethinking, and Prioritizing

As a team, we prioritised the goals for each student, keeping in mind the two years of online education. Our top priority areas were as follows:

### 1. Parents Workshops

Tuesday afternoons were dedicated to parents training reviving the lost friendship and support due to the pandemic.



An interactive writing activity where a group of mothers are seated on the floor in a circle and discussing with each other



We started small groups for interaction which involved free chats, technical knowledge sharing, meeting up with like-minded people, and older parents as well as going out. This has been welcomed by parents and most of them are regular and enjoying themselves.

## 2. Resource Mapping of the neighborhood

In order to create a holistic rehabilitation plan as our students become adults, we decided to resource map the neighborhood that they live in. Teachers have been doing home visits and have covered most of the students' homes.

## 3. Movement therapy and Music

Parkour movement therapy sessions were started back which helped the students to settle into the class routines quickly. We could also get a part-time music teacher and the sessions started in August and students were able to put up performances during various school events like Independence Day and Annual Day.

## 4. Experiential Learning

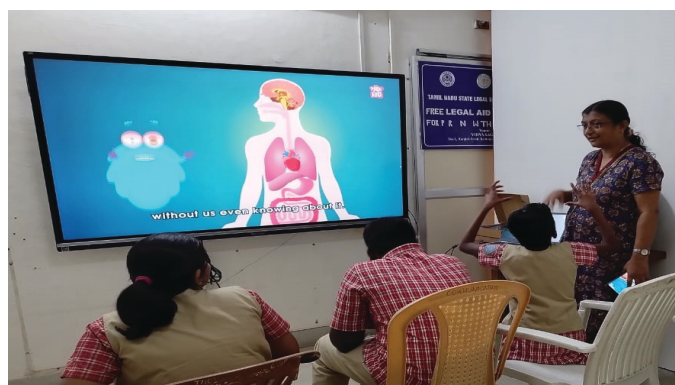
Whether it is learning about traffic rules or about nature, we ensure that the students learn by experiencing it & doing it.



Junior school students learning about traffic signals in the classroom

## 5. Technology in learning

Technology has been used for learning through smart board-class setup and devices like tablets. The students using Smart Board to understand digestive system in the below image







## Transition Curriculum

The transition curriculum is vital for students as they transition from childhood to adolescents and then to adulthood. They need to learn and practice life skills which will help them to participate in their families and communities. The day center program follows Transition Curriculum across all classes.

The junior school follows a graded curriculum –Samcheer Kalvi and Activity–Based Learning. The students learn basic life skills along with reading, writing, and mathematics. The curriculum is adapted to meet their needs.

The middle school and high school classes have two streams – functional academics combined with pre–vocational skills like xeroxing, and lamination, data entry and regular academic classes aiming at school–leaving exams. We have groups of students at different levels of pursuing the school leaving certification through National Open School. This year we have one student finishing his 12<sup>th</sup> standard, and two finishing 10<sup>th</sup> grade, while three are finishing the 8<sup>th</sup> grade and getting into the process of enrolling into tenth grade.

A much dreamt project, a basic skill training unit for bakery and confectionery was established. The training led to internships and advanced training at the café at the Museum of Possibilities, an initiative of the Government of Tamil Nadu and run by Vidya Sagar. We also enrolled the trainees in the Retail Association Skill Council of India for certification.



The first batch of bakery trainees with the trainer

The high school students were part of the Interact Club and worked with the Counseling Department for exciting accessibility issue–related awareness programs. The students participated in environmental conservation projects and went on saving the turtles program and other initiatives like science forums, inclusive sports day, christmas party, theater show on Annual Day and school elections.



## Training and Development

The Training and Development wing of Vidya Sagar, formerly known as HRD, had a dynamic year with a focused approach in five key areas: Conducting Training Programs, Staff Capacity Building, Internship and Volunteer Engagement, and Visitor Orientation.

### Accredited Course – B.Ed Special Education – Multiple Disabilities

A highlight of our endeavors was the successful completion of a two-year full-time B.Ed in Special Education, Multiple Disabilities. Affiliated with the Tamil Nadu Teachers Education University and recognized by the Rehabilitation Council of India, the program saw the graduation of six trainees, who have already found employment in mainstream and special schools, while a new batch of nine trainees commenced.



Attending a conference at DR MGR Janaki College of Special Education and Research

The course integrated expertise from various Vidya Sagar projects, supplemented by guest faculty, including psychologists, doctors, and educationists. Collaborations with St. Christopher's College of Education further enriched our offerings.

The B.Ed program went beyond academic rigour, emphasizing active participation in workshops, conferences, and training both within and outside the institution namely:

- Art, music and games for social inclusion
- Understanding Life roles
- Learning through play calendar
- Dialogues of Vidya Sagar
- Conference on special education
- First Responder training– A certified training on first aid



- Making an interactive game showcasing model accessible home at the disability day expo inaugurated by the chief minister.

**Empowering experiences**

Included visits to the Museum of Possibilities and Chetna Library, enhancing accessible material development, including multi-sensory books, alongside a team-building Christmas party.



Christmas Day celebrations

**Need-based training**

Involved in an online AAC workshop for Kaumaram Prashanthi Academy ( KPA) Coimbatore and a two-week Early Intervention program at Jyothis School, Kottayam, Kerala. Our staff served as resource persons.

**Internships, Volunteering, and Community Engagement**

Over 100 interns joined from diverse fields, along with 10 dedicated regular volunteers. "Volunteers Day" we celebrated their valuable contributions.



Group Discussions



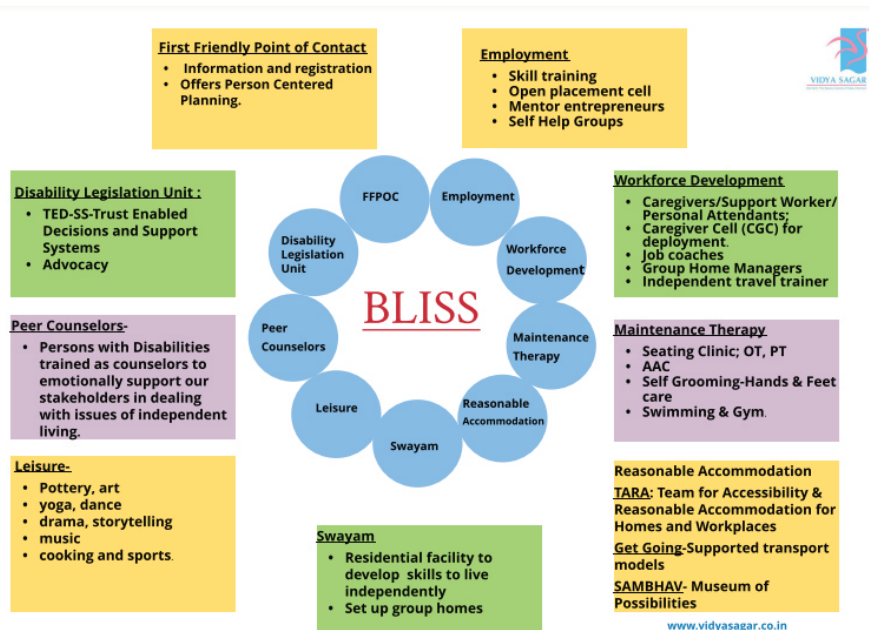


# BLISS

## Begin to Live Interdependently with Support Systems

BLISS, initiated in 2018, is an ongoing effort to establish community-based support systems for fostering independent lives among adults with disabilities. This endeavor counters the notion of institutionalization as the sole solution and addresses the prevalent concern of parents regarding the future care of their children. BLISS focuses on community-oriented solutions that ensure safety, security, and active participation. To define the concept of "living independently," we have adopted the term "interdependent," recognizing that everyone relies on various forms of support. Our goal is to develop an inclusive ecosystem through nine key pillars to empower individuals with disabilities. Unfortunately, our country lacks specialized services for adults with disabilities, including trained caregivers, job coaches, travel trailers, and more. Home and workplace modifications, accessible transport, and support circles are also inadequate. BLISS aims to rectify these gaps and create a replicable model of sustainable support systems for enhanced independence and participation.

BLISS, the Resource Centre has nine pillars, which will set up the support systems as shown in the diagram below.



As an ongoing task, here is the report of the activities in four of the pillars:

1. Employment – Production and Vocational Centre (PVC)
2. Reasonable Accommodation
  - a. TARA– Team for Accessibility & Reasonable Accommodation
  - b. Get Going
3. Workforce development
4. Disability Legislative Unit: TED–SS : Trust–Enabled Decisions with Support Systems



## Production Vocational Centre (PVC)

PVC trains adults with disabilities on vocation skills, self-help skills, recreation skills and other soft skills which are needed for life. PVC has a team of 7 staff, 10 ancillary staff and 70 adults with disabilities. The Adults are divided into three categories:

1. Producers
2. Trainees
3. Adult leisure program

Training is done for different trades like weaving, clothing ware, leaf wear products, handmade paper production, paper products, art and crafts and appropriate paper technology.

### Weaving unit

The weaving unit has 10 looms and 11 trainees getting trained in pre and post organising skills, warping, wafting, shaft changing, rolling and untangling the thread, while also learning to troubleshoot the problems while weaving.

The weaving unit creates stoles, runner, table mats, coasters, scarves, door mats and running material which are converted into different products like gift box, bag, file folder, wallets, etc. and also, we have an exclusive weaving of paper weaving which we use to make file folders.



Woven products



Finished products from weaving unit

### Cloth ware unit

In this unit we have 12 adults with high support needs. We create painting designs using technique such as Thread painting, Tapping, Leaf printing and Rolling on cloth and paper using different adaptations and personal assistance. The material is then converted into different types of products Like, shopping bag, side bag, water bottle bag, lunch bag, scribbling pads, sling bag and wallets.



Making process



Bags with different print: Thread painting, Tapping, Leaf printing, Rolling.



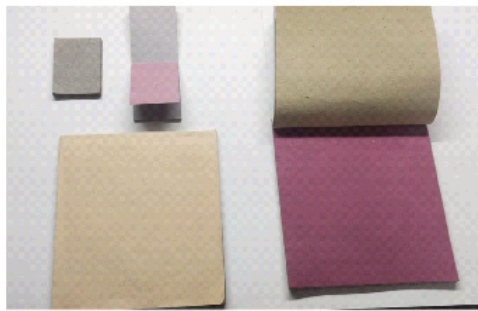


# Handmade paper

This unit has a wonderful assembly line job with many manual steps involved Here, we are giving training for producing Handmade Paper out of recycled paper, green grass, leaves and fallen flowers from trees collected by the trainees from our premises to produce paper. Then we convert in to different type of products like, note books, coasters, book marks, Scribble pads.



Making Process



Finished Products

# Leaf ware

In this unit, we make leaf wear cups and saucers. These eco- friendly products have a lot of manual work before feeding in the machine, like sorting, cutting, trimming, wiping, arranging, feeding, quality checking and packing. Seven students are involved in this unit.



Making process



## Paper products

Paper creative designs are done using leftover woven threads and leaf printing on paper. Then it is converted in to different size of paper bag.



Different size paper bags

## Art and Craft unit

This unit produces seasonal and customised products like Block printing, Lamination, Diya painting, Stone painting, Resin Products, File folder, Bookmarks, Trays, Photo frames, etc.



Process of lamination

## Adult leisure program– ALP

ALP is a unique program for adults with very high support needs. Children earlier labelled as profound and severe did not get admission in most organisations. We decided to start a Special Training Unit for children who may not be able to either be in the academic or vocational streams. These children need holistic programs in motor and language development and to the extent possible, training in activities of daily living. As they grow into adults, they move to the Adult Leisure program. This program also supports the families in all areas so that they are able to care and nurture a person who may need full time care. We have supported families in times of need by sending the suitable caregiver





Making products with Appropriate Paper Technology, has been found to be one of the activities that adults with high support needs are able to do. They create long lasting and aesthetic pieces of furniture like tables, stools, shelves.



APT stool and bangle stand

This unit also is a community which supports one another as friends. They enjoy leisure time in activities like outings, birthday celebrations, home visits, and music. This year we visited – Semmozhi Poonga, MOP- Museum of possibilities, Iskcon temple, Chokkidani, and friends' homes especially at the time of navratri.



This year's ALP batch participated in all the events like– Christmas celebration, Poonam Akka's 70<sup>th</sup> Birthday, sports day, Ishoo day, Annual Day etc. (image above)

### Entrepreneurship development Program training (EDP)

The producers of PVC have learnt a vocational skill and become proficient. It is now time for them to move out as entrepreneurs either by themselves or in a group. In order to facilitate this, we launched the Entrepreneurship development Program.

We chose NEDAR (Network of Entrepreneurs with Disabilities for Assistance and Rehabilitation) founded by Thilakam Rajendran as our partner. NEDAR is a non-profit





organisation and India's first Virtual Business Incubator to Promote and support Entrepreneurs with Disabilities pan India. Through online and offline courses it supports the businesses to get the NSIC certification. NEDAR has sensitised the Tamil Nadu NSIC team and get the talented Faculties for the training program. The classes were conducted in Tamil.

We did the program from March 29<sup>th</sup> to April 13<sup>th</sup>, 32 candidates were registered from Vidya Sagar (16 students, 8 parents, 3 staffs and 5 CBR livelihood trainers) and successfully completed the course and got the certificate from NSIC.

The next step is to make business plans for each group facilitated by NEDAR.



Certificate distribution

## Achievements

One of the producers, Suraj Suresh, moved out of the unit and joined his mother to become an entrepreneur. They have set up a company called Desi weaves. The cloth woven by Suraj at home is converted into very smart ladies bags.



## Stalls

This year we participated on more than 10 craft melas

- Mela –Vidyasagar -2 days
- L&T Craft mela
- World bank sale – 2days
- Sankalp
- Stella Maris college
- Island ground
- MOP
- Disability day
- Kotturpuram association
- Ashok Nagar Majid sale once in a month (Feb & March)
- Tamil Nadu Teacher Education University (TNTUE)
- MOP Vaishnav
- Bits Pilani – Hyderabad

Also, we worked on orders for conferences and wedding return gifts



Stall participation



## Team for Accessibility and Reasonable Accommodation (TARA)

TARA's mission is to make homes and workplaces accessible for persons with disabilities and the elderly, promoting independent living and full participation in daily life.

### Highlights of Activities:

The year 2022-2023 was marked by significant achievements for us. Through our efforts in curating The Museum of Possibilities, and conducting accessibility consultations, exhibitions and workshops for architecture students, we have made meaningful strides towards fostering independent living and accessibility for people with disabilities.

### Inauguration of The Museum of Possibilities

Inaugurated by the Chief Minister of Tamil Nadu, marking a milestone in the endeavor to improve the lives of people with disabilities. Several programs, events, and school/college visits were organized to raise awareness about accessible housing, assistive devices and accessible technology. This helped to sensitize architecture, therapy, special education, social work and other students as well as bureaucrat trainees. This initiative aimed to create a more inclusive and accessible environment.



Chief Minister of Tamil Nadu, M. K. Stalin inaugurating The Museum of Possibilities

### Accessibility Consultation

We are dedicated to offering comprehensive accessibility consultations, encompassing consultation for home modifications, public space accessibility, responding to visitor inquiries from MoP, and providing consultations to various departments within Vidya Sagar, including DLU. Additionally, we extend virtual consultations.

### Home Visits and Modifications

We conducted accessibility consultations for two houses during this period. Ramkumar's house required entrance and bathroom modifications, while Kevin and Preeti's home consultation took place online with design recommendations sent afterwards. We collaborated with the Community-Based Rehabilitation (CBR) team for these consultations,





ensuring a comprehensive approach to accessibility modifications. For the Akshaya Project by SCAN, we were involved in giving virtual design and accessibility consultations.

**Arcot Lutheran Church, Tiruvannamalai**



Ar Shivani Shah, TARA Coordinator, undertook a day trip to the Arcot Lutheran Church in Tiruvannamalai to assist with their proposal for an accessible church. The visit encompassed evaluating the current accessibility status at the old church, considering church planning regulations. Further activities included inspecting the new construction site

(image to left) and engaging in discussions with the civil engineer and church team regarding the proposed plans.

**Model Accessible Home Exhibitions**

Model Accessible Home is a space to showcase various adapted products and technology for daily living and ideas to make one’s home accessible. It is designed as affordable and barrier-free as possible, using universal design principles. Easy transfer, accessible cabinets, anti-slip flooring, and product adaptation for everyday activities are some key features considered. The Model Accessible Home has a living room, kitchen, bedroom, bathroom space, and an AAC corner.

**Low-resource setting**



On International Day of Persons with Disabilities, we showcased an accessible house for low-resource settings. The goal was to raise awareness about independent living through home accessibility. The first image on the left shows a group picture of the team involved in curating the exhibition –TARA, MoP, Therapy and B.Ed Students. The second image shows Smitha Sadasivan exploring the adapted products in the house.



## Purple Fest, Goa 2023

At the EMPOWER 2022 Conference, the Goa Commissioner and Secretary visited the Museum of Possibilities (MoP), sparking the idea of an accessible home for the Purple Fest. A collaboration was established with Anand Niketan, a local NGO, after budget discussions with the State Commissioner. As suggested by MoP, Anand Niketan procured assistive products, while Ar Shivani Shah, Coordinator TARA and Hethal Solanki, Manager MoP, worked in finalizing the exhibition floor plans, location, layout and dimensioning of each area in the house. The execution began a week before the event. Construction, furniture setup, and product procurement were managed by Anand Niketan. Furniture adaptations were modeled on MoP examples.



TARA, MoP and Anand Niketan team; Construction of the house; Attendees exploring the house (from left)

Volunteers' training was an integral part of the setup where they underwent accessibility and disability training, understanding the Model Accessible Home's significance and the assistive products' functionality. The picture below was taken from the training program conducted by Ar Shivani Shah, TARA coordinator and Hethal Solanki, Manager MoP.



The training program at Purple Fest, Goa 2023





On Purple Fest's first day, Chief Minister Shri Pramod Sawant inaugurated the home, accompanied by dignitaries including the Union Minister of Social Justice. The Model Accessible Home received more than 1000 visitors over the duration of 3 days which included PwDs from all across India, students, professionals, dignitaries, etc.



Inauguration of The Model Accessible House by Chief Minister Shri Pramod Sawant & dignitaries

**Capacity Building, Training and Collaboration**

During the first quarter of 2023, we were actively engaged in capacity building, sensitization, and training programs to promote accessibility and inclusivity in various domains. Here are the key activities and achievements during this period:

**Collaboration with The Belongg, Bangalore**

TARA and The Museums of Possibilities (MoP) were invited by The Belongg, Bangalore, an inclusive platform promoting diversity and accessibility, to conduct a workshop as part of their Inclusive Product Design initiative. The workshop aimed to emphasize the significance of product design and the integral role of accessibility in the process. Through engaging presentations and case studies, we highlighted the importance of digital accessibility, the role of UX/UI design in the lives of persons with disabilities, and the significance of fostering independence through inclusive design.



Belong Ideathon Poster (To the left)  
Shivani, TARA Coordinator and Hethal, MoP Manager presented their work (To the right)





## Disability–Access Workshop for Architecture Students



Disability–Access workshop poster (to the left)

Workshop group photograph with MIDAS 2nd-year students (to the right)

We initiated an accessibility training program targeted at architecture students from colleges in and around Chennai. Over a span of approximately two months, TARA successfully organized 6 one-day Disability–Access workshops, training 178 students ranging from 1st to 5th year from two colleges namely MIDAS – MARG Institute of Design and Architecture Swarnabhoomi & Rajalakshmi College of Architecture. This program also impacted 13 faculties who participated in the workshops. The primary focus was to build empathy and understanding among the students about the power and impact of design, particularly in the lives of persons with disabilities.

- **Empowering Through Real-Life Experiences and Storytelling**



Storytelling session with Aditya Mahesh, Azeesh, and Harishangar (starting from left)

The workshops were designed with a "Nothing About Us Without Us" approach, involving seven individuals with different disabilities. The purpose was to realize the impact of design choices on the creation of barriers, reinforcing the power of design and their profession. Through sharing of personal experiences, several enablers and enabling situations were



explored aiming to create new possibilities and perspectives. This helped the students gain a deeper understanding of the challenges faced by persons with disabilities in their daily lives, encouraging them to think inclusively while designing spaces and products.

- **Design Thinking Exercises**



Students design thinking brainstorming session (to the left)  
Student final design presentation (to the right)

To provide practical exposure, the workshops incorporated design thinking exercises. Students were presented with real-life scenarios such as a wheelchair user boarding a train from the metro station, a hearing-impaired person managing everyday chores, etc., requiring students to identify barriers and enablers in consultation with the disability speakers. Understanding the unique user journey of individuals with disabilities, students explored possible design solutions to such problems followed by presentations.

## Get Going

Supported and Wheelchair Accessible transport for Adults with Disabilities. It is continued to be used by the stakeholders of Vidya Sagar and the citizens of Chennai.

[Accessible Vehicle in Chennai | Get Going | Vidya Sagar - YouTube](#)



Get-Going assisting people since 2019





## Workforce Development

The main objective of the Workforce Development pillar is to train professionals for adults with disabilities. Caregivers/ Support Worker/ Personal attendant, Job coaches, Independent travel trainers, Group home facilitators, Peer counsellors, and Training for self-advocacy are some of the needs. These are not yet available in our country. At present we are training Caregivers/ Support workers and have formed a Caregivers Cell.

This year 2022 -2023 the Caregivers program trained 26 candidates in 3 batches. Out of this twenty have completed their exams and received their certificates. All twenty are working and earning around fifteen thousand a month. 6 candidates will be giving their exam in June 2022.



The Caregivers Course is in collaboration with National Institute for Empowerment of Persons with Multiple Disabilities (NIEPMD) and National Trust. The training is 70% practical and 30% theory. The eligibility is 8<sup>th</sup> std pass and age between 18-35 years. We have given training to people from other states- Andhra, Karnataka and Goa. (Image to the left: Field visit)

We are working on the syllabus for the Group Home Facilitators. The training will be for five months and some of the areas are understanding disabilities, their needs, empowerment, management, leadership, counselling, conflict resolution, and multiple intelligence.



Curriculum of First Aid and Health Module done by TNASDCH for the care giver's Training program





## Trust Enabled Decisions and Support Systems (TED SS)

This is an attempt to identify and create support for interdependent living in the community. A person centred plan is prepared based on resource mapping, day to day routines and preferences of the individual with disability.

In TED SS we also work with the families to identify the best support plan. We explore individualised support arrangements for a set of eleven life domains. These are:

- Activities in daily living
- Hygiene
- Communication
- Housing and Personal Mobility
- Transportation
- Work
- Leisure
- Socialisation
- Health & nutrition
- Problem Solving
- Finances and Safety

The activities of TED SS are about sensitising adults with disabilities, their families, professionals and the community to live independently. We are exploring how to evolve support circles because the biggest challenge for adults with disabilities is forming and sustaining relationships. They find it difficult to develop a first circle of friends and supporters.

The objective is to make a support plan with the first circle of friends and make it part of the trust deed for the person with disability. We have worked out a trust deed for one adult with high support needs and are in the process of facilitating another one for a young adult with a different disability with high support needs.



## Physiotherapy Unit

The Physiotherapy department focuses on enhancing the functional abilities of students with sensory motor impairments. The team of 11 members conducted individual physiotherapy sessions for 74 students during the year 2022–23. The emphasis was on improving functional mobility and classroom positioning, including group therapy sessions.



Two kids are enjoying an interactive talk being on the standing frame

To enhance engagement, interactive elements like small group games were incorporated. Standing frames encouraged interaction and play among students, enriching their experience. In early intervention, exercise activities and group games were used to promote maximal ability and mobility. Notably, four students advanced their power wheelchair skills, two underwent corrective surgeries, and the department managed fracture follow-up and rehabilitation.

### Materials Issued:

- Wheelchairs: School use (26), Home use (6)
- Orthotic Aids: Ankle Foot Orthosis (17), Wrist splints (2), Leg gaiters (6)
- Furniture: School (19), Home (8), Van seat (2), Rocking chairs (2)

### Training:

- An internal two-day workshop on wheelchair assessment and prescription.
- A one-day workshop on Cerebral Palsy and assistive devices for Saveetha College of Physiotherapy students.
- Provided internships for 36 students from Chettinad Physiotherapy College.
- Conducted a session on Physiotherapy Best Practices for Special Educators and Parents at Vasantham Special School.
- Attended two days workshop on Early Intervention and an online session on Bayley Scale, an assessment tool for infants with Sensory Motor Impairments.



## Occupational Therapy Unit

The Occupational Therapy department maintained an active presence throughout the year, dedicating one week each month to impactful activities. Additionally, video chat facilitated seamless collaboration with volunteers and staff, adapting to evolving needs.

### Weekly Activities:

- Routine individual sessions as per timetable, group therapy, assessments of FBR, Day center, hands-on workshop with Early Intervention parents, explaining the activities for individual sessions to the volunteer and ancillary staff, and CBR visits.
- Undertook Community-Based Rehabilitation (CBR) visits, involving training for community workers and teachers, sensory integration sessions, home visits, and assessments at different centers.

### Individualized Support:

- The EI workshop was done for Parents on feeding, feeding positions, Oral motor skills, eating utensil placement, adaptations etc.



EI workshop with parents on Feeding

- Designed and introduced a functional hand splint for a student, enhancing voluntary gross motor hand skills. The class teacher was educated on its usage and donning procedure, with plans to extend this support to other students. Additionally, dedicated daily individual sessions were organised for 40 students from the Day Centre.

### Autism Awareness Month: a highlight of the academic year

- Organized an engaging event where parents, engineering and design college students, and speech therapists experienced diverse sensory environments followed by informative Q&A sessions.





With architecture and speech therapy students on AAD (Autism Awareness Day)

## Speech, Language and Communication Unit

This year we marched ahead on creating awareness of Augmentative and Alternative Communication (AAC) among different stakeholders within the country as well as abroad.

We conducted workshops, training and participated in the conferences:

1. Created awareness and mentored 41 speech interns from Sri Ramachandra Institute of Higher Education and Research (SRIHER) and 29 speech interns from SRM College on AAC.
2. 'EMPOWER 2022" we showcased our in-house assistive technology VINNER-VBOSS, which attracted many participants at the conference.
3. We partnered with the Museum of Possibilities, an initiative of the Government of Tamil Nadu, and hosted a workshop on AAC for more than 50 Physiotherapy students.
4. For the third year, we have been the faculty for the Assistive Technology course conducted by NISH, Trivandrum.
5. Our AAC users participated in the Hackathon-2022 using eye gaze technology being developed with IISC Bangalore.
6. A two-day online training on AAC for Special Educators from Bhutan.



AAC workshop for parents (to the left)  
Students undergoing speech language and communication training (to the right)



## Vision Training Unit

The Vision Centre at Vidya Sagar focuses on MDVI (Multiple Disabilities with Visual Impairment) individuals, encompassing Functional Vision Assessment, intervention, documentation, and training for parents and professionals. Beneficiaries totalled 74, sourced from various Vidya Sagar departments, inclusive and special schools, and leading eye hospitals.



A child looking at the illuminated slinky toy in the darkroom during the assessment.

### **Assessment:**

Conducted 54 assessments and 9 follow-ups. Key assessment in Karur's ODA Project centres such as Kavalkaaranpatti, Thogamalai, Kadavur, Tharakampatti which aided environmental recommendations. Formal tools such as Lea tools and quality materials were used for residual vision assessment helping in the planning of functional activities.

### **Intervention:**

Served 31 students with tailored weekly sessions. Parents' involvement facilitated strategy application at home. Incorporating daily items and play/art/learning materials optimized routine. Enhanced visual skills during Early Intervention group therapy. All the assessments, sessions progress and activities recommended were documented.

### **Training and Observations:**

Conducted diverse training, including a webinar for holistic vision intervention. Trained government school teachers in multiple districts. Provided Functional Vision Assessment and Intervention training for optometrists. Delivered guidance on Early vision stimulation to doctors, therapists, and educators from Kerala University of Health Sciences.



## Sports

The sports department makes accessible sports a reality with adapted Basketball, Boccia ,Table top cricket to mention a few and conducts Sports Day and Boccia Tournaments.



This year's Sports Day was a totally different experience starting with an interaction of our high school students with their peers from The School-Krishnamurti Foundation India (KFI). The objective was to adapt games in such a manner that there is true inclusion and participation by everyone. Additionally, the high school students decided to invite their peers from our neighborhood schools – AMM Matriculation School and Corporation School. (Image to the left: Students advocating for Inclusive games)

A lot of planning, online discussions, awareness workshops, and team-building exercises were organised with KFI students to create unique team games. It was a big success and well appreciated by all.



Students playing a relay game (left)

A student seated on a wheelchair and another bending over the table are seen playing a game (right)





## Art & Craft

The Art & Craft department curated engaging sessions for children, across various age groups – Early Intervention, junior, middle, and high school.

### Innovations:

- Developed home-friendly projects using everyday items, promoting independent creativity.
- Adapted art activities and customized activity content to suit each student's condition, comprehension and skill level.

### Notable Projects:

- Executed a 5-day drum painting for The Museum of Possibilities
- Collaborated with PVC students for VIKASA props, fostering teamwork with volunteers, trainees, and interns.
- Organized an educational trip to St. Thomas Mount, offering insights into high-altitude bird life.
- Guided students to success in external art competitions, securing accolades.



Guided students to success in external art competitions, securing accolades

### Workshops Attended:

- Paper cutting workshop by Kamala Shop in Egmore.
- Cartoon drawing, puppet making, and coffee painting workshops.

### Additional Activities:

- Interactive news reading and engaging discussions on topics of interest, quizzes, and general knowledge.
- Moral-focused storytelling.
- Celebrated national and regional festivals through creative decorations.



## Social Work and Counselling Unit

The Social Work and Counselling Department prioritizes the emotional and social well-being of our students and their families through individual and group counselling sessions. We conducted approximately 50 home visits and community assessments based on family needs. Additionally, our efforts extended to nurturing values and emotional regulation among day centre students and adult trainees of the production and vocational centre.



A group session on friendship and non-discrimination

### Key Highlight: a three-day Mental Health Awareness Day Event

- Interactive self and social awareness workshop for staff, led by Mr Milton Sam Sunder, Founder of Ilan Theatre Society.
- Art and Movement Session on Emotional Wellness for Students and separate art session on emotional wellness for Parents.

### Community Engagement:

- Facilitated the Interact club's initiatives for community involvement by conducting a student-led access and social audit of Madipakkam Lake.

### Collaborations:

- Close collaboration with Vidyasagar's Disability and Legislation Unit to empower students in understanding their rights and responsibilities. Advocated for accessible public transportation, notably low-floor buses.

### Training Involvement:

- Group discussion on Intellectual Disability for Mental Health Day 2022 at Madras School of Social Work.
- Invited as External Examiner for the Field Work Viva Voice for 1st-year students at Madras School of Social Work



## Disability Legislation Unit (DLU)

The Disability Legislation Unit (DLU) has been actively engaged in several key initiatives during the year 2022-23. One of our primary objectives is to enhance awareness about disability laws among individuals with disabilities, their families, and various organizations. Additionally, we have focused on expanding access to free legal aid services, enabling individuals to better understand and navigate legal matters. Through advocacy efforts, we have been committed to promoting the effective implementation of disability legislation, advocating for inclusive policies, and collaborating with policy and decision-makers to foster an inclusive environment. Moreover, our mission extends to empowering individuals with disabilities to be well-informed about their rights, thus enabling them to advocate for themselves confidently and effectively.

### Advocacy for Accessibility

- In line with the Rights of Persons with Disabilities Act 2016, June 15 marked the deadline for retrofitting old infrastructure to ensure accessibility for individuals with disabilities. Collaborating with Disability Rights Alliance (DRA), we assessed the progress and expressed our views through placards at Chennai Central Square.



DRA along with DLU members voicing their opinions on accessibility at Chennai Central Square.

- Arumbakkam Metro Station's low-height ticket counter was audited twice with DRA for accessibility improvements.
- Organized the wheelchair facilities at the Madras High Court for a bus access petitioner.
- Along with DRA members we went for an audit of a Low Height Ticket counter at the Ekkaduthangal Metro Station.
- In 2016, the Chennai Corporation constructed an accessible pavement on Ranjith Road, Kotturpuram, as per our request. Unfortunately, over the years, the pavement suffered damage due to various civil works. Thus, in 2022, we conducted another audit of the road and urged for its repair.





Discussion with Greater Chennai Corporation officials

- For the last two decades, DRA and individuals with disabilities have been advocating for accessible buses in Chennai and Tamil Nadu. Despite the prolonged efforts, there was little progress. To draw attention to this issue, DRA initiated a Calling Attention Demonstration near Rajarathinam Stadium, Egmore. As part of DRA, DLU actively participated. We coordinated volunteers, created slogans, made placards, and engaged trained caregiver members for support.
- A general inspection of the Kotturpuram Bus Stop was done with the TARA team to assess the accessibility of the buses and report issues and barriers to the government.



Low-floor bus assessment

- For a considerable duration, wheelchair users like us have been consistently advocating for an accessible pathway and ramp at the Secretariat. Finally, the tender was approved, and project planning commenced. Mr. Raghuram and Ummul Khair, the Coordinator of DLU, were entrusted with auditing the project plan.



Before: The condition of the entrance at the Secretariat (To the left)  
After: The successful implementation of an accessible ramp (to the right)

- Mr. PS Amalraj, Chairman of Bar Council of Tamil Nadu met to discuss accessibility issues at Bar Council.



Discussion with the chairman of the Bar Council, Mr PS Amal Raj regarding accessibility issues

- Accessibility audit for the Royal Chithran for the school picnic with TARA
- On November 27, 2022, Mr. Udhayanidhi Stalin inaugurated the permanent pathway at Marina Beach. This achievement follows six years of dedicated advocacy by people with disabilities in the city, spearheaded by DRA and DLU.

## Workshops & Events

- On June 5, 2022, in observance of World Environment Day, Tamil Nadu Tourism, hosted by Prakruthi Eco Care Group, organized an event. People with disabilities were invited to participate and highlight accessibility issues to attending officials. The event featured a cycle and wheelchair rally, as well as a bird watching activity.



World Environment Day celebrated

- Accenture team gives virtual training courses on computer and hobby-related topics, for students and alumni of Vidya Sagar. An interaction even at Accenture campus for the students along with their teachers was organised.



An interaction even at the Accenture campus

- We conducted an online meeting with DC Works for Marina Beach pathway repairs post-rain damages.
- Started a weekly Indian Sign Language (ISL) workshop at MoP



Sign Language training with Ravishankar

- Invited Hon'ble Justice N. Anand Venkatesh for VIKASA Annual Day program. We also organised a play with alumni on Etiquettes of Persons with Disabilities.
- Addressed the RPWD Act during caregivers' training, emphasizing its significance.





- Engaged with State Human Rights Commission, discussing Disability issues and Human Rights with Chairperson Justice S. Baskaran and students.



Speaking about disability rights to college students at the Human Rights Commission office

- Ummul Khair was a Guest speaker as part of World Disability Day for employees of Ball Beverage Packaging India Pvt. Ltd. (Topic – Disability and Inclusion).
- Ummul Khair was invited as a Speaker for a Storytelling workshop by the TARA [Team for Accessible Reasonable Accommodation] team for Architect students.
- We organised an orientation session for CBR participants from Sri Lanka.

### Youth Club

The Youth Club provides an inclusive environment, uniting individuals with diverse disabilities for activities like music, art, and adaptive games guided by volunteers. Art, painting, Boccia, and more are part of our offerings. Meetings occur every Saturday evening at Vidya Sagar, Kotturpuram.

- We visited the Takkar baba unit to extend invitations for Youth Club participation.
- A special Valentine's Day event was hosted at the Museum of Possibilities as part of the Youth Club activities.



Youth Club Poster



We engaged in discussions with the State Commissioner for Persons with Disabilities, focusing on the Aids and Appliances for the Differently Abled scheme, particularly concerning battery-operated wheelchairs catering to various disabilities. Additionally, our involvement extended to participating in deliberations concerning the draft paper on Disability Policy.

## Legal Aid

Established in 2017, the Legal Aid Cell for Persons with Disabilities at Vidya Sagar operates in collaboration with the Tamil Nadu State Legal Service Authority, established under the National Legal Service Authority Act. Advocates from the Legal Services Authority panel offer their services at the Cell twice weekly (Thursdays & Fridays – 2 PM to 4 PM), with each advocate serving a two-month term.

The Legal Aid Cell has effectively supported numerous individuals with disabilities in their legal cases. These cases have addressed issues such as employment discrimination, property rights for those with intellectual disabilities, community-based harassment, guardianship disputes, adoption, rent control, marital conflicts involving parents of children with disabilities, and various legal concerns. Our core mission is to provide robust legal aid in accordance with the Rights to Persons with Disabilities Act (RPWD Act, 2016).

## Press

- Pre-Museum of Possibilities (MOP) launch press activities included interviews with Anjana and Ummul by The Times of India, highlighting MOP's support.
- Anjana and Ummul were featured in an interview with Citizen Matters, discussing accessibility matters.
- Engaged in press initiatives for MELA 2023 through invitations and releases.
- Issued press invites and releases for VIKASA events.
- Anjana participated in a video shoot at MOP for Better India Organization.



## From the Desk of Administration

Administration department comprises the Administrative Officer, Accounts Officer and the team, Department of Systems, Office Assts, Carpenter, Drivers, Ancillary staff, Security and the Housekeeping staff.

Admin office looks after the yearly renewals of Insurance, Tax, pollution control certificate and permit of the school buses and the 2 buses of the Tara project 'Get Going' accessible vehicles. This also involves inspection of the vehicles and obtaining the fitness certificate by the RTO, Chennai South.

Apart from the above, statutory renewals for eg, The School Recognition, Certificate of Registration, Land lease, Building license, Structural Soundness of the building, Sanitation certificate, Society Registration, Fire NOC, Lift insurance and the licenses and routine visits to the Government offices as follow up, forms an integral part of administration. Renewal of AMCs of Lift, telephone, Fire extinguishers and ACs form part of the admin work.

Providing ceaseless attention to checking on repairs related to electrical, plumbing and carpentry.

Appointments of recruits, maintaining of staff files, confirmation letters, online enrolling of staff under ESI, providing with ID cards for employees, interns, visitors, issuing of relieving letters, Bonafede certificates and keeping the attendance of the staff up to date are part of admin work. Day to day activities include constant monitoring of the housekeeping, cleanliness of the school on all the floors, dining area and the kitchen

Admin provides logistical support for any event happening in the school such as locating the site for the event, booking of the caterers and outsourcing of furniture pertaining to the respective events.

Digital Face Recognition system for clocking in the attendance was introduced. Considering the power outage, a Generator (Kirloskar) was commissioned, Painting of the entire building by Asian Paints was one of the highlights. This year saw the construction of accessible room for the drivers and carpenter and an accessible washroom on the ground floor. Signage was put up giving the building an enhanced look.





## Donor Relations & Fund Management 2022-2023

As we reflect on the year 2022- 2023, we are inspired by the positive impact our organization has made on the lives of individuals and communities. Throughout the year, we have received incredible support from various stakeholders like the Parents, the Community, Corporates, Foundations, Trusts and Individual donors and well-wishers.

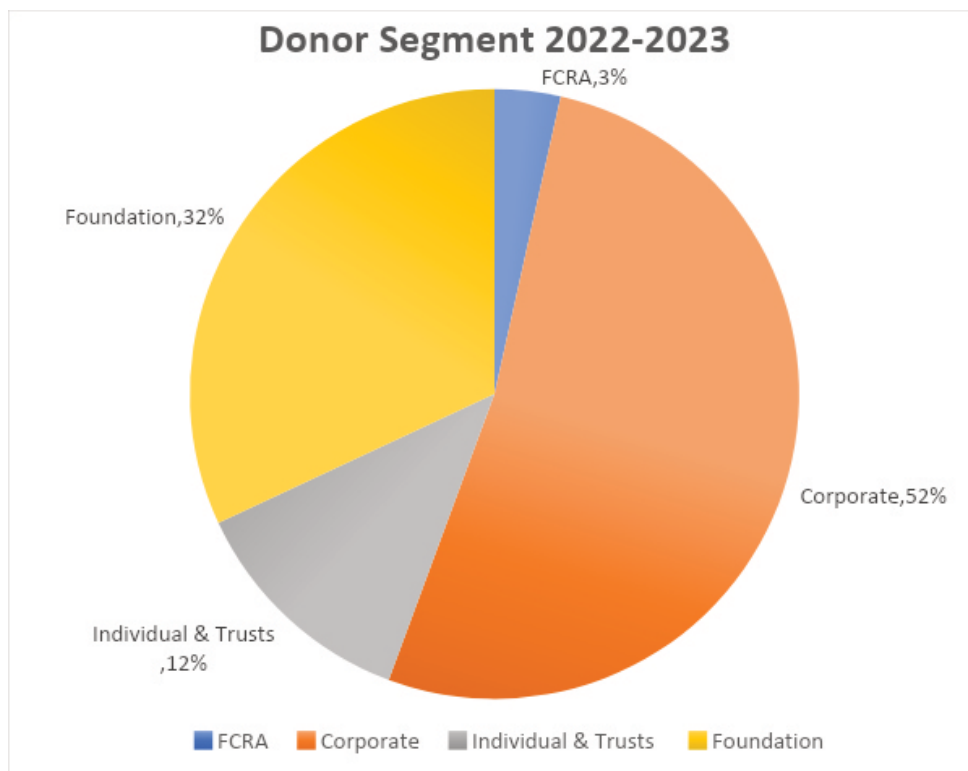
### Key Achievements in the year

#### Record-breaking Donor contributions:

In 2022-2023, Vidya Sagar witnessed an unprecedented level of support from our generous donors. With unwavering commitment, Vidya Sagar raised 35% more funds than the previous year.

#### Sustainability and Conservation Project:

Our commitment to environmental sustainability resulted in the successful restoration of Solar Panel making it off grid and installation of rooftop greenhouse – Hydroponic project. Our donors and well wishers have been instrumental in implementing these sustainable practices.





### **New Donors in the year 2022–2023**

- ▶ Qualcomm supporting the High School Project
- ▶ Maveric systems – supporting the Teacher training B.Ed course
- ▶ Expleo Solutions supporting the entire Painting Project of Vidya Sagar and as well as Caregiver training program
- ▶ Deloitte Foundation supporting EDP another new project
- ▶ Rambal Group supporting maintenance project
- ▶ Chennai Willingdon Corporate Foundation – Supporting in setting up Generator for Vidya Sagar building
- ▶ Sitel – supporting high school academic class project
- ▶ ARSR Foundation (FCRA) – supporting Junior school project
- ▶ Guru Krupa Foundation (FCRA)- supporting Production Vocational Centre

### **Vidya Sagar Corporate funding for the various projects**

<b>Donor/Corporate Name</b>	<b>Project Name</b>
<b>APF - Azim Premji Foundation</b>	<b>FBR &amp; CBR</b>
<b>L &amp; T</b>	<b>Middle School</b>
<b>Expleo Solutions (SQS)</b>	<b>High School Salary support / Employer &amp; Employee contribution Caregivers training Program Painting project</b>
<b>Qualcomm</b>	<b>High School</b>
<b>OYO Rooms (My Preferred Transformation &amp; Hospitality Pvt Ltd</b>	<b>High School</b>
<b>Sitel</b>	<b>High School</b>
<b>H T Parekh Foundation</b>	<b>High School</b>
<b>Johnson Lifts</b>	<b>Junior School</b>
<b>Guru Krupa foundation (GKF)</b>	<b>Production Vocational Centre</b>
<b>SKCL</b>	<b>Wheelchair/Mobility devices</b>



ARSR Foundation	Junior School and Skill training Unit Bakery
VSEI (Volunteer in Service to Education in India)	Production Vocational Centre
Super Auto Forge Pvt Ltd	Staff salary
KLA-Tencor	Production Vocational Centre
Maveric Systems	Training & Development – B.Ed training
Chennai Willingdon Corporate Foundation	Generator setup
Deloitte Foundation	Support staff salary and EDP Project
Rambal group	Maintenance Project
IFB	Production Vocational Centre

### Fundraising Events – 2022-2023

- ▶ Engaged in Battle of The Buffet (BOB) - an annual fundraising event organized by Chennai Mission, triggering social appetite.

## Bank Details

**Vidya Sagar (formerly, The Spastics Society of India)**  
**Address: # 1, Ranjith Road, Kotturpuram, Chennai -600 085**  
**Phone: 044 22354784/85**

Email id: [vidyasagar.resources@gmail.com](mailto:vidyasagar.resources@gmail.com); [accounts@vidyasagar.co.in](mailto:accounts@vidyasagar.co.in)

Registered under Act 27, Tamil Nadu Societies Registration Act R.No.467 of 1998

**Founder: Ms. Poonam Natarajan**  
**Chairperson: Mr. G.Shankaran Nair**

Name of Bank	State Bank of India	HDFC Bank LTD	State Bank of India
Type of account	Savings Bank Account	Savings Bank Account	Savings Bank Account (For Foreign contribution Only)
Saving account number	A/c no. 54028105944	A/c 13051450000068	A/c 40221017878
IFSC code	SBIN0040169	HDFC0001305	SBIN0000691
Address	State Bank of India No:1427, North Usman Road, T. Nagar, Chennai - 600017	HDFC Bank Ltd No:46, Gandhi Mandapam Road Kotturpuram, Chennai – 600 085	FCRA Cell, 4th Floor State Bank of India New Delhi Main Branch 11, Sansad Marg New Delhi - 110001
Phone number	044 - 28340121	044 - 30751912	011- 23374390 FCRA regn no. 075900693 Swift – SBININBB104 PAN No: AAATV2359M





## The Governing Body Members

Name of the Member	Qualification	Designsation in other Organizations	Designation in the board
Mr. G Shankaran Nair	Chairperson	M.BA, IIM Bangalore	Mentor/Coach/ Advisor for Techology start Ups
Mr. S Ganapathi	Treasurer	B.Sc., ACA, DISA	CA, Consulting Services
Mr. R Sathish Kumar	Secretary	MBA (HR & Finance)	SWO (Clerk) in Corporation Bank
Ms. Poonam NataraJan	Founder & Board Member	M.A, M.Phil, PG Dip in Spl Education	Founder
Dwaraka Pandurangi	Member	M.Com	Freelance Fund Raiser-Vidya Sagar
Ms. Rajul Padmanabhan	Member	B.A –Hons, P.G dip in Special Education	Consultant
Mr.Parthasarathi Thiruvengadam	Member	B.Tech.P.G Dip IE, FCMA	Retired
Ms. Sudha Ramamoorthy	Member	B.Sc Physics, PG Dip in Special Edn	Disability-led- activist, Equals
Ms. Asha Palani Kumar	Member	B.Sc (Audiology & speech therapy)	Speech and Language consultant and trainer of professionals and community workers in the field of disability
Mr. Syed Irshad Quadri	Member	Post Graduate/MBA	Partner, Slingshot Accelerator LLP
Mr. Jehan Dorab Madan	Member	B.A Econs, Masters- International Business	International Table Tennis athelete



The General Body Members			
Name of the Member	Qualification	Designation in other Organizations	Designation in the Board
Seetha Ratnakar	Graduate/Media	Freelance film director	Member
Preeti Mehra	BA (Hons) English	Associate Editor at 'The Hindu' Businessline, Delhi	Member
Dr.Namitha Jacob	B.A Psychology, Phd in spl education, Masters in spl ed, B.Ed in spl education	Education Specialist Perkins International-Asia Pacific Region/Program Director-'Chethna'	Member
Dipti Bhatia	M Phil in History	CEO-National Association for the Blind	Member
Mallika Ganapathy	Graduate/Special Educator	Consultant	Member
Kalpana Rao	B.Sc Home Science, FC-SEDE, Bridge course in Locomotive Disabilities	Principal Day Centre-Vidya Sagar	Member
Rajiv Rajan	Post Graduate-Human Rights	Consultant-Advocacy /Board member 'Asia-pacific Disabled Peoples Organisation United.	Member
V Suguna	XI STD	Co-Ordinator (Adult Leisure Programme) Vidya Sagar	Member
Prabha Sekar	Bsc Home Sc;Pg Dip Computer Ed;Pg Dip Journalism & Mass Comm	Volunteer (Fundraising) - Parent of child with disability	Member
P. Rajasekharan	B.E, MBA, MS	Co-founder & Director V-Shesh Learning Services P Ltd	Member
Anu Naidu	M.A, M.Phil, PGDSE	Consultant - Vidya Sagar	Member
Urvashi Saikumar Pathak	LLB LLM	Senior Legal Counsel, Inter Globe Enterprise Ltd	Member
Radha Ramesh	P.G Dip in Spl Education	Not employed at present	Member
A Prabhakar	VIII Std	Receptionist at Vidya Sagar	Member
Krithika Venkatraman	B.A -Econs		Member
Karan Pillai	B.A	Self employed	Member
Vaishna Roy	B.A in English, PG in Journalism	Editor-FrontLine, the fortnightly news magazine-the Hindu group	Member
Archana Vishwanath	Vocational Training		Member

## Our Team

### DIRECTOR

Radha Ramesh

### COORDINATORS

Vijayashree Ramesh

Kalpna Rao

Jayalakshmi S

Uma K S

Simy T A

Asha Nedungadi

Mangala Kumari

Amritharaj I

Ummul Khair

Chitra Ravichandran

Devishree

Chitra Krishnan

Abhishek M

Balaji R

### SPECIAL EDUCATORS

Shasikala R

Dhanalakshmi V

Smitha P

Rabeccal K

Lakshmi Balasubramanian

Sasikala D

Valliammal A

Chithralekha B

Varsha V

Swathi M

Manjurani Sarkar

Uma Narayanan

Gandhimathi S

Mohana Sundari N

Sujatha Chellathurai

Divya Krishnan

Nandhini Manikandan

Rachel Mathews

Aarthi R

Kavitha M

### PHYSIOTHERAPISTS

Vijaalakshmi M

Jefferson Raj Leckler

Gajendra Kumar

Hemalatha R

Gayathri M

Hepsiba Merlin S

Maanas A V

### CBR

Vennila P

Sarath Emmanuel

### PHYSIOTHERAPY AIDE

Shanthi R

Nirmala M

Sumithra K

### VOCATIONAL INSTRUCTORS

Vimala T A

Bala Vinayagam Staliin

### SOCIAL WORKER

Abida Anwar

### ART & CRAFT

Meena D

Pameela Correya

### SPORTS

Hari Krishnan

### TEACHERS

Vaideki V

Valarmathi S

Nithyapriya K

### BLISS

Vedavalli S

Hari Shankar P

Botta Bhavana

Hethal D

Shivani

### DISABILITY LIGISLATION UNIT

Ravishankar Yejendrababu

Anjana VS

Sheshank

### ACCOUNTS ASSISTANTS

Vijayalakshmi N

### LIBRARIAN

Rajalakshmi R

### SEAMSTRESS

Pushpa R

### SECRETARY

Josephine Gabriel

Shanthi R

Kavitha M

### RECEPTIONIST

Prabhakarann A

### CARPENTER

Murali S

### OFFICE ASSISTANT

Sunara K P

Pachaiyappan V

Vidhya Krishnan

### CONSULTANTS

Shankari Nair

Mythili Vaidyanathan

Jeeva M

Sarita Kumble

### SHOP IN-CHARGE

Rajashree V

Janakiraman J

### DRIVERS

Kannan N

Peter Paul

Ganesh K

Arun A

Subramanian R

Arul Raj

### SUPPORT STAFF

Mythili S

Nithya P

Mahalakshmi M

Asha D

Shobana V

Yalini V

Renu Raj

Mariammal M

Jaya D

Banumathi S

Kokila E

Rani S

Menaka C

Monika Jayashri

Deepa K

Gnanam R

Shanthi G

Chinnamma K

Sathya K

Samundeeswari S

Ananthi M

Rani D' Silva

Latha R

Radha K

### SUPPORT STAFF

Anjali S

Shanthi S

Rajeswari V

Girija V

Selvi M

Shanthi A

Vasanthi M

Komalavalli

### HOUSEKEEPING STAFF

Devi K

Ramya V

Chitra K

Jayachandran S

Ananthi N

Sundari P





# Balance Sheet

**VIDYA SAGAR**  
No. 1, Ranjit Road, Kotturpuram, Chennai - 600 085

## BALANCE SHEET AS AT 31ST MARCH - 2023 CONSOLIDATED

SOURCE OF FUND	Sch.	31.03.2023 (Rs)	31.03.2022 (Rs)
Trust / General Fund	1	2,81,92,844	2,83,77,774
Depreciation Reserve Fund	2	2,97,32,885	2,87,61,840
Grant in Aid	3	1,87,35,607	1,90,18,917
Donation/Endowment Fund (Corpus)	4	2,11,55,758	2,03,96,815
Donation (Assets)		16,92,896	16,92,896
Sri Sarvatma Natarajan Trust		1,88,932	1,88,932
Liabilities & Provisions	5	74,800	8,28,336
<b>TOTAL</b>		<b>9,97,73,722</b>	<b>9,92,65,510</b>

APPLICATION OF FUND	Sch.	31.03.2023	31.03.2022
Fixed Assets	6	4,08,08,918	3,95,50,784
Investments	7	10,00,000	90,00,001
Loans and Advances	8	35,06,444	10,38,507
Fixed Deposit with banks	10	4,90,94,146	3,37,91,461
Cash and Cash Equivalents	9	53,64,214	1,58,84,757
<b>TOTAL</b>		<b>9,97,73,722</b>	<b>9,92,65,510</b>

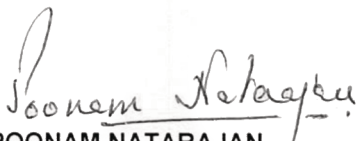
For VIDYA SAGAR

As per our Report Attached

For Sankaran & Krishnan

Chartered Accountants

FRN 03582S

  
**POONAM NATARAJAN**

Director



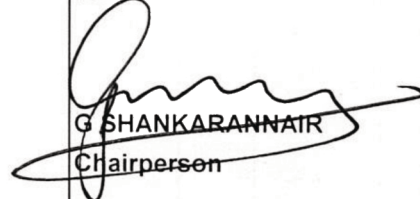
  
**M BALACHANDRAN**

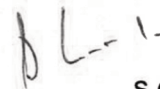
M.NO.16271

UDINI! 23016271 BUNSA 3062

For VIDYA SAGAR

For VIDYA SAGAR

  
**G SHANKARANNAIR**  
Chairperson

  
**S GANAPATHI**  
Treasurer



## Income & Expenditure

VIDYA SAGAR			
No. 1, Ranjit Road, Kotturpuram, Chennai - 600 085			
INCOME & EXPENDITURE FOR THE YEAR ENDED 31ST MARCH -2023 CONSOLIDATED			
Particulars	Sch	2022-23	2021-22
		Amount/Rs.	Amount/Rs.
<b>Income</b>			
Donation	IE-1	4,57,97,644	3,40,31,478
Income From School	IE-2	39,66,057	9,73,034
Other Income	IE-3	24,07,588	16,86,000
<b>Total</b>		<b>5,21,71,289</b>	<b>3,66,90,512</b>
<b>Expenditure - Project Wise</b>			
Family Based and Community Based Rehabilitation Project	IE-4	1,25,13,428	73,93,470
Day Centre and Human Resource Development	IE-5	2,20,11,602	1,88,00,459
Pre Vocational Centre and Disability Legislation Unit	IE-6	71,29,848	45,98,748
Bliss Project	IE-7	43,72,877	39,63,071
Administrative Expenses	IE-8	46,43,200	41,04,071
Depreciation		16,85,265	19,54,269
<b>Total</b>		<b>5,23,56,220</b>	<b>4,08,14,088</b>
<b>Surplus/(Deficit)</b>		<b>(1,84,931)</b>	<b>(41,23,576)</b>

<p>For VIDYA SAGAR</p> <div style="text-align: center; margin-top: 20px;">   <b>Director</b> </div>	<p>As per our Report Attached For Sankaran &amp; Krishnan Chartered Accountants FRN 03582S</p> <div style="text-align: center; margin-top: 10px;">   <b>M BALACHANDRAN</b>  M.NO.16271 </div>
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UDIN: 23016271BGT VSAU 30 02

<p>For VIDYA SAGAR</p> <div style="text-align: center; margin-top: 20px;">   <b>G SHANKARANNAIR</b>  Chairperson </div>	<p>For VIDYA SAGAR</p> <div style="text-align: center; margin-top: 20px;">   <b>S GANAPATHI</b>  Treasurer </div>
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# Receipts & Payments

VIDYA SAGAR			
No. 1, Ranjit Road, Kotturpuram, Chennai - 600 085			
RECEIPTS AND PAYMENTS FOR THE YEAR ENDED 31ST MARCH -2023			
CONSOLIDATED			
PARTICULARS	Sch	2022-23	2021-22
		Amount/Rs.	Amount/Rs.
<b>Receipts</b>			
<b>Cash and Bank :</b>			
Opening Cash at Bank		1,58,57,194	1,39,66,425
Opening Cash in Hand		27,563	41,582
Sub-total		<b>1,58,84,757</b>	<b>1,40,08,007</b>
Donation Corpus		5,00,000	-
Azim Premji Foundation		1,49,21,900	1,57,62,300
Corporate Donation	RP-1	2,43,56,266	2,64,88,125
Foreign Donation		16,29,369	16,58,228
General Donation		52,68,928	1,00,85,716
Other Income	RP-2	20,56,113	9,40,974
Income from School	RP-3	39,82,057	9,55,034
Income Tax		39,037	83,622
Sub -total		<b>5,27,53,670</b>	<b>5,59,74,000</b>
<b>Total</b>		<b>6,86,38,427</b>	<b>6,99,82,007</b>
<b>Payments</b>			
Fixed Assets Addition		20,66,383	16,66,163
Bank Deposits		65,90,807	95,20,120
Salary & Benefits		3,09,80,016	2,74,93,423
Student Welfare		8,02,311	8,67,930
Therapeutic Aids & Adaptations		15,99,279	7,92,421
Learning Materials, Teaching Aids		13,21,588	13,15,410
Administrative Cost	RP-4	1,85,42,166	1,10,63,828
Current Liabilities		10,91,677	4,62,554
Other Expenses	RP-5	2,79,987	9,15,401
Sub-total		<b>6,32,74,213</b>	<b>5,40,97,250</b>
<b>Cash and Bank :</b>			
Closing Cash at Bank		53,38,679	1,58,57,194
Closing Cash in Hand		25,535	27,563
Sub-total		<b>53,64,214</b>	<b>1,58,84,757</b>
<b>Total</b>		<b>6,86,38,427</b>	<b>6,99,82,007</b>
For VIDYA SAGAR		As per our Report Attached	
		For Sankaran & Krishnan	
POONAM NATARAJAN		Chartered Accountants	
Director		FRN 03582S	
			
		M. BALACHANDRAN	
		M.NO.16271	
For VIDYA SAGAR		UDIN: 23016271BUNSA43062	
		For VIDYA SAGAR	
G SHANKARANNAIR			
Chairperson		S GANAPATHI	
		Treasurer	





# SANKARAN & KRISHNAN

## CHARTERED ACCOUNTANTS

11/23, 'KOMALAM'  
First Main Road,  
R.A. Puram, Chennai-600 028.

Phone : 4214 4516 / 79669198  
E-mail : sankrish\_1960@yahoo.com

### INDEPENDENT AUDITOR'S REPORT

To the Members of  
Vidya Sagar  
No.1, Ranjith Road,  
Kotturpuram, Chennai- 600085.

#### Opinion

We have audited the financial statements of Vidya Sagar, No.1, Ranjith Road, Kotturpuram, Chennai - 600085 which comprise the balance sheet as at March 31, 2023 and notes to the financial statements, Income and Expenditure Account and Receipt & Payment for the year then ended 31.03.2023.

In our opinion, the accompanying financial statements of the entity are prepared, in all material respects, in accordance with Societies Registration Act, 1860.

#### Basis for Opinion

We conducted our audit in accordance with the Standards on Auditing (SAs) issued by ICAI. Our responsibilities under those Standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the entity in accordance with the Code of Ethics issued by ICAI and we have fulfilled our other ethical responsibilities in accordance with the Code of Ethics. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation of the financial statements in accordance with Societies Registration Act, 1860 and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the entity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the entity or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the entity's financial reporting process.

#### Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with SAs will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Place: Chennai.

Date: 12.09.2023

For SANKARAN & KRISHNAN  
Chartered Accountants  
FRN - 0035825



M Balachandran  
Partner

Membership number: 016271  
UDIN:23016271BGVSAG3062



**Mela for sale of products**



**Architecture Student Workshop**



**Entrepreneur Development Program**



**Sports Day**



**Hydroponics**



**Vidya Sagar Bakery Unit inauguration**



The students & staff of  
**Vidya Sagar**  
cordially invite you to  
**VIKASA**, our annual day drama  
"Joy to the World",  
about friendship fostered by  
migratory birds.  
Adapted from  
"The mountain that loved a bird"  
by Alice McLerran, Tulika Books



*Art depiction of drama by the students of Vidya Sagar*

**Chief Guest:**  
Honorable Justice  
Mr. N. Anand Venkatesh

**Time:** 5:00 TO 7:00 PM

**Date:** March 15, 2023 (Wednesday)

**Venue:** Teach Auditorium - SPASTN,  
CSIR Road, Tharamani, Chennai 113



VIDYA SAGAR



**Thank You, our mentors Janaki Sabesh & Crea-Shakthi**



**VIDYA SAGAR**

(Formerly, The Spastics Society of India, Chennai)

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